

# CBCAP ANNUAL REPORT 2013-2014 AND APPLICATION 2015

Montana Children's Trust Fund June 3, 2015



Nurturing Children, Supporting Communities, Strengthening Families

### I. SUBMISSION LETTER

May 30, 2015

Mr. Mark Greenberg Acting Commissioner Administration on Children, Youth and Families 1250 Maryland Avenue S.W. Washington, DC 20024

Dear Mr. Greenberg;

Attached is the Montana Community-Based Child Abuse Prevention (CBCAP) Grant Application and Annual Report for the federal fiscal year 2015, Log No: ACYF-CB-PI-14-02. The FY 2015 application including all attachments will be electronically submitted to the email address of <a href="mailto:cbcap@acf.hhs.gov">cbcap@acf.hhs.gov</a>, the CBCAP Federal Program Officer at the Office on Child Abuse and Neglect. The annual program report is also attached and included.

The State CEO Documentation, the Lead Agency Assurances, the Certification of Lobbying, and the Leverage Sheet (those that require original signatures) are attached in a PDF format. Several other attachments are also included such as the 2015-2016 MT RFP, Reporting Forms, Data Reports and other relevant documents.

One copy is to be submitted electronically to the Federal Regional Office (RO) that serves Montana: Marilyn Kennerson, with the Administration for Children and Families, Byron G. Rogers Federal Office Building, 999 18th Street, South Terrace, 4th Floor, Denver CO 80202 at the email address: marilyn.kennerson@acf.hhs.gov.

If you have any questions or concerns, please contact Jamey Petersen, CBCAP Grant Administrator at jpetersen@mt.gov or (406) 444-3002.

Thank you.

Jo Ann Eder Clementine Lindley Montana Children's Trust Fund Board, Co-Chairs

### II. LEAD AGENCY IDENTIFYING INFORMATION

### COMMUNITY-BASED GRANTS FOR THE PREVENTION OF CHILD ABUSE AND NEGLECT OR COMMUNITY-BASED CHILD ABUSE PREVENTION GRANT **APPLICATION**

Log No: ACYF-CB-PI-13-02

**FAX** (406) 444-1970

**APPLICANT** Montana Children's Trust Fund

Montana DPHHS, Prevention Resource Center

P O Box 4210 Helena, MT 59604

Administratively attached to the MT DPHHS

(406) 444-3002 **PHONE** 

jpetersen@mt.gov E-MAIL

EIN 810-30-2402 **DUNS** 142 549 299

**PROGRAM Jamey Petersen** 

Montana Department of Public Health and Human Services **CONTACT** 

**Prevention Resource Center** 

P O Box 4210 Helena, MT 59604

(406) 444-3002 **PHONE** (406) 444-1970 FAX

**FISCAL** Sheri Vukasin

**CONTACT** Montana Department of Public Health and Human Services

> **Director's Office** PO Box 4210 Helena, MT 59604

(406) 444-9664 **PHONE FAX** (406) 444-1970

### III. GOVERNOR DOCUMENTATION AND ASSURANCES

### **GOVERNOR'S LETTER OF ASSURANCES**

ORIGINAL LETTER WITH SIGNATURE ATTACHED IN PDF FORMAT

### **GOVERNOR'S ASSURANCES STATEMENT**

ORIGINAL WITH SIGNATURE ATTACHED IN PDF FORMAT

### IV. LEAD AGENCY ASSURANCES

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## V. LEVERAGED CLAIM FORM

ORIGINAL WITH SIGNATURE ATTACHED IN PDF FORMAT

### VI. BUDGET

MONTANA CHILDREN'S TRUST FUND PROJECTED BUDGET JULY 1, 2015 - JUNE 30, 2016

CATEGORY	СВСАР	NON- FEDERAL	TOTAL FUNDING	% OF ALL FUNDS	% OF CBCAP (FED)
AGENCY INDIRECT	\$4,748.00	\$0.00	\$4,748.00	1.01%	2.28%
GRANT MANAGER TRAVEL	\$6,500.00	\$0.00	\$6,500.00	1.39%	3.12%
GRANT MTG/TRAIN/EVAL	\$13,500.00	\$0.00	\$13,500.00	2.88%	6.48%
STRATEGIC PLANNING	\$2,000.00	\$0.00	\$2,000.00	0.43%	0.96%
SHAKEN BABY PREVENT	\$0.00	\$110,000.00	\$110,000.00	23.49%	0.00%
PROGRAM CONTRACTS	\$125,000.00	\$100,000.00	\$225,000.00	48.05%	60.02%
PROGRAM/TECH STAFF	\$20,000.00	\$20,000.00	\$40,000.00	8.54%	9.60%
BOARD ADMIN/TRAIN/TRV	\$16,500.00	\$0.00	\$16,500.00	3.52%	7.92%
PUBLIC AWARENESS	\$20,000.00	\$0.00	\$20,000.00	4.27%	9.60%
SPEC PROJ/MINI GRANTS	\$0.00	\$30,000.00	\$30,000.00	6.41%	0.00%
TOTAL AMOUNTS	*\$208,248.00	\$260,000.00	\$468,248.00	100.00%	100.00%

### **BUDGET NARRATIVE:**

The CBCAP grant is supported by a 0.75 FTE position within the MT DPHHS. The costs and funding associated with this position are **not** included in the numbers listed above. This position is allocated across the department to all programs that work with and are funded as child abuse and neglect prevention programs.

\*The MT CTF anticipates spending \$208,248.00, which is over the \$200,000 CBCAP amount base amount received annually. We have funds from the previous year's CBCAP grant that we will be spending, justifying the amount funds in the CBCAP column over the base amount. Additionally, we anticipate a small increase in our award based on our leveraged fund.

<u>Agency Indirect Expenses (\$4,748.00):</u>
These funds are used for indirect costs that cover fiscal oversight of the grant, monthly fiscal reports, and quarterly and annual fiscal reports to the federal government.

### Grant Manager Travel (\$6,500.00):

These funds will be used to cover the travel expenses associated with mandated attendance at the National CBCAP meeting. Additionally, the Grant Manager will attend the National Alliance of Children's Trusts and Prevention Funds Annual Meeting, other conferences, collaborative meetings, and workshops. Finally, this includes funds for program site visit travel.

### Annual Grantee's Meeting, Trainings, and Evaluation (\$13,500.00):

Every year, the MT CTF holds an Annual 2-day Grantees' Training Meeting. Travel, meals, and lodging are covered as this is a mandatory meeting for all funded programs in Montana (estimated 30-35 attendees). Additional funds have been set aside for other trainings to be discussed at upcoming board meetings. A few training opportunities that have been brought to the table include but are not limited to sustainability and fundraising training, mindfulness training, and a Strengthening Families workshop. Participants are encouraged to invite parent leaders.

Evaluation is important for the MT CTF to be able to show, through our data, that we are impacting families, increasing protective factors and decreasing child abuse and neglect in Montana. The MT CTF board members and staff are continually working to better assess and evaluate the MT CTF and our grantees. We are looking towards new and more efficient measurement tools that can serve multiple purposes such as the Protective Factors Survey Database.

### Strategic Planning (\$2,000.00):

Each year the MT CTF hires an outside facilitator to assist with strategic planning.

### Shaken Baby Syndrome Prevention (\$110,000.00):

We will continue funding Shaken Baby Syndrome/Abusive Head Trauma prevention with State General Funds. The goal is to provide outreach, trainings, materials, and surveys to communities and hospitals across MT.

### Program Contracts (\$125,000.00 federal funds and \$100,000 special revenue funds):

The funds allocated for community-based programs and Family Resource Centers will be contracted to local providers after selection through the MT CTF renewal process and request for proposals process. During the 2015-2016 fiscal year, we will offer \$100,000 in renewals to existing grantees and an additional \$125,000 to 5 Best Beginnings Community Coalitions. (This section will need to be updated prior to submitting to CBCAP.)

### Program/Technical Assistant (\$40,000.00):

Currently, the MT CTF has only one .75 FTE, the CBCAP Grant Manager/State Lead. Given the larger vision of the MT CTF, the board is in the process of hiring an additional .75 FTE program/technical assistant to support the Grant Manager in accomplishing the goals and vision of the strategic plan and to assist with capacity building efforts for our grantees. \$40,000 has been set aside for this part time contract position. (This amount may change as the classification of the position is completed. Fringe benefits are included.)

### **Board Administrative/Miscellaneous/Travel (\$16,500):**

These funds are allocated for MT CTF administrative costs for board meeting expenses, board member travel, and miscellaneous costs. Additionally, the board will try (depending on availability) to send at least five of the new board members to either the National Alliance for Children's Trust Funds Annual Meeting or the Annual CBCAP meeting; to gain a better understanding of the work we do and what is done nationally.

### **Public Awareness Activities (\$20,000):**

In past years the MT CTF has allocated \$15,000 toward our annual income tax check off campaign, which typically yields around \$42,000 in additional revenue. This year we have allocated \$20,000 to leverage with other organizations, community partners and sponsors across the state to build a year round, multimedia campaign to raise awareness for the MT CTF and child abuse and neglect prevention. Funds will continue to be allocated to the MT CTF Income Tax Check-Off PSA, which

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

runs January though early April. Funding will be used to purchase brochures, posters, banners, and other awareness materials as needed throughout the year.

The goal in Montana is to:

- increase awareness of the Montana Children's Trust Fund;
- > increase private donations; and
- increase awareness of the protective factors

### **Special Projects/Mini-grants (\$30,000.00):**

The MT CTF board has designated \$30,000 for statewide, child abuse and neglect activities and minigrants to community organizations. We will continue to collaborate with agencies and entities statewide in our data collection activities and in utilizing the data to build a statewide, data-informed plan to decrease child abuse and neglect. The priorities for mini-grants are:

- Increasing protective factors and decreasing risk factors for child abuse and neglect.
- Community Awareness pertaining to the prevention of child abuse and neglect.

# VII. LEADERSHIP ROLE IN STATE PREVENTION ACTIVITIES

### **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

The Montana Children's Trust Fund (MT CTF) is a leader and voice for primary and secondary prevention of child maltreatment by supporting a variety of family support programs statewide. The mission statement of the Montana Children's Trust Fund (MT CTF) is Strengthening & Supporting Montana Families, Preventing Maltreatment of Montana Children. We believe that Montana's children are the state's greatest assets. Today's children are the leaders of tomorrow. We hold their future in our hands, and our future is in their hands.

As Montana's lead agency the MT CTF, acting as a quasi-public entity has a seven-member, volunteer board appointed by the Governor for three-year terms. The Governor ensures that the Board represents the State's broad geographic diversity throughout Montana.

### Montana Children's Trust Fund Board of Directors

JoAnn Eder, Co-Chair PO Box 287 301 North Word Red Lodge MT 59068 joeder@mac.com

Leslie "Les" Caye Chief Tribal Social Services PO Box 278 Pablo, MT 59855 Leslie.caye@cskt.org

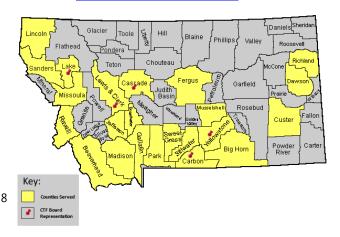
Ann Gilkey, Chief Legal Counsel Montana Office of Public Instruction PO Box 202502 Helena, MT 59620 agilkey@mt.gov

Catherine "Casey" Molloy 10 Carriage Lane Helena, MT 59601 caseymolloy@hotmail.com Clementine Lindley, Co-Chair 48 30th Street West Billings, MT 59102
Clementinelord@gmail.com

Patty Butler Early Childhood Services Bureau

P. O. Box 202925 Helena MT 59620-2925 pbutler@mt.gov

Kristina Davis 163 Woodland Estate Road Great Falls, MT 59404 Kristina.davis@msn.com



In 2013-2014 the MT CTF created a new strategic plan to bring a fresh approach to leading child abuse and neglect prevention in Montana. In doing so, the MT CTF created a new vision to build and strengthen new and existing collaborations and networks of partners; to better leverage the resources we have in Montana. The MT CTF Strategic Plan is a fluid document to help guide us in our work to prevent, reduce and ultimately end child abuse and neglect in Montana. Our Strategic Plan was updated in 2014-2015 for the 2015-2016 cycle.

### Our purpose

The Children's Trust Fund exists to change outcomes in all children ages zero to 18 to ensure the protective factors are in place.

### **Our Vision**

### Our Montana children, ages birth to 18 years:

- ~ Are born into and raised in safe, stable, nurturing environments; and
- ~ Have parents/caregivers who have confidence in their parenting skills, and who know where to go for help.

### Our Montana communities:

- ~ Provide the training for parenting skills that people need and want;
- ~ Have resource directories in place so families can access and apply for services in streamlined ways;
- ~ Acknowledge the best practice parenting approaches and specifically know about and value the protective factors;
- ~ Consider raising children a priority community and collective responsibility; and
- ~ Learn from each other about the most effective approaches for parenting.

In meeting the vision and goals of our strategic plan, the MT CTF will continue to work to strengthen child abuse and neglect prevention work in Montana. The MT CTF Annual Grantee's Meeting will provide a range of trainings for increasing protective factors, decreasing risk factors, strengthening families, parent leadership development, strategic partnerships, database management, organizational capacity building, evaluations and nonprofit management. Some of these will be offered by the MT CTF through some of our strategic partners. Additionally, the MT CTF offers more tailored technical assistance on an as needed basis in areas of resource development, parent leadership, outreach and communications, public awareness, board development and sustainability.

# THE MT CTF PLAYS A CENTRAL ROLE IN THE LEADERSHIP ACTIVITIES ACROSS THE STATE AND AT LOCAL LEVELS TO SUPPORT FAMILIES.

- Strategically creating and funding networks of community-based, primary and secondary, prevention-focused family resource and support programs;
- ➤ Raising awareness and building collaborations;
- > Providing training and technical assistance;
- > Impacting child abuse and neglect public policy.

### LEADERSHIP: STRATEGIC FUNDING

Over the last 30 years funding from the CBCAP Federal Grant, State Special Revenue and State General Fund accounts have helped the MT CTF build a statewide prevention network throughout Montana. The network is balanced across the state, given the size of Montana and its rural nature the MT CTF funds geographically diverse programs, which are sensitive to the needs of the communities they serve, provide programs that seek to meet those needs, and fill in where there are gaps in services to parents and families. Programs in rural and frontier areas have been innovative in finding ways to serve families in remote areas.

Our target populations are all families and caregivers of children 0-18; but especially those at-risk for child maltreatment and neglect. The programs also serve families who may have encountered reports and investigations of child abuse and neglect but do not have an open or substantiated case; however, they may be working a voluntary treatment plan.

The programs funded in 2013-2014 used evidence-based and evidence-informed practices. The majority of the funded programs is at Levels III and IV; but also provides services at Level I and II ( Please see CBCAP STATE LEAD AGENCY EVIDENCE-BASED PROGRAMS AND PRACTICES FISCAL YEAR 2013-2014 ON **PAGE 81** .) Below are some of the curricula utilized, including but not limited to:

- ➤ The Nurturing Parents program;
- > Parents As Leaders;
- > Parents as Teachers;
- > Parenting Wisely;
- > Circle of Security; and
- ➤ Love and Logic.

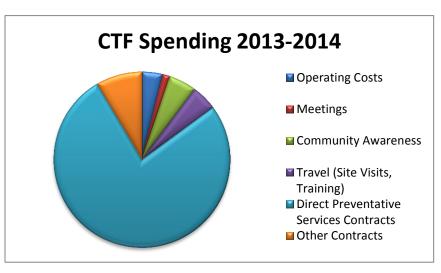
The MT CTF appropriated the funds for developing, operating, expanding, and enhancing community-based, prevention-focused programs and activities designed to strengthen and support families to prevent child abuse and neglect (through networks where appropriate) that are accessible, effective, culturally appropriate, and build upon existing strengths of families and communities to help foster the development of a continuum of preventive services for children and families; including unaccompanied homeless youth.

The MT CTF helped finance the start-up, maintenance, expansion, and/or redesign of specific family resource and support programs and community-based child abuse and neglect prevention program services (such as respite care services, child abuse and neglect prevention activities, disability services, mental health services, substance abuse treatment services, domestic violence services, housing services, transportation, adult education, homevisiting and other similar services) identified by the Inventory and Description of Current Services section required under Section 204 (a)(3) as an unmet need. The programs and services are integrated with the network of community-based family resource and support child abuse prevention programs.

The MT CTF helped fund specific public information activities that focused on the healthy and positive development of parents and children and the promotion of child abuse and neglect prevention activities, including child sexual abuse prevention.

In general, the MT CTF funding from both CBCAP federal funds, State Special Revenue Funds and State General Revenue Fund was used to support primary prevention programs and strategies which are available to all families, as well secondary prevention efforts which

target children and families at risk for abuse or neglect. The goal is/was to promote the efficient use of funding by increasing the number of appropriate evidence-based and evidence-informed programs and practices successfully implemented and sustained with **fidelity**.



### The MT CTF Board

makes decisions regarding program selection and funding, design, evaluation and other matters requiring a decision. Contracts for child abuse and neglect prevention are negotiated between the MT CTF Board and community-based providers.

The MT CTF is administratively attached to the Department of Public Health and Human Services (DPHHS), Director's Office for administrative purposes. Each spring, the State of Montana, Department of Administration and the MT CTF Board issues a Request for Proposals (RFP) statewide and/or a Request for Renewal Proposals (RFR). A copy of the most recent 2013-2014 RFP and the 2014-2015 RFR are attached.

The MT CTF appropriates funds for developing, operating, expanding, and enhancing community-based, prevention-focused programs and activities designed to strengthen and support families with the goal of preventing child abuse and neglect (through networks where appropriate). The programs funded are accessible, effective, and culturally appropriate, and build upon existing strengths of families and communities to help foster the development of a continuum of preventive services for children and families; including unaccompanied homeless youth; that:

- > Offer assistance to families:
- > Provide early, comprehensive support for parents;
- ➤ Promote the development of parenting skills, especially in young parents and parents with very young children;
- > Increase family stability;

- ➤ Improve family access to other formal and informal resources and opportunities for assistance available within communities, including access to such resources and opportunities for unaccompanied homeless youth;
- > Support the additional needs of families with children with disabilities through respite care and other services;
- Demonstrate a commitment to involving parents in the planning and program implementation of the lead agency and entities carrying local programs funded under this Title, including meaningful involvement of parents of children with disabilities, parents with disabilities, racial and ethnic minorities, and members of underrepresented and underserved groups; and
- ➤ Provide referrals to early health and developmental services.
- ➤ Foster the development of a continuum of preventive services for children and families including unaccompanied homeless youth, through State and community-based collaborations and partnerships both public and private.
- Finance the start-up, maintenance, expansion, or redesign of specific family resource and support program community-based child abuse and neglect prevention program services (such as respite care services, child abuse and neglect prevention activities, disability services, mental health services, substance abuse treatment services, domestic violence services, housing services, transportation, adult education, home-visiting and other similar services) identified by the inventory and description of current services required under Section 204 (a)(3) as an unmet need, and integrated with the network of community-based family resource and support child abuse prevention programs to the extent practicable given funding levels and community priorities.
- Maximize funding through leveraging of funds for financing, planning, community mobilization, collaboration, assessment, information and referral, start up, training and technical assistance, information management and reporting, reporting and evaluation costs for establishing, operating or expanding community-based and prevention-focused programs and activities designed to strengthen and support families to prevent child abuse and neglect; and.
- Finance public information activities that focus on the healthy and positive development of parents and children and promotion of child abuse and neglect prevention activities.

The MT CTF continues to build upon its efforts from 2013-2014 to be a leader through strategic funding in the 2015-2016 fiscal year. In addition to the above efforts the MT CTF will be focusing part of its funding on systemic change by further strengthening coalitions and collaborations across the state. Specifically, we will be funding five Best Beginnings Community Coalitions (BBCCs) at the \$25,000 level. The 2015-2016 RFP used to determine funding is attached. The intent at this time is to offer up to 3 years of funding for the grantees below and to expand the funding opportunities to others in the coming cycle. There are currently 22 active BBCCs across Montana.

The MT CTF funded BBCCs are: (Additional information on the funded programs can be found on **page 21-22** in EVIDENCED-BASED AND EVIDENCE-INFORMED PROGRAMS.)

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

- ➤ Best Beginnings Early Childhood Community Coalition protected by the Northern Cheyenne Tribe (Boys & Girls Club of the Northern Cheyenne Nation fiscal agent).
- ➤ Fort Peck Tribes (The Assiniboine and Sioux Tribes) and Roosevelt County Best Beginnings Community Council.
- ➤ The Gallatin Early Childhood Community Coalition (Great Gallatin United Way fiscal agent).
- ➤ The Butte Community Council (BCC), Butte 4-C's.
- ➤ Healthy Start Missoula, Best Beginnings Community Coalition (Missoula County fiscal agent).

Beyond the funding through RFP's and Renewals, the MT CTF will also offer mini-grants to organizations and programs that meet our funding criteria during the 2015-2016 cycle. The full Montana Children's Trust Fund Mini-Grant Application is attached. All MT CTF mini-grant proposals must focus on prevention of child abuse and neglect and should not exceed \$5,000. The MT CTF's priorities are fulfilled by increasing the number of parents and caregivers who are educated in healthy, positive, and protective child-raising skills. By preventing child abuse and neglect, youth today are given stronger resources, support, and education that will help them become self-sustaining adults.

MT CTF Mini-grant Funding priorities to prevent child abuse and neglect:

- ➤ Community Awareness pertaining to the prevention of Child Abuse and Neglect
- > Increasing protective factors and decreasing risk factors for child abuse and neglect

### MT CTF Mini-grant Guidelines:

- 1. Mini grants will be awarded up to and no more than \$5,000.
- 2. Mini grants will only be given to recognized non-profit organizations.
- 3. Priority will be given to those most in need and/or family oriented.
- 4. Mini grants usually will be awarded only for one time projects that do not require continual funding from the Montana Children's Trust Fund.
- 5. Other factors influencing Mini grant funding will be:
  - a. Purpose and need;
  - b. Target population, number and age group of people to be served;
  - c. Procedure and accountability to be followed;
  - d. Whether the Grantee has received Montana Children's Trust Fund grant funds previously (within the last three years);
  - e. Whether the Montana Children's Trust Fund is the only contributor to the proposed project;
  - f. How the balance of necessary funding is being raised; and
  - g. How the organization will report outcomes back to the Montana Children's Trust Fund on the project.

### LEADERSHIP: BUILDING AWARENESS

The MT CTF took a lead role in promoting child abuse and neglect prevention in 2013-2014. Please see <u>SECTION XV PLAN FOR CHILD ABUSE PREVENTION MONTH AND PUBLIC AWARENESS ACTIVITIES</u> of this report and application starting on **page 93** for a complete overview of the MT CTF awareness activities year round. This section includes:

- > PINWHEELS FOR PREVENTION AND KICKOFF
- ➢ GO BLUE DAY and BLUE SUNDAY
- > STATEWIDE CHILD ABUSE AND NEGLECT (CAN) CONFERENCE
- > COMMUNITY PROGRAMS
- NOT EVEN FOR A MINUTE CAMPAIGN
- ➤ ANNUAL INCOME TAX CHECK-OFF PSA CAMPAIGN
- > HALLOWEEN FUN FESTIVAL
- > ADVERSE CHILDHOOD EXPERIENCES STUDY EDUCATION
- OTHER AWARENESS ACTIVITIES

### **LEADERSHIP: COLLABORATIONS**

In 2013-2014 the MT CTF focused more efforts of building our collaborations and partnerships with traditional and non-traditional partners. The amount of collaborations and the impacts have grown tremendously; specifically, with community partners such as faith-based and civic organizations and businesses. The MT CTF focuses on community activities and public policies that prioritize strengthening families and communities to ensure child abuse and neglect never occur. This represents our efforts to ensure the healthy development of children statewide, while seeking to highlight the fact that we all play a role in raising children whether we are neighbors, teachers, police officers, librarians, mentors, coaches, or family members.

The MT CTF continues to advocate for children and recommend prevention be the number one public health concern. Abuse and neglect often have lifelong consequences for a child, including a greater chance of delinquency, criminal involvement, drug addiction, chronic health problems, mental health issues and an overall drop-off in productivity of the individual as a functioning member of our communities.

In doing so, we recognize the importance of our collaborations to leverage the limited resources of our state while pushing prevention to the forefront of conversations statewide. Please see SECTION IX. COLLABORATION AND COORDINATION starting on page 23 for more details on collaborations.

### LEADERSHIP: PROVIDING TRAINING AND TECHNICAL ASSISTANCE

The Montana Children's Trust Fund works to shape the direction of prevention in Montana through providing support, training, and technical assistance. In addition to the **ongoing** capacity building, technical assistance and support provided to the funded programs by the CTF staff; we require quarterly reporting to show how programs are faring throughout the grant cycle. This gives the staff and board the opportunity to review the grantees work, ensure they are meeting their projected

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

service outcomes, and provide them with any further technical assistance and capacity building as appropriate. Site visits are performed at least one time per year or more as needed by CTF staff and board members. This provides a further opportunity for evaluation and a hands-on assessment of programs; giving us an opportunity to talk through any issues, challenges, successes, and opportunities for sustainability, increased positive outcomes, etc.

Past and future trainings follow the parameters of:

- ✓ evaluation and data management;
- ✓ capacity building and sustainability;
- ✓ promoting protective factors and reducing risk factors;
- ✓ prevention programs and family support;
- ✓ fiscal leveraging, braiding and blending funding streams;
- ✓ marketing, messaging and public awareness;
- ✓ cultural competence, disproportionality;
- ✓ collaboration and partnerships for prevention;
- ✓ research on prevention and child maltreatment;
- ✓ evidence-based and evidence-informed programs and practices; and
- ✓ bonding and attachment; resiliency; infant mental health; parent leadership; early child development; positive youth development; community and state resources; August reporting; centralized intake procedures; and peer review process.

Some of the Training Opportunities offered to our grantees and partners in 2013-2014 include:

- ➤ MT CTF Annual Grantee Meeting/Training
- Child Abuse and Neglect Conference
- ➤ Montana Nonprofit Association Conference/Training
- ➤ The ACE Study Summit
- ➤ Longitudinal Studies of Child Abuse and Neglect

In the **2015-2016 cycle**, the MT CTF will continue to shape the direction of prevention in Montana through providing support, training, and technical assistance to partners and grantees by continuing and increasing the efforts listed above.

As in the past, the MT CTF Annual Grantee's Meeting will provide range of trainings for building protective factors, decreasing risk factors, strengthening families, parent leadership development, strategic partnerships, database management, organizational capacity building, and nonprofit management. In 2015-2016, as the budget allows we will invite funded programs, Best Beginnings partners, and former grantees as appropriate. Parent leaders are always encouraged to attend from all programs.

As opportunities arise for relevant and impactful training the MT CTF will offer scholarships, memberships, subscription opportunities as well as mini grant opportunities for more costly trainings, opportunities, etc.

For a more information on our activities please see SECTION XIII. PLAN FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE AND EVALUATION ASSISTANCE starting on **page 63.** 

### **LEADERSHIP: PUBLIC POLICY**

The MT CTF is known as a resource for child abuse and neglect information. Our resources have been utilized by legislators and advocates to assist in defending against policies that would be harmful to families and for child abuse and neglect prevention. Additionally, we have provided resources that have been used to create positive public policies.

Our work in public policy has prompted the board to re-evaluate our strategic plan; and to allocate resources to better collect, analyze and report data to help leaders more effectively make policy decisions and write legislation. Our goal is for our state to make data-informed decisions that positively impact children and families and to foster the development of a continuum of prevention services.

In the **2013-2014** cycle the MT CTF board dedicated State Special Funds toward hosting an awareness event, messaging and public awareness for the benefits to children and families of early childhood education. Throughout Montana an effort is being made by a strong coalition of partners to increase awareness of the benefits.

Additionally, the MT CTF works with agencies, workgroups, advisory boards and others to create meaningful policies and procedures that we can use as a state to be more effective on our work separately and as a whole. We participate in strategic planning for a variety of groups, while many of our board members have dual roles as leaders, activists and directors for agencies, coalitions and other entities, such as: Best Beginnings, MIECHV, Office of Public Instruction, Montana Interagency Coordination Council (ICC) for State Prevention and others.

In 2013 the MT CTF led the collaborative effort to write Montana's Essentials of Childhood grant. Though we did not receive the funding from the grant, the process prompted the MT CTF board and staff to take a more significant role in strengthening the collaborative efforts of our traditional and nontraditional partners across the state. Exploring how we as a state can do more with our limited resources; we built an amazing team that continues to seek new ways to build and strengthen prevention activities and policies in our state.

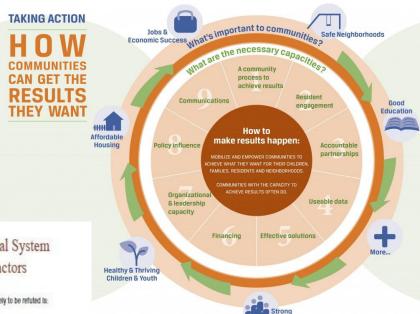
The MT CTF's annual participation in Pinwheels for Prevention also represents efforts to change the way people think about prevention, focusing on community activities and public policies that prioritize prevention right from the start to make sure child abuse and neglect never occur. We hold our annual event at the Montana State Capital, where 1500 pinwheels are displayed for a full week.

In 2015-2016 the MT CTF will continue pursuing our public policy efforts from the 2013-2014 cycle. Additionally, the MT CTF will provide policy and decision makers with the findings and recommendations of the child sexual abuse prevention research project that is currently underway in conjunction with the University of Montana; as well as; traumainformed care and Departmental/State finding as it applies to Montana becoming and ACES informed state.

### VIII. ACTIONS TO ADVOCATE FOR SYSTEMIC CHANGE

### **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

The MT CTF board and staff will continue, with increased efforts, to create systemic changes in State policies, practices, procedures, and regulations to improve the delivery of community-based and prevention-focused programs and activities designed to strengthen and support families to prevent child abuse and neglect.



### Understanding Neglect within an Ecological System and the Role of Protective and Risk Factors

(As highlighted by key informants)

While there is no singular definition of child neglect, a generic statement that is unlikely to be refuted is: Child Neglect is a failure to meet children's basic needs —

whether the tailure is the responsibility of parents, communities, or society - and this void places children in harm's way.



The MT CTF focuses on community activities, public policies, research, data, and awareness that prioritize strengthening families and communities to ensure child abuse and neglect never occur. This represents our efforts to ensure the healthy development of children statewide, while seeking to highlight the fact that we all play a role in raising children whether we are caregivers, neighbors, teachers, police officers, librarians, mentors, coaches, or family members.

The MT CTF will continue to be a leader and a voice for keeping children safe and families strong and strive to make prevention a priority at all levels from the State House to Main Street to dinner tables.

### **BECOMING A DATA-INFORMED STATE:**

The MT CTF has taken a proactive leadership role in helping shape a statewide child abuse and neglect prevention strategy. Through a contract with the University of Montana and in collaboration with state and community agencies and entities, we produced a report to give a snapshot and recommendations for current data collection in Montana. The Child Abuse and Neglect (CAN) Data System's Evaluation (Final Report attached) was completed in June 2014 and paid for with our State Special Fund.

The overarching goal of the current evaluation project was to identify the agencies and organizations collecting data on children and families across the state of Montana. Further, the project sought to understand the form and structure of these statewide data systems and to identify the current data linkages among agencies in regards to data sharing and data pooling.

The evaluation team identified a few common themes in regards to statewide data collection. First, the evaluation team found that few agencies collect primary data on children and families. Instead, many agencies rely on secondary data sources to inform their respective programs. Second, while some agencies share aggregate data with one another, few agencies pool data. The reasons for lack of data pooling were explored as part of this evaluation and include factors such as legality, cost, oversight, perceived benefit, and trust. Third, of those agencies collecting data, most collect information on child and family risk factors. There was a general lack of statewide data regarding child, family, and community level protective factors. Finally, the evaluation team discovered that information about children and families living on reservations across the state are not often included in many of the statewide data systems. Tribal entities including the Bureau of Indian Affairs (BIA), the Indian Health Services (IHS), and the Bureau of Indian Education (BIE) are the mains sources of data for children and families living in reservation communities.

Based upon these findings, the evaluation team had four major recommendations. First, it is recommended that the MT CTF advocate for the collection of primary data on children and families statewide. This advocacy can include reaching out to individual agencies statewide through the creation of policy and legislation to support statewide data collection. Second, the MT CTF can facilitate the creation of a statewide data steering committee to oversee and collaborate in data collection efforts. Third, this steering committee can work to identify current statewide data collection gaps and create a strategy for the collection of individual, family, and community level protective factor data. Finally, it is recommended that the MT CTF continue to develop collaborative relationships with each of the Tribal reservations across the state to partner in the process of data collection to support efforts to prevent adverse childhood experiences for Native children and families.

The MT CTF is taking steps in **2015-2016** to follow through on some of these recommendations. We have met with Sarah Corbally, the Division Administrator of Child & Family Services Division (CFSD), on several occasions to discuss opportunities to continue working with CFSD and its many programs. She is very supportive of our efforts and has given a commitment to sharing any data with us that we request as well as incorporating our needs into the new CFSD data system as it is developed.

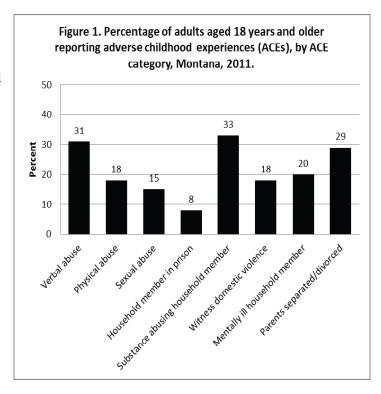
Legislation was passed to fund the development of a new database system for CFSD. Currently, CFSD is researching the potential to build a new database entitled Montana Automated Child Welfare Information System (MACWIS). There is potential for CFSD to partner with other child and family serving agencies to make MACWIS data available. These agencies include but are not limited to CASA, Department of Justice, Department of Corrections, Department of Labor and Industry, and Child Mental Health Bureau. CFSD is currently determining the legal constraints for sharing client specific information between agencies. The Request for Information (RFI) can be found at <a href="http://svc.mt.gov/gsd/onestop/SolicitationDetail.aspx?args=D0553EDDAD6FFBFD">http://svc.mt.gov/gsd/onestop/SolicitationDetail.aspx?args=D0553EDDAD6FFBFD</a>. The development of this new system will significantly help bridge the gap in data between participatory agencies and provide an opportunity for more accurate data that can be aggregated.

Additionally, the MT CTF is adding emphasis to programs and activities with Native American populations by collaborating with the Alliance of Funders tour in March/April 2015 and 2016. We will create a plan to identify with the Tribal members what their recommendations are about how to use prevention dollars most effectively. We are committed to exploring potential for data gathering taking place on Reservations and looking at ways to expand that work to other Reservations. Additionally, we will look at the Tribal demographic information related to children, families, and the protective factors that is gathered by the Office of Public Instruction and Child and Family Services.

### **COMMUNITY FOCUS:**

The MT CTF focuses on community activities and public policies that prioritize strengthening families and communities to ensure child abuse and neglect never occur. This represents our efforts to ensure the healthy development of children statewide while seeking to highlight the fact that we all play a role in raising children whether we are neighbors, teachers, police officers, librarians, mentors, coaches, or family members.

The Montana Children's Trust Fund continues to advocate for children and recommend prevention be the number one public health concern. Abuse and neglect often have lifelong consequences for a child including a greater chance of delinquency,



criminal involvement, drug addiction, chronic health problems, mental health issues, and an overall drop-off in productivity of the individual as a functioning member of our communities. This is becoming more obvious as we look into Adverse Childhood Experiences Survey (ACES) findings.

The MT CTF is dedicated to assisting with the statewide effort to insure that Montana becomes an ACE-informed state. In 2013-2014, the MT CTF provided multiple training opportunities to our board, staff, and grantees to become more knowledgeable of ACES and integrate ACES and traumainformed care into their work. There were two ACES Summit offered by ChildWise and Intermountain Children's Home as well as several other opportunities that incorporated neuroscience, epigenetics, and other relevant concepts related to child abuse and neglect. Some of the speakers for these events were Dr. Robert Anda, Co-Principal Investigator of The Adverse Childhood Experiences (ACE) Study; Laura Porter, Director of ACE Partnerships for WA State Dept. of Social Services; and Christopher Blodgett, Ph.D. Director for the Area Health Education Center of Eastern WA/CLEAR Trauma Center. These events gained tremendous support and momentum from Educators, Legislators, Juvenile Justice, Head Start, Early Childhood Coalition, Youth Connections, Non-Profits, Mental Health Professionals and others all with the goal of elevating the wellbeing and future of Montana's children. It is the intent of the MT CTF to continue to offer opportunities and partnerships to help create an ACE-informed state. We plan to integrate ACES and trauma-informed care into our upcoming Annual Grantees Meeting so that we can better disperse the knowledge of why these important data and techniques are so important to reducing and eliminating child abuse and neglect. We will invite the 22 Best Beginnings Community Coalitions to participate in our Annual Grantees Meeting to make the most of our efforts statewide, expand our collective networks, share resources, and build collaborations to become more effective with our limited resources.

In the upcoming legislative sessions, the MT CTF will ensure that any information and data needed to push forward meaningful child abuse and neglect prevention is provided and available. We have built and are strengthening relationships with many entities across Montana to ensure a united front to defend against creation of policies and legislation that might be destructive to Montana families and child abuse and neglect prevention efforts.



As a program within the Director's Offfice of the Montana Department of Public Health and Human Services (DPHHS) under the Prevention Resource Center, the MT CTF has the great opportunity to be on the front lines of bringing ACES to Montana. The Director of DPHHS has become very interested in ACES and insuring that Montana becomes, at the very least, an ACE-informed state. He has authorized \$65,000 to have 25 ACES Master

Trainers, three of which are within DPHHS, throughout the state and has secured additional funding to provide training to division administrators within DPHHS as well as leaders of other state agencies including the MT Department of Justice, Office of Public Instruction, Department of Corrections, Board of Crime Control, and others. Through the efforts of the Director's Office and the Prevention Reosurce Center, Montana is leading the way for the

country in its approach to becoming ACE-informed. Additionally, the CBCAP State Lead has been recruited to be one of the ACES facilitators within DPHHS.

### **EVIDENCED-BASED AND EVIDENCE-INFORMED PROGRAMS:**

The MT CTF has made evidence-based and evidence-informed programs the priority. The MT CTF will maintain the priority of CBCAP total funding that supports evidence-based and evidence-informed child abuse prevention programs and practices. This policy will help foster a culture of continuous quality improvement by promoting ongoing evaluation and quality assurance activities across the MT CTF and their funded programs. (Please see CBCAP STATE LEAD AGENCY EVIDENCE-BASED PROGRAMS AND PRACTICES FISCAL YEAR 2013-2014 on page 81.)

In effort to create systemic change, the MT CTF, through the process of strategic planning in 2013-2014, determined that it will redirect some of its funding to support five of the Early Childhood Community Coalitions (ECCC), known as Best Beginnings, in the 2015-2016 cycle. The Best Beginnings Advisory Council (BBAC) brings together representatives across early childhood systems to develop and implement a statewide plan for childhood services. There are currently 22 local coalitions across Montana that work to increase coordination in towns, counties, regions, and Native American Reservations. The local coalitions undertake community needs assessments; develop plans and priorities; provide professional development; build capacity, infrastructure, and communication; focus on sustainability; and support implementation of prevention programs. Activities are focused on identification, screening, and referrals to ensure that children and families receive the services they need and do not fall through the cracks. In collaboration with MIECHV, the BBAC and the ECCCs have been instrumental in bringing about the effort to make services more seamless for families, reducing duplication, and maximizing efficiency.

We believe that helping fund these efforts will enhance and help intensify the efforts across Montana to create strong systems of services that use public resources efficiently and meet families' needs more effectively. When supports are coordinated as part of an integrated family support system, duplication of services is minimized and appropriately targeted services are maximized, strengthening the life trajectory for children and families.

In **2015-2016**, the MT CTF will continue funding a geographically and programmatically diverse group of grantees based on funding proposals that utilize the various communities' needs assessments. The BBCCs have great potential to create systemic change at all levels of the community. **The MT CTF funded BBCCs are:** 

Best Beginnings Early Childhood Community Coalition protected by the Northern Cheyenne Tribe (Boys & Girls Club of the Northern Cheyenne Nation - fiscal agent): The Coalition was established in 2012 and currently has 22 partnerships/stakeholders bound through signed Memorandum Agreements and a Tribal Resolution. Their general committee meets monthly to discuss goals and objectives for the implementation of services. The Coalition has an active Steering Committee comprised of administrators from Tribal programs, schools, and organizations that

- meets monthly. The Coalition has four subcommittees: Family Spirit, Circle of Kinship Care, Drug Task Force, Drug Free Communities. The MT CTF is providing funding to support the "Family Spirit" evidence-based home visiting model, approved by the developers at John Hopkins Center for America Indian Health.
- Fort Peck Tribes (the Assiniboine and Sioux Tribes) and Roosevelt County Best Beginnings Community Council: The Council was established in 2012, working with Fort Peck Tribes Health Promotion/Disease Prevention Program coordinating the community-wide effort for Fort Peck. The MT CTF is providing funding to support their continued effort in child abuse and neglect prevention by supporting the evidence-based Parents As Teachers Home Visiting Program; providing additional training to service providers on recognizing and responding appropriately to signs of child abuse; promoting awareness month activities; creating a map of available services for homeless and at risk teens and coordinating a health fair to connect them to existing resources; and to assist in coordinating and growing the council.
- The Gallatin Early Childhood Community Coalition (Great Gallatin United Way fiscal agent): The Gallatin Early Childhood Community Coalition (ECCC) serves as the BBCC for southwestern Montana and currently has 29 partners and participates with other community organizations on the Montana Project LAUNCH Initiative. There are 13 Gallatin ECCC Leadership members and 66 Program Committee members. The MT CTF funding will be used to support child abuse and neglect prevention services in the Gallatin Valley, promote public awareness of early childhood issues, collaborate with partners to support a continuum of services for homeless youth, and engage more parental involvement in Gallatin ECCC and Project Launch councils. Specifically, funding will help support the Parents As Teachers Home Visiting Program, Incredible Years Program, and the Pyramid Model.
- The Butte Community Council (BCC), Butte 4-C's: The BCC was formed from an informal school readiness work group and has evolved into a formal early childhood coalition recognized by the State of Montana and represented by 27 organizations and 39 individuals. The BCC has elected officers, a coordinator; has created a Children's Mental Health Committee (represented by 18 organizations and 41 individuals). The MT CTF is providing funding to support the implementation of the Circle of Parents evidence-based program in Butte/Silver Bow Counties, increase public awareness of prevention resources and activities, and promoting parent leadership activities. Additionally, BCC members will participate in the "Caring for our Homeless Community" group.
- Healthy Start Missoula (HSM), Best Beginnings Community Coalition (Missoula County fiscal agent): HSM was formed under the Missoula Forum for Children and Youth in the 1990s and became Missoula County's local BBCC in 2011. HSM currently has 13 executive council members and 23 general members. The MT CTF funding will be used to expand respite care at The Parenting Place in Missoula, provide parent leadership workshops, and connect more at-risk families with appropriate supportive services.

### IX. COLLABORATION AND COORDINATION

Collaborations and partnerships have had and will continue to have a major impact on the lives of families and children in Montana. Greater collaborations between early childhood systems have impacted policies, laws, and communities across Montana and within State Government. The CBCAP Lead Agency is impacting Social Media, Social Norms, policies, procedures, and practices across our State.

### **COLLABORATION AND COORDINATION REPORT 2013-2014:**

The amount of collaborations and impacts has grown tremendously, specifically with community partners such as faith-based and civic organizations and businesses. The MT CTF focuses on community activities and public policies that prioritize strengthening families and communities to ensure child abuse and neglect never occur. This represents our efforts to ensure the healthy development of children statewide while seeking to highlight the fact that we all play a role in raising children whether we are neighbors, teachers, police officers, librarians, mentors, coaches, or family members.

The MT CTF continues to advocate for children and recommend prevention be the number one public health concern. Abuse and neglect often have lifelong consequences for a child including a greater chance of delinquency, criminal involvement, drug addiction, chronic health problems, mental health issues, and an overall drop-off in productivity of the individual as a functioning member of our communities.

In doing so, we recognize the importance of our collaborations to leverage the limited resources of our state while pushing prevention to the forefront of conversations statewide. Our collaborative efforts included:

### TASK FORCES/COMMITTEES:

- ➤ Interagency Coordinating Council (ICC) Goals include: Reduce child abuse and neglect by promoting child safety and healthy family functioning; Reduce youth violence and crime by promoting the safety of all citizens; and Reduce teen pregnancy and sexually transmitted diseases by promoting the concept that sexual activity, pregnancy and child rearing are serious responsibilities;
- ➤ Office of Public Instruction Project AWARE State Team;
- Montana Board of Crime Control Conference Planning:
- ➤ Montana Prevention Resource Center;
  - ➤ MT DPHHS, Addictive and Mental Disorders Division (AMDD) Strategic Prevention Enhancement Task Force Montana DPHHS (implement and improve an appropriate statewide system of prevention, treatment, care, and rehabilitation for Montanans with mental disorders or addictions to drugs or alcohol.)
- > MT Department of Public Health and Human Services:
  - Early Childhood Services Program childcare;
  - The Best Beginnings Program;
  - MT Healthy Teen Parent program;
  - Suicide Prevention Program;

- Child and Family Services Division (CFSD)-(child maltreatment);
- Maternal, Infant and Child Health- MIECHV Home Visiting;;
- Head Start Collaboration Office;
- ➤ Department of Justice- Protect our Children Conference and the Children Justice Center;
- > Department of Transportation-funds the Parent Power Website; and
- > Safe States Alliance- Montana Injury Prevention Program (MIPP).

The MT CTF is strategically, administratively attached to the Montana Department of Public Health and Human Services, Prevention Resource Center (PRC). The connection we have to DPHHS staff and resources helps us to maintain a visible and impactful role in the work the various state agencies perform and to plan for the past, present, and future. The MT CTF strives to include priorities from the PRC, CFSD, in-home services providers, Domestic Violence Shelter Programs, and Children's Justice Act grant parameters in our work. Examples include home visiting, Shaken Baby Prevention, and Differential Response.

### **AGENCY COLLABORATIONS INCLUDE:**

- ➤ Montana DPHHS, Prevention Resource Center;
- ➤ Montana Interagency Coordinating Council (ICC);
- ➤ Montana Early Head Start and Head Start Collaboration Office;
- Montana Maternal, Infant and Children's Health;
- ➤ Montana DPHHS Early Childhood Services Bureau;
- ➤ Montana Department of Transportation;
- ➤ Montana Board of Crime Control;
- ➤ Montana Commission on Higher Education;
- ➤ Montana Department of Corrections;
- ➤ Montana Department of Justice;
- Montana Children's Justice Bureau;
- Montana Department of Labor and Industry;
- ➤ Montana Department of Military Affairs;
- Montana Department of Public Health and Human Services;
- ➤ Montana Office of Public Instruction;
- ➤ Montana Department of Revenue:
- Montana DPHHS, Child and Family Services Bureau;
- Montana DPHHS, Addictive and Mental Disorders Division (AMDD):
- > State Advisory Council/Citizen Review Panel/Children's Justice Act Task Force;
- ➤ Montana Office of Indian Affairs:
- ➤ Public Health and Safety Division; and
- Family and Community Health Bureau.

### NONPROFIT AND OTHER ORGANIZATIONS:

- Best Beginnings Advisory Council;
- ➤ Best Beginnings/Early Childhood Community Coordinating Councils (22 statewide);
- ➤ Maternal, Infant, and Early Childhood Home Visiting (MIECHV);
- ➤ Montana KIDS COUNT:
- ➤ No Kid Hungry Montana;

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- > Emergency Medical Services for Children (EMSC);
- ➤ Montana Alliance for Drug Endangered Children (MT DEC) Committee;
- ➤ Montana Early Childhood Project (ECP);
- Montana State University's Department of Health and Human Development;
- ➤ University of Montana Department of Social Work and Department of Education;
- ➤ Montana Nonprofit Association;
- ➤ Healthy Mothers Healthy Babies-MT Chapter;
- ➤ The Montana Coalition Against Domestic and Sexual Abuse;
- ➤ ChildWise/Intermountain Children's Home;
- > YMCA;
- ➤ Prevent Child Abuse America-MT Chapter;
- ➤ HOPA Mountain;
- ➤ Helena Exchange Club;
- > Youth Connections;
- ➤ Kiwanis Clubs;
- ➤ Advancing Early Childhood Education Alliance(AECEA);
- Montana Community Foundation;
- ➤ Various faith-based organizations, hospitals, and other nonprofit organizations;
- ➤ Local and statewide businesses and media;
- ➤ Law Enforcement Agencies;
- > Community-based programs; and
- ➤ Local Public Health Departments across the State.

The MT CTF has taken a proactive leadership role in shaping a statewide child abuse and neglect prevention strategy. In 2013, the MT CTF board dedicated resources to produce an analysis on Child Abuse and Neglect Data Systems completed by the University of Montana, Department of Social Work in collaboration with state and community agencies and entities. The subsequent report was completed in 2014 and is **attached.** Please also see BECOMING A DATA-INFORMED STATE, a subsection of SECTION VIII. ACTIONS TO ADVOCATE FOR SYSTEMIC CHANGE on page 18.

This project helped to ensure collaboration with more entities and agencies across Montana working on child abuse and neglect prevention and issues. The MT CTF shared the data statewide. We will continue to collaborate on this effort in the coming years and plan to share what we learn with others nationally.

### **INTERAGENCY COORDINATING COUNCIL- GOVERNOR'S COUNCIL (ICC):**

The Montana Children's Trust Fund Board Chair and the MT CTF State Lead are members and will continue to be members of the ICC. The Interagency Coordinating Council for State Prevention Programs (ICC) has 5 goals and corresponding benchmarks to guide its prevention efforts.

Goal 1 - Reduce child abuse and neglect by promoting child safety and healthy family functioning.

- > Safely reduce the number of children in foster care.
- Reduce the maltreatment fatalities of children, aged 17 and under, to zero.

- Goal 2 Reduce youth use of tobacco, alcohol and other drugs by promoting alternate activities and healthy lifestyles.
  - ➤ By 2020, decrease the number of H.S. students who report using ATOD in the past 30 days by 10%.
  - ➤ By 2020, decrease the percentage of students who use alcohol, cigarettes, and other drugs before the age of 13 by 10%.
- Goal 3 Reduce youth violence and crime by promoting the safety of all citizens.
  - ➤ By 2020, reduce Juvenile Crimes against persons by 10%.
  - ➤ By 2020, reduce physical fighting among 9th 12th grade students to 28%.
- Goal 4 Increase the percentage of high school students who successfully transition (or graduate) from school to work, postsecondary education, training and/or military.
  - > By 2020, reduce the percentage of students who drop out of high school to 4%.
  - ➤ By 2020, increase the percentage of the 9th grade class that completes high school to 86%.
- Goal 5 Reduce teen pregnancy and sexually transmitted diseases by promoting the concept that sexual activity, pregnancy and child rearing are serious responsibilities.
  - ➤ By the year 2020 increase the percentage of 15-19 year olds (9th-12th graders) who report never engaging in sexual intercourse to 60%.
  - ➤ By the year 2020, reduce the pregnancy rate for 15-17 year old Montana females to 27.

The ICC is continuing its collaborative efforts and strategies to curb underage drinking and binge drinking across state agencies and then through the local levels. Emerging issues such as prescription drug abuse/misuse and marijuana use among youth are "bubbling" to the public agenda.

The Prevention Resource Center (PRC) Director participates in the state level Injury Prevention Coalition, the State Health Improvement Plan meetings, conference planning committee for the annual Crime Prevention Conference and is the point person for the Department's efforts in partnering with ChildWise, a local nonprofit, toward implementing the ACES Master Training across the state. The issues involving the shared risk and protective factors across similar programs and disciplines are essential to addressing child abuse and neglect in the state.

The ICC continues to promote and facilitate functional communication (using current lines of communication) among the involved Agencies, Departments and local entities throughout the State. The work group continues to meet 6-8 times per year. The website Parent Power <a href="http://parentpower.mt.gov/">http://parentpower.mt.gov/</a> creates and sustains a coordinated, comprehensive system of prevention services in the State of Montana. In 2014, the website was refreshed and more compatible with smart phones and tablets for greater responsiveness to users.

**VOLUNTEERS IN SERVICE TO AMERICA (VISTA) PROGRAM:** Along with the MT CTF, the VISTA Program is also housed within the Prevention Resource Center (PRC) within the MT DPHHS Director's Office. The VISTA Program has provided the MT CTF with many resources and supports, as well as 2 years' worth of awareness efforts and capacity building by placing a VISTA member within the MT CTF. Much of the work listed

in this REPORT and APPLICATION would not have been possible without our partnership with the VISTA Program and VISTA member placements.

BEST BEGINNINGS AND EARLY CHILDHOOD PARTNERSHIPS: The MT CTF State Lead has been and will continue participating in the Best Beginnings Advisory Coalition (BBAC) Meetings. One of the MT CTF Board Members is the Early Childhood Bureau Chief and oversees the BBAC and activities. This collaboration and leveraging of resources will ensure that future work will be in collaboration for the families and children of Montana.

The mission of the Best Beginnings Early Childhood System is to improve long term school readiness outcomes for all children and families in Montana. The intent is to have a comprehensive, coordinated early childhood system that provides a governance structure and leads to strong collaboration in order to best meet the needs of Montana's youngest citizens.

Best Beginnings work is based on four goals:

- 1. Children have access to high quality Early Childhood Programs.
- 2. Families with young children are supported in their community.
- 3. Children have access to a medical home and health insurance.
- 4. Social, emotional, and mental health needs of young children and families are supported.

A key component of the Best Beginnings system is a community council. Communities develop a community council or formalize an existing community council to describe and discuss the early childhood system using the Best Beginnings goals as a framework. The community council, aided by a community coordinator, is where the foundational work happens. The council will be making crucial decisions about the network of services and resources available for the children and families of each community. The community council will adopt a collaborative approach to identify priorities and systems changes and decide how to move forward once the crucial decisions are made.

Using the community council, the Best Beginnings philosophy, and the collaborative approach, each community will be on the road to a comprehensive, coordinated early childhood system. They will be giving the children in their community "Best Beginnings". Staff members from the MT CTF funded programs are and will continue to be members of the Community Councils.

In addition to these efforts, the MT CTF will be focusing part of its funding on further strengthening coalitions and collaborations across the state. Specifically, we will be funding five Best Beginnings Community Coalitions (BBCCs) at the \$25,000 level. **The 2015-2016 RFP used to determine funding is attached**. The intent at this time is to offer up to 3 years of funding for the BBCC grantees and expand the funding opportunities to others in the coming cycle. There are currently 22 active BBCCs across Montana.

### SHAKEN BABY SYNDROME PREVENTION and the Period of PURPLE Crying:

It is the MT CTF's goal to make Montana PURPLE with the *Period of PURPLE Crying*. The MT CTF is currently working across the state to implement the *Period of PURPLE Crying* in every birthing hospital with Dose 1 and working at the community-level and grassroots-level to implement Dose 2 and 3. Implementing this curriculum/education is a basic systemic change that will help create a safer environment for infants in Montana.

The MT CTF will continue to fund Shaken Baby Syndrome(SBS)/Abusive Head Trauma (AHT) prevention work to prevent infant abuse. By partnering with contractors, hospitals, home visiting programs, and others across Montana, we can help families in our communities understand this normal infant crying period, the frustration associated with it, and the knowledge to help get through it.

Additionally, the MT CTF has been approved for funding to oversee the redesign of the DPHHS Crying Card to better supplement the *Period of PURPLE Crying*/SBS work we do in Montana. We will coordinate the redesign with state agencies and programs, hospitals, health care providers, and others who have used the past design or will use it in the future. The current Crying Card can be found at dphhs.mt.gov/Portals/85/childrenstrustfund/documents/CryingCard.pdf.

<u>MATERNAL, INFANT, AND EARLY CHILDHOOD HOME VISITING PROGRAM</u> (<u>MIECHV</u>): The MT CTF State Lead will continue to work closely with the MIECHV program and partners.

The MIECHV expansion goals are:

- Expand the number of families served by evidence-based home visiting in Montana
- > Support and sustain evidence-based home visiting programs in Montana

### The strategies:

- > Expand communities implementing home visiting
- > Expand the home visiting models in Montana
- Expand the types of providers who can receive MIECHV funding to implement home visiting
- ➤ Provide structure, assessment, technical assistance, and support on program quality, evaluation, and sustainability (Infrastructure and capacity)

The MT CTF board and staff will continue to encourage participation of our grantees in MIECHV and assist in establishing and coordinating a referral system with other community partners. We will help coordinate language and the sharing of information. In **2015-2016**, we will continue to collaborate with MIECHV and to encourage our grantees and partners to blend and braid funding from MIECHV with MT CTF funds.

### MONTANA EARLY CHILDHOOD TRAUMA MITIGATION TEAM (MECTMT):

This team has been identified due to their experience and expertise in the fields of early childhood, trauma, adverse childhood experiences (the ACE study), the Attachment, Self-Regulation, and Competency (ARC) Framework, the Center on the Social Emotional Foundations of Early Learning (CSEFEL) Pyramid model, child abuse prevention, the Period

of PURPLE crying, as well as specific work with vulnerable, marginalized, or at-risk populations.

### TEAM:

- MT Children's Trust Fund
- Prevention Resource Center Director
- University of Montana Institute for Educational Research and Service
- Intermountain ChildWise Institute
- Department of Public Health & Human Services Division Early Childhood Services Bureau, Head Start Collaboration Office, Child & Family Services Division.
- MT Coalition Against Domestic and Sexual Violence
- The Early Childhood Project MT Pyramid Partnership
- Maternal, Infant, & Early Childhood Home Visiting Program

A comprehensive early childhood system intentionally focuses on infants and young children assuring health and developmental trajectories by fostering safe and nurturing relationships and mitigating toxic stress that would otherwise compromise future capacity to thrive.

The Early Childhood Comprehensive Systems Trauma Mitigation Team assists in developing, implementing, and supporting a trauma-informed framework that will provide statewide guidance regarding the mitigation of toxic stress and trauma in infancy and early childhood. The *GOALS*:

- 1. Develop a process for educating a range of early childhood providers, care givers, families, and communities about the critical importance of human development during infancy and early childhood adverse childhood experiences, and the mitigation of toxic stress to achieve optimal child development.
- 2. Enhance state and local early childhood systems currently focused on trauma-informed systems.
- 3. Develop a process of how to screen and monitor families and young children for adverse childhood experiences, family domestic violence and trauma risk.
- 4. To expand and coordinate networks of evidence-based/informed supports and treatment services for families identified with trauma or risk for trauma, including trauma-informed prevention programs, trauma-informed mental health therapies, and infant mental health treatments.
- 5. Train early childhood providers, care givers, families, and communities.
- 6. State and local early childhood systems provide informed guidance on domestic violence screening, strengthening infant mental health, attachment and early relationships.
- 7. All organizations have an evidenced-based screening/monitoring process for families to identify adverse childhood experiences, family domestic violence, and trauma risk.
- 8. Statewide information website/system.

As part of the ICC and ICC work group, the MT CTF has and will continue pushing forward in making Montana an ACE-informed state. We will continue to collaborate with ChildWise/Intermountain Children's Home, DPHHS, and others in ACE trainings, committees, planning sessions, campaigns, and awareness activities.

Montana DPHHS has granted \$65,000 to ChildWise/Intermountain to host a Master Trainer session for ACES. Please see **Page 20** for more information on these activities in SECTION VIII. ACTIONS TO ADVOCATE FOR SYSTEMIC CHANGE. The next steps will be to raise awareness and educate the broader public health and human services community about ACES. Developing strategies to implement efforts on the state and local level has already begun. The Master Training has taken place and trainers are just beginning to schedule trainings. A state leadership training was just held and some of the Master Trainers were able to share what they have learned thus far. Through the Prevention Resource Center, the MT CTF State Lead will be involved in this process throughout. The MT CTF State Lead has been designated by MT DPHHS as an ACES facilitator to provide enhanced training within the State Departments in future cycles.

IN-HOME SERVICES PROGRAM: The MT CTF staff and the CFSD In-Home Services Program Manager will continue to coordinate and share information between the CBCAP and In-Home Services. The Montana's In-Home Services program serves families who have reports of child abuse and neglect allegations to Child Protective Services but, in many cases, have not entered foster care. The goal of this program is to try to keep at-risk children safely in their homes or to safely reunify them with their parents.

Coordination between the MT CTF and In-Home Services, the Division's Child Protection Specialists, and/or other professionals in the community is referring the target group of children and families who do not have a substantiated case of abuse or neglect to our network for preventative services (primarily parenting classes). Continuing collaboration and coordination will be very beneficial to the programs and the families they serve.

EMERCENCY MEDICAL SERVICES FOR CHILDREN (EMSC)/CHILD READY ADVISORY COMMITTEE: As a member of this advisory committee, the MT CTF will continue to assist in planning and collaborations to help EMSC reduce the incidence of pediatric injury and illness in Montana and promote and advance excellence in the care of injured children.

### Priorities and Strategies:

- > Building more collaborations
- Optimize providing resources to patient
- ➤ Assessment of Existing Care Services
- ➤ Development of Pediatric System Components
- ➤ Data/Evaluation
- ➤ Continue to promote Health Literacy Trainings

### **ELEVATE MONTANA LEADERSHIP GROUP:**

The group was created after the success of the initial Elevate Montana Summit in 2013 to consider what to do next to spread information, engage the public, and influence new collaborations. Additionally the group worked to create a plan to capitalize on the work at the Summit, decide what we will do at future trainings, etc., and consider assisting with work and ideas begun in many organizations with a focus on leveraging that information to further spark action and statewide saturation of ACE awareness. The billboard to the right was one result of the group's work.

# Initial GOALS:

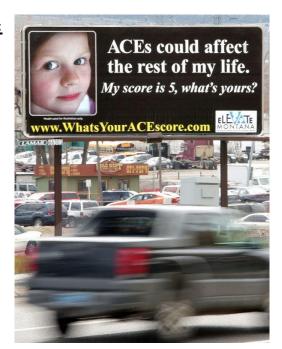
- Using the data collected at the World Café identify three things we can put into action now.
- > Stimulate actual awareness, acceptance, implementation, and results of ACE-informed work, what are the steps we must take.
- > Determine funding.
- ➤ Identification of statewide stakeholders and partners.
- ➤ What is already being done in the field, using ACE-informed care? What is the data telling us?
- ➤ Determine some Champions or Ambassadors across Montana?
- Figure out the initial training of trainer strategy, and then the next wave.

Groups members included: Todd Garrison – Executive Director, ChildWise Institute; Julie Fisher - Board of Crime Control, Juvenile Justice Specialist; Dale Tunnell – Chief, Investigations Bureau – Dept. of Corrections; Vicki Turner – Dir., Prevention Resource Center – DPHHS; Jamey Petersen, Grants Manager, Children's Trust Fund; Sarah Corbally - Administrator, Child & Family Services; Peg Shea – Principal, Better Brain MT; Sue Chvilicek, 6th Judicial District Youth Court, Livingston.

### **ADDITIONAL ACTIVITIES:**

The MT CTF Request for Proposal for 2013-2014 and 2015-2016 included a section entitled: **Cooperating Organizations.** No single program or project can serve all the needs of a family. Programs benefit from fostering the development of a continuum of preventive services for children and families through State and community-based public and private partnerships. Identify collaborative partners and their services involved with your program or organization. What is the process for referrals in the community? What are the community's resources, and gaps in services?

**Per the 2013-2014 and the 2015-2016 MT CTF RFPs**, programs submitting requests for funding needed to include 3 Letters of Support from Cooperating Organizations/Community Partners. The programs also needed to include 2 letters of



support from Consumers and/or Parents/Caregivers who have used their program in the community.

<u>4.4.4 Parents'/Consumers' References.</u> Offeror shall provide at least two (2) letters of support from parents/consumers that are currently using or have used services of the type proposed with the program in this RFP. The MT CTF Board reserves the right to use any information or additional references deemed necessary to establish the ability of the offeror to perform the contract. Negative references may be grounds for proposal disqualification. The letters of support shall be included in the Appendix/Attachment Section.

4.4.5 Cooperating Organizations. The MT CTF goal is to have a comprehensive, coordinated system that provides governance structures and leads to strong collaborations in order to best meet the needs of Montana's youngest citizen and their families. The most effective way to meet the challenge of preventing child abuse and neglect is for all programs, both public and private, to work together in partnership with families and other disciplines such as social services, health and mental health, child care, respite care, early childhood, education, head starts, law enforcement, faith-based organizations (FBO) and other CBOs, fatherhood and healthy marriage programs, tribal social services, Indian Health Services and tribal Health Departments, and other appropriate advocacy groups in the community.

Programs must demonstrate cooperation, collaboration and support from community partners as a requirement of the application.

- a. Describe the process for referrals in the community.
- b. Provide at least 2 letters of support from community partners. Include in the Appendix/Attachment Section.

In **2013** the MT CTF became more engaged in the Adverse Childhood Experiences (ACE) movement and survey. Board and staff participated in trainings and events focused on what we as a society, community and individuals can do to decrease ACE risk factors. Seeing the importance of increasing ACE awareness in Montana the MT CTF offered mini grants to community groups to attend two 2-day conferences which offered continuing education credits and provided workshops.

ChildWise and Intermountain Children's Home, hosted multiple training opportunities and workshops including two ACES Summits; which gathered attendees from all across Montana to hear speakers such as: Dr. Robert Anda, Co-Principal Investigator of The Adverse Childhood Experiences (ACE) Study; along with Laura Porter, Director of ACE Partnerships for WA State Dept. of Social Services; and Christopher Blodgett, Ph.D. Director for the Area Health Education Center of Eastern WA/CLEAR Trauma Center. The theme of the summit, "Elevate Montana" gained tremendous support and momentum from Educators, Legislators, Juvenile Justice, Head Start, Early Childhood Coalition, Youth Connections, Non-Profits, Mental Health Professionals and others, all with the goal of elevating the wellbeing and future of Montana's children.

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

Additionally, the MT CTF board provided funds for child abuse and neglect prevention advocates to attend Annual The Great Beginnings, Great Families conference, which provided workshops to support Montana's families; as well as, opportunities for networking. The conference was provided by a partnership between Best Beginnings, Montana Department of Public Health and Human Services, and Maternal and Early Childhood Home Visiting.

In 2013 the MT CTF worked diligently to form a statewide coalition to assist in writing the CDC's Essentials for Childhood grant. We have continued to collaborate in state on a variety of activities and maintain open lines of communication with the CDC as a group to stay informed or resources and future funding opportunities related to the Essentials of Childhood. Members of this collaboration come together regularly to stay informed of activities and work on projects together. Most recently the MT CTF, in partnership with the University of Montana, Department of Social Work completed a Data Systems evaluation projects in collaboration with many of our existing partners as well as others. We are currently working on a Child Sexual Abuse Prevention research project along those same lines of collaborations.

### **COLLABORATION AND COORDINATION: APPLICATION 2015:**

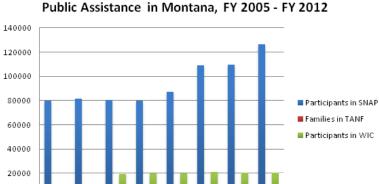
The MT CTF will continue to build new and strengthen existing collaborations and partnerships in order to enhance and strengthen the primary prevention of child abuse and neglect in Montana. The MT CTF State Lead will continue with all current collaboration efforts and will strive to build new partnerships.

Additionally, with support from the MT CTF board, partners and community we have begun to create new funding streams to support our collective and collaborative efforts. We anticipate much growth in the 2015-2016 cycle.

# X. PREVENTION SERVICE ARRAY, NEEDS ASSESSMENT AND CRITERIA FOR FUNDED PROGRAMS

### **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

### **ASSESSING THE UNMET NEEDS IN MONTANA:**



The MT CTF is acutely aware of the ever growing need for services in Montana. Given the rural and frontier nature of all of Montana, our populations can face some unique challenges such as lack of transportation, easily accessible services, etc.

Persons in poverty, 2009-2013

To make tough funding decisions and help those who might be at the highest risk for child abuse and neglect, the MT CTF stays up to date on the latest data to better target our limited resources. We understand that being a caregiver can be challenging under the best of circumstances and hope that we can give caregivers the tools they need to better care for their children and make it through challenging times.

2007

2006

2008

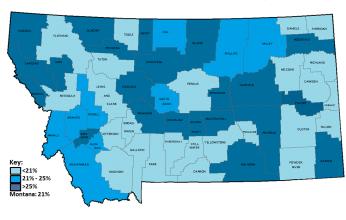
2009

2010

2011

# LACEN RATHAGO GANCEL LACE TODICIDA RATHAGO RATHAGO

### Children under 18 in poverty, 2012



As shown in the maps and chart (based on data from U.S. Census Bureau and Montana KIDS COUNT 2014 Data Book), most of Montana's 56 counties have a significant portion of the population living on incomes less than 100% of the federal poverty level. While our limited resources can not reach all of Montana at this time, the MT CTF does it's very best to collaborate with other organizations and intities to assess the unmet needs of our state and collectively plan for the future, leveraging funds and resources and creating a strategy to better serve our state.

### Per the MT CTF RFP: All funded programs must include a **Statement of Need:**

The Statement of Need must describe in detail the importance of the program, geographic location, target populations, and existing services that demonstrate the need for the identified project activities. Include statistical data from the last complete state fiscal year including total numbers of children and families served.

Address the following questions:

- **a.** Describe the needs and concerns in your demographic area.
- **b.** What are the separate elements of each?
- **c.** Describe the demographics of the communities within the defined service area.
- **d.** Is the program area a high risk area as defined by a needs assessment?
- e. Describe the local resources that exist in your demographic area.
- **f.** Describe the gaps between needs and available resources.
- **g.** Describe the consequences of the unaddressed need(s) or problem(s).
- **h.** Programs applying for the first year of funding need to provide the number of children and families served to date during the current program year if available.

Include a narrative describing the children and families served. Please provide unduplicated counts. Programs applying for the first year of a Children's Trust Fund Grant would need to provide the number of children and families served to date during the current program year.

Funded programs include information found in KIDS Count, other state needs assessments, and information from the child welfare agency annual report of child abuse statistics, etc. Programs applying for funds must provide a Goals and Objectives Section.

### The Goals and Objectives section reads:

Realistic and clearly written program goals and objectives are essential in a high quality proposal.

- Describe the desired outcomes of the program and relate to the community needs. Objectives are specific, measurable statements of the outcomes expected from the program. Outline several specific, measurable indicators of how the program will attain the goals.
- Describe in detail each program activity and desired outcome for each.
- Describe the evidence base for each of the activities.

The MT CTF RFP uses the CBCAP Program Instructions as a guide. The **Methods Section** reads: The section describes how your program achieves the goals and objectives and how needs are addressed. The methods section is one of the largest sections of the grant proposal.

### Also in the RFP is a section on **Evaluation**:

The evaluation serves as a guide for monitoring and modifying program activities. This section explains how the proposed objectives will be measured to determine if the program is

effectively and efficiently reaching the proposed Goals and Objectives. Include a description of the data that will be collected. Include a description of the number of the potential individuals and families served, noting and including if possible, families with children with disabilities, parents with disabilities, and the involvement of a diverse representation of families in the design, operation and Evaluation of your program. Include examples of evaluation tools you will use.

Quarterly Reports: All funded programs must submit Quarterly Reports and a Final Report.

1.5.8 Quarterly Reports. Successful applicants will submit Quarterly Reports to the MT DPHHS, Grant Manager on or before the due dates. Quarterly Reports are a qualitative evaluation component of the program and are an opportunity to share the progress and accomplishments of a program throughout the program year. Three quarterly reports and a Final Report are required annually. No more than 30 days after each quarter, successful applicants will submit a quarterly report designed and monitored by the State Liaison.

Attached is a copy of the 2013-2014 Montana Children's Trust Fund's RFP.

# THE MT CTF HAS ADDRESSED THE UNMET NEEDS IDENTIFIED BY THE INVENTORY AND DESCRIPTION OF SERVICES:

Per the MT CTF RFP: The MONTANA CHILDREN'S TRUST FUND BOARD ("MT CTF") is seeking contractors to provide primary and secondary child abuse and neglect prevention program and services The purpose of the funding is to support community-based efforts to focus primarily on the prevention of child abuse and neglect; to fund programs to provide support to families in nurturing healthy children in safe environments; to strengthen a community's capacity building; and to reduce the likelihood of child abuse and neglect by targeting the five protective factors.

### **Intent of the Request for Full Grant Proposals 2013-2014:**

The Goal of this RFP is to fund programs that provide child maltreatment prevention and strengthening families programs across the State of Montana. Programs may include:

- A. Local Community-Based Projects. Community-based programs and services designed to use demonstrated, evidence-based, or evidence-informed strategies with children and families in order to prevent child maltreatment and to strengthen families and communities. A \$15,000 maximum grant award is available for the Local Community Based Projects.
- B. Family Resource Centers (FRCs). Family Resource Centers provide a variety of community-based and prevention-focused programs and activities to strengthen and support families to prevent child abuse and neglect. Family Resource Centers should work strategically across disciplines and systems to promote thriving children, families, and communities. Centers focus their efforts on individual, family and

community strengths. A \$30,000 maximum grant award is available for the Family Resource Centers.

Programs are required to have a comprehensive prevention strategy, including services to, among others, "parents who are adult former victims of child abuse and/or neglect."

### 2.0 AUTHORITY

The RFP is issued under 18-4-304, Montana Code Annotated (MCA) and ARM 2.5.602. The RFP process is a procurement option allowing the award to be based on stated evaluation criteria. The RFP states the relative importance of all evaluation criteria.

Following the **2010 Reauthorization of CAPTA**, **Title II**, the purposes of the Community Based Child Abuse Prevention (CBCAP) program are:

- 1) To support community-based efforts to develop, operate, expand, and enhance and, where appropriate, to network initiatives aimed at the prevention of child abuse and neglect;
- 2) To support networks of coordinated resources and activities to better strengthen and support families to reduce the likelihood of child abuse and neglect (including respite care services, home visiting services and follow-up services);
- 3) To foster understanding, appreciation and knowledge of diverse populations in order to effectively prevent and treat child abuse and neglect.
- 4) To include services and develop a continuum of prevention services for unaccompanied homeless youth and those at risk of homelessness;
- 5) To involve parents in program planning and implementation;
- 6) To have the option to include support programs for substance abuse services; and
- 7) To have the option to provide domestic violence service programs for children and their non-abusing caregivers.

Families shall not be mandated or placed into programs funded by the MT CTF. Funded services must be entirely voluntary in nature.

The MT CTF RFP includes a section: Who May Apply? This section reads:

All local, non-profit agencies and community-based organizations that provide primary and secondary prevention services may apply for grants. The most effective way to meet the challenge of preventing child abuse and neglect is for all programs, both public and private, to work together in partnership with families and other disciplines such as:

- social services;
- health and mental health;
- child care:
- respite care programs;
- early childhood;
- education;
- law enforcement;
- faith-based organizations (FBO);

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

- other community-based organizations;
- fatherhood;
- healthy marriage programs; and
- Other appropriate advocacy groups in the community.

The MT CTF Board Grant Review Committee, made up of Board members and the Grant Administrator review the RFPs each spring to determine the merit of programs asking for funding. The MT CTF Board uses the RFP as a guide for choosing the selected programs for funding.

The description of services offered by all or portions of the funded programs:

- ➤ Group-based parenting education and support services;
  - One-on-one parenting support and information;
  - Quarterly parenting classes using Love and Logic curriculum;
  - play groups for children and their parents;
  - Resource libraries with computers, printers, and telephones;
  - targeted programs for teen parents;
  - Dad's Night and Gym day programs; and
  - Community resource and referral service centers.
- ➤ Breast-feeding support;
- > Individual coaching;
- Instruction in appropriate development expectations- Parent skill-building;
- > Family-based coaching;
- > Support group sessions;
- > CPR/First Aid classes, bicycle safety classes, and safe food handling;
- ➤ Home Start Kindergarten Readiness;
- ➤ ADD/ADHD Behavioral Management;
- ➤ Home visits to provide opportunities to address safety issues including protective factors to prevent abuse and neglect, reducing risks of domestic violence, alcohol or other drug abuse, second hand smoke, and other inappropriate adult behaviors;
- ➤ Parent education classes utilizing the Nurturing Skills Parenting Program;
- > Community and public awareness;
- ➤ Parent Leadership activities;
- Movement, role-playing, art, games, sharing food and other nurturing activities;
- ➤ Child development education and appropriate discipline workshops;
- > Outreach services;
- ➤ Anti-victimization/child safety;
- Respite care;
- > Peer mentors to assist in the successful transitions:
- ➤ Services to prevent generational abuse & neglect and future criminality by providing incarcerated parents and their extended families with parent education, social and emotional support, child development information; and long-term visiting services and respite care;
- ➤ Literacy programs;
- Social educational outlets for at-risk families with young children;

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

- ➤ Community innovative projects with Parents as First Teachers Programs;
- ➤ SOAR (Start Off and Read) program for new and first-time parents;
- ➤ Cultural family events;
- ➤ Respite care services;
- ➤ Nutritional Education;
- ➤ Life management skills training and stress management skill building;
- ➤ "Warm lines"; and
- > "Community capacity building opportunities; and
- > Peer counseling and crisis interventions.

The network consists of programs using evidence-based and evidence-informed practices. Majority of the funded programs are at level II, Level III and Level IV. Examples of Curricula used, (but not limited to):

- ➤ The Nurturing Parents Program;
- Nurturing Fathers Program;
- > Parents as Teachers;
- > Parenting Wisely;
- Active Parenting including 1,2,3,4 Parents!;
- Circle of Security;
- > Parents Anonymous; and
- ➤ Love and Logic.

The Statewide Network established with the funding from CBCAP funding and State Special Revenue accounts have helped build a statewide prevention network throughout Montana. Funding directed to the Family Resource Centers targeted to specific programs and populations. The network balanced across the state, given the size of Montana and its rural nature. Each program is sensitive to the needs of the communities they serve and provide programs that seek to meet those needs and fill in where there are gaps in services to parents and families. Programs in rural and frontier areas have been innovative in finding ways to serve families in remote areas.

Below is a list of 2013-2014 funded programs. A short description of the programs and services follows each. The 2015-2016 programs will be similar In addition to the Best Beginnings Community Coalitions that we will be funding.

#### ∖Daniels Sheridan Glacier Lincoln Toole Hill Blaine ر Phillips ر Valley Roosevelt Flathead Richland Chouteau Teton Fergus Garfield Judith ) | Basin) <u>Prairi</u> Rosebud Musselshell Fallon Custer sweeti grass Powder River Carter Big Horn Madison Key:

### **2013-2014 Grantees**

#### **STATEWIDE**

<u>PURPLE MT</u> is a statewide initiative aimed at Shaken Baby Syndrome (SBS) prevention utilizing The Period of PURPLE Crying Program, currently administered through Healthy Mothers Healthy Babies – MT. The Period of PURPLE Crying Program educates new parents about early infant crying, coping strategies, and the dangers of shaking their baby. Services provided through PURPLE MT include providing community and state partners with information about the National Center on Shaken Baby Syndrome and The Period of PURPLE Crying Program, training opportunities and resources, and 1st year start-up materials offered free of charge for all Dose 1 providers.

### **BILLINGS, MT**

**FOREVER FAMILIES** offers support to foster and adoptive parents with the goal of ensuring adoptions remain viable and adoption disruption does not occur resulting in the children returning to foster care. Forever Families hopes to increase awareness concerning the stresses related to and as sit in ensuring adoptive parents are thoroughly prepared and support. Forever Families provides post-adoptive services through support and education to families including respite events for parents, Grandparents Raising Grandchildren, parent driven support groups, parent lead mentor program, training for parents, family fun activities, and a resource center. The MT CTF funds Forever Families' services in Yellowstone, Stillwater, Carbon, Sweet Grass, Big Horn, Fergus, and Musselshell Counties.

### **BILLINGS, MT**

**FAMILY SUPPORT NETWORK** provides parenting classes combining an evidenced-based

program, Nurturing Parenting Program, and Native American culture and traditions for families in the Hardin and Crow Agency area. The MT CTF funds the Family Support Network's services in Big Horn County.

### **BOZEMAN/BELGRADE, MT**

<u>THRIVE</u> established the Parent Place as a place for parents to receive parenting classes, support groups, resource library materials, home visiting, and community resource referrals. Parent Place offers Love and Logic and Parents as Teachers classes, "Dynamite Dads" support group, Thriving Babies, Thriving Tots, Thriving Kinders, Thriving Sixth Graders, one-on-one parenting consultations, and family activities.

### DILLON, MT

THE WOMEN'S RESOURCE/COMMUNITY SUPPORT CENTER (WRC) was established to prevent and eliminate domestic violence, sexual assault, and stalking through direct services to victims and their children. Prevention and education groups include Girl's Group, Beaverhead Boy's Club, Circle of Security, and Suicide Prevention. The center also provides the "Strengthening Rural Families" program including parenting classes and outreach, counseling services, safe houses, legal advocacy, a 24-hour crisis hotline, and other victim advocacy help.

### **GLENDIVE, MT**

THE NURTURING TREE FAMILY RESOURCE CENTER provides a place to find information and resources on raising children from infancy through the teenage years. The Nurturing Tree offers a wide-variety of community-based and prevention-focused programs and activities to strengthen and support families such as Love and Logic parenting classes, support groups for young parents, self-help parent support groups, Nurturing Fathers programs, Grandparents raising Grandchildren support groups, youth development, social connections, home visits, and resource and referrals.

### **GREAT FALLS, MT**

<u>ALLIANCE FOR YOUTH</u> connects community resources to and provides opportunities for children, families and teens to advance their healthy development. Parenting education programs offered by Alliance for Youth are Parenting Wisely and Circle of Security.

### HELENA, MT

THE LEWIS AND CLARK CITY-COUNTY HEALTH DEPARTMENT helps provide parents with the knowledge and resources they need to make the first years of their child's life the best they can be. The Lewis and Clark City-County Health Department will utilize Year Round Parenting from the Heart parent education and support program. Other programs include Circle of Security parent education, Parents Anonymous parent support, and Parents As Teachers Home Visitation.

### LIVINGSTON, MT

### **COMMUNITY HEALTH PARTNERS/LEARNING PARTNERS FAMILY CENTER'S**

mission is to strengthen and support families in south central Montana. Services are aimed at enhancing and expanding services to meet the unique needs of families who began parenting as

teenagers. The program offers Parents As Teachers home visits, Dialectical Behavioral Training, parent classes, parent support groups, early childhood education, primary health care access, and a family resource center.

### MILES CITY, MT

**DEVELOPMENTAL EDUCATION ASSISTANCE PROGRAM (DEAP)** provides family education, support, childcare, health nutrition, home visiting, social activities, parent/child activities, respite care, parent leadership, resources and referrals, and residential services to families, children and adults. DEAP also holds a 6-week summer program for school age children with disabilities, which involves skill building, specialized services and community education, awareness and social/recreational experiences.

### MISSOULA, MT

WOMEN'S OPPORTUNITY RESOURCE DEVELOPMENT, INC. creates opportunities that inspire and support women's development, leadership and choice, for the benefit of our entire community. WORD promotes the strengthening of support networks for families, family and community knowledge of child abuse prevention, and leadership abilities in parents and community leaders. This occurs through programs such as Futures, Families in Transition, and Mentors in Violence Prevention. The Parents as Leaders (PALS) project provides evidence-based programs including Love and Logic, Circle of Security, and The Right Question Project.

### MISSOULA, MT

THE PARENTING PLACE supports parents and families, especially in the form of parenting skills training and coping skills during times of stress or crisis. The Parenting Place provides the Nurturing Program parenting classes, Parent Aide Home Visitation, respite care, parent leadership opportunities, family events, and resources and referrals. The MT CTF funds The Parenting Place's services in Missoula County.

### THOMPSON FALLS, MT

<u>SUNBURST COMMUNITY SERVICE FOUNDATION</u> offers Circle of Security parenting classes and parent/child activities. Sunburst also provides a Family Concepts Home Visitor Program. Sunburst will be expanding to include parent support groups.

### SIDNEY, MT

THE RICHLAND COUNTY FAMILY RESOURCE CENTER, in accordance with the District II Alcohol and Drug Program, offers community-wide parenting classes using the Nurturing Program, 1,2,3,4, Parents!, Active Parenting of Teens, and Parenting Wisely. The Center also offers a resource and referral service. The ultimate goal is to foster positive family relationships by continuing to strengthen families in Richland County.

THE MT CTF DEMONSTRATES EFFECTIVE DEVELOPMENT, OPERATION AND EXPANSION OF COMMUNITY-BASED AND PREVENTION-FOCUSED PROGRAMS AND ACTIVITIES THAT MEET THE REQUIREMENTS OF THE CBCAP PROGRAM.

### Montana Children's Trust Fund CBCAP Annual Report and Application 2015

The MT CTF contracted with all the programs listed in the above section for the 2013-2014 granting cycle. The MT CTF is a leader and voice for child abuse and neglect prevention programs statewide. The available funding was awarded for:

- 1) Local Community-based Programs (\$15,000.00 maximum grant award); and
- 2) Family Resource Centers (\$30,000 maximum grant award)

Per the MT CTF RFP: Grant funds from the MT CTF must be used solely for the purpose of primary and secondary child abuse and/or neglect prevention services to residents of Montana and may not be expended for treatment or tertiary prevention. Families shall not be mandated or placed into programs funded by the MT CTF. Funded services must be entirely voluntary in nature.

The statewide network established with the funding from CBCAP funding and State Special Revenue accounts have helped build a statewide prevention network throughout Montana. Funding directed to the Family Resource Centers targeted to specific programs and populations. The network is balanced across the state, given the size of Montana and its rural nature. Each program is sensitive to the needs of the communities they serve and provide programs that seek to meet those needs and fill in where there are gaps in services to parents and families. Programs in rural areas have been innovative in finding ways to serve families in remote areas.

On the next page is a regional representation of the MT CTF funding and programs created by Melissa Lavinder, the MT CTF Program Specialist and Technical Assistant. She collaborated with the Missouri Children's Trust Fund (MO CTF) to come up with a similar design to that of the MO CTF and requested permission to use their overall concept.



### Child Abuse and Neglect Prevention Grants Fiscal Year 2014

- •Community Based Child Abuse Prevention Program (CBCAP) Grantees
- •General Child Abuse & Neglect Prevention Grantees
- Discretionary Child Abuse & Neglect Prevention Projects

### Total Funding Statewide \$304,951.19

North Western Region	\$45,000	South Western Region	\$70,000
The Parenting Place		Community Health Partners	
Missoula County Respite Child Care Program	\$15,000	Park County Learning Partners	\$25,000
	,,	Ŭ	,,
Sunburst Community Services Foundation		Lewis & Clark City County Health Department	
Sanders, Lincoln, Ravalli, & Lake Counties  Connecting with your Kids	\$15,000	Lewis & Clark, Broadwater, & Jefferson Countie Year Round Parenting From The Heart	∋s - \$15,000
Connecting will your rids	φ10,000	rear Rooma rareming from the fream	φ10,000
WORD, Inc.		Thrive	
Missoula & Ravalli Counties  Parents as Leaders	\$15,000	Gallatin County Parent Place Parents as Teachers Program	\$15,000
raienis as Leadeis	\$13,000	raieni riace raienis as reacheis riogiani	\$13,000
North Central Region	\$10,000	Women's Resource & Community Support Cer	nter
Alliance for Youth, Inc.		Beaverhead & Madison Counties	<b>#</b> 1 F 000
Cascade County Circle of Security & Parenting Wisely	\$10,000	Strengthening Rural Families	\$15,000
ende of decomy at arething wisely	\$10,000	Statewide	\$150,000
Eastern Region	\$40,000	Healthy Mothers, Healthy Babies - MT	
The Nurturing Tree  Dawson County		Period of PURPLE Crying Program	\$110,000
Parent Resource Center	\$15,000	University of Montana - School of Social Work	
	φ. ο,οοο	Child Abuse & Neglect Data System's Evaluation	\$40,000
Developmental Educational Assistance Progr	am		
Custer County DEAP Summer & School Year Program	\$10,000		
DEAL Sommer & School real Hogiam	\$10,000		
District II Alcohol & Drug Program			
Richland County	<b>#15000</b>		
Family Resource Center	\$15,000		
South Central Region	\$29,951.19		
Family Support Network			
Big Horn County Triple P: Parent Leadership Approach Program	n \$1/1071 10		
mple 1.1 drem Leadeiship Approach Hogidi	rr Ψ14,//1.1/		
Forever Families			
Yellowstone, Stillwater, Carbon, Sweet Grass, Fergus, & Musselshell Counties	Big Hom,		
Foster & Post-adoptive Services	\$14,980		
The state of the s			

ChildrensTrust.mt.gov

### **DESCRIPTION OF THE NUMBER OF INDIVIDUALS AND FAMILIES SERVED:**

The chart below reflects numbers provided by MT CTF grantees though their quarterly and final reports for contract dates July 1, 2013 through June 30, 2014.

### JULY 1, 2013 THROUGH JUNE 30, 2014

REFERENCE QUARTERLY REPORTS

	CHILDREN	ADULT	TOTALS
PARENTING EDUCATION	1160	1201	2361
HOME VISITING	523	324	847
ANTI-VICTIMIZATION/SAFETY	94	342	436
<b>COMMUNITY AWARENESS</b>	3221	18814	22035
PARENT/CHILD ACTIVITY	2681	1815	4496
RESPITE CARE	118	85	203
PARENT LEADERSHIP	1705	1557	3262
RESOURCE AND REFERRALS	201	528	729
FRC/GENERAL/MENTORING	283	245	528
TOTALS SERVED	9986	24911	34897
INDIVIDUALS W/DISABILITIES			1076

	Children	Adults	Total	Participants w/Disabilities
Participants in Direct Services **	6765	6097	12862	1076
Participants who received public awareness/education**	3221	18814	22035	
Total	0006	24011	24007	

<sup>\*\*</sup>Chart: Participants with disabilities are included in these numbers and are also shown separately.

### XI. OUTREACH ACTIVITIES FOR SPECIAL POPULATIONS

### REPORT: OUTREACH ACTIVITIES FOR SPECIAL POPULATIONS

The MT CTF strives to include outreach for special populations and cultural competence efforts in all efforts and in all areas of funding.

In the Montana **2013-2014 MT CTF RFP** (attached), programs are mandated to include a section on outreach. The **Outreach** section reads:

- 3.5.2 Public Awareness. Include Public Awareness as one of the goals and show through the objectives how the program intends to carry out activities at the community level to promote funded program services and the MT CTF.
- 3.5.3 Child Abuse Prevention Month. Describe the activities the program will coordinate or participate in observance of April as Child Abuse Prevention Month (Strengthening Families Month.) Public information activities that focus on the healthy, positive development of parents and children along with the promotion of child abuse and neglect prevention activities may be included.
- 3.5.4 Developing a continuum of services for unaccompanied homeless youth and those at risk for being homeless. Describe how your program will work to serve this diverse population.
- 3.5.5 Parental involvement in program planning and evaluation. Describe how your program will accomplish Meaningful Parent Leadership. Parent Leadership occurs when parents address the challenges of parenting, gain the knowledge and skills to function in meaningful leadership roles and represent a "parent voice" to help shape the direction of their families, programs and communities. Shared Leadership is successfully achieved when Parents Leaders and professionals build effective partnerships and share responsibility, expertise and leadership in decisions being made that affect families and communities.

QUALIFICATIONS: All local, non-profit agencies and community-based organizations that provide primary and secondary prevention services may apply for grants. The most effective way to meet the challenge of preventing child abuse and neglect is for all programs, both public and private, to work together in partnership with families and other disciplines such as social services, health and mental health, child care, respite care programs, early childhood, education, law enforcement, faith-based organizations (FBO) and other community-based organizations, fatherhood and healthy marriage programs, and other appropriate advocacy groups in the community and the faith-based community.

The MT CTF follows the mandates set forth in the reauthorization of the CAPTA, Title II. The MT CTF states the purposes of the CBCAP program are:

- 1) To support community-based efforts to develop, operate, expand, and enhance and, where appropriate, to network, initiatives aimed at the prevention of child abuse and neglect;
- 2) To support networks of coordinated resources and activities to better strengthen and support families to reduce the likelihood of child abuse and neglect; and
- 3) To foster understanding, appreciation and knowledge of diverse populations in order to effectively prevent and treat child abuse and neglect.
- 4) To have programs involve parents in program planning and implementation; and
- 5) Include among support programs substance abuse treatment services and domestic violence victims.

Also in the RFP is a section on Evaluation. The Section reads:

**Evaluation**: The evaluation serves as a guide for monitoring and modifying program activities.

- <u>3.7.1 Measurements.</u> Explain the measurements of the proposed objectives to determine effectiveness and efficiency.
  - a. Include a description of the proposed collected data.
  - b. Include a description of the number of the potential individuals and families served.
  - c. Where applicable include:
    - i. Families of children with disabilities.
    - ii. Parents with disabilities.
  - iii.Involvement of a diverse representation of families in the design, operation and evaluation of your program.
    - iv. Unaccompanied homeless youth or homeless families.
    - v. Former adult victims of domestic violence and/or child abuse or neglect.
    - vi. Include examples of evaluation tools utilized.

### EXAMPLES DESCRIBING OUTREACH EFFORTS TO SPECIAL POPULATIONS-FROM 2013-2014 FUNDED PROGRAMS:

**ALLIANCE FOR YOUTH:** We have attempted to reach at-risk populations by communicating with various agencies that are most likely to have contact with at risk and special needs populations. Due to the high rate of child abuse and neglect in our community, we prioritize high risk population.

COMMUNITY HEALTH PARTNERS (CHP): CHP serves as a central location for many programs. This allows for seamless outreach to special populations. CHP's medical and dental clinic serves people living in poverty. All pre-natal patients and families with children under the age of 3 are visited by a PAT home visitor while in the exam room. CHP also employs several onsite mental health counselors. Counselors walk clients to the PAT office when appropriate. WIC sets up shop at CHP twice a month. PAT home visitors meet with every WIC client to offer services. TANF's WORC program is housed at CHP. We have formal Memorandums of Agreement with Park County's domestic violence prevention program, alcohol treatment center, tobacco prevention coalition, job service, food pantry, and local hospital.

**DAWSON COUNTY HEALTH DEPARTMENT:** Our programs and activities are carefully designed to meet the diverse needs of any parent/caregiver's child who uses the resource. Our staff is knowledgeable and flexible enough to see specific needs and make changes accordingly during activities. One of the ways we meet special needs in our parent/child groups is by incorporating sign language and baby signs in our activities. This allows us to effectively communicate with all participating children, without setting special needs participants apart from the rest.

Our staff has received positive feedback from parents without special needs as well as parents of children with special needs. Another way we have updated our outreach was with the help of the library, as they updated the entrance of the building with handicap accessible buttons and doors. This made it easier for parents of multiple children with many bags/car seats/strollers to access the building as well as any person with a handicap. We are continually evaluating our programs to make sure they serve all participants and adjusting accordingly to meet everyone's needs to the best of our ability.

**DEVELOPMENTAL EDUCATIONAL ASSISTANCE PROGRAM (DEAP):** DEAP's CTF total grant funding is for activities with teens with disabilities and their parents.

For the 2013-2014 the MT CTF grant supported provision of services & supports for teens with disabilities and their parents. DEAP provides an intense summer program providing outreach activities in the Miles City community to 12-15 teens with disabilities for 6 weeks, 6 hours a day. Activities include all the work associated with a community garden, involvement in specialized services such as PT, OT, speech therapy, meal preparation with local FSNEP extension agent, swimming, library and art center activities, fishing and hiking, etc.

Also twice weekly recreational/leisure activities during the school year for 12-15 teens with disabilities and parents to engage in community activities such as going out to dinner, sports activities including bowling, crafts and art projects, movies, meal preparation and clean up, etc. Occur Monday evenings from 5-8 and Wednesday afternoons from 2-5. (School is out early on Wednesday afternoons.)

Members of other underserved or underrepresented groups (i.e., Fathers)
Fathers of teens with disabilities are included in outreach activities although more are able to participate in the Monday evening activities than the day ones. Male direct support professionals are used to accompany the teens with disabilities for individualized support when engaged in challenging physical activities or because need behavioral support and intervention.

**DISTRICT II ALCOHOL & DRUG PROGRAM:** One special population that was reached out to was parents who were divorcing. The FRC wrote for a grant to purchase 10 uses of the Children in Between curriculum, which places emphasis on healthy home environments for families when the parents will no longer be married. The grant was obtained, and to date 5 of the 10 uses purchased have been completed.

Other outreach done was to at-risk families who may be involved in the legal system. This was done through placing brochures at the County courthouse, and sending letters to the lawyers and judges in the county who may have clients that could benefit from the FRC's parenting programs.

Lastly, the FRC expanded its DVD collection at the library, since most resources checked out are DVD's. Topics that reach special populations include special needs children with Down Syndrome and Autism, families dealing with addiction and recovery, and families dealing with a loved one that has Alzheimer's disease.

**FAMILY SUPPORT NETWORK:** All classes and activities were promoted to Native American families living on the Crow reservation. Jacinta Stewart, a Native American raised on the reservation, served as Parent Liaison and assisted with promoting classes and ensuring their cultural relevancy. Classes were advertised through means that best reach a majority of community members. The Big Horn Brief is a popular daily newsletter read by many people throughout Big Horn County and flyers were hung at frequented business such as clinics, gas stations, and the tribal offices.

**FOREVER FAMILIES**: All of our programs and services provided by Forever Families are for all families built by adoption. 84% of children from these families have a mental illness, physical disability or learning disability. Given the fact that their birth parents have used drugs or alcohol and or are mentally ill or that the children are in the child protective system due to abuse or neglect these factors can hinder a child's development.

LEWIS & CLARK CITY-COUNTY HEALTH DEPARTMENT: Racial and Ethnic Minorities: We have a long history of inclusiveness. Our core principle is being non-judgmental and applying cross cultural research based on attachment research to the care of children. We institute lessons learned from the Cultural Competency Training by Kassie Runsabove last fall to honor every parent's background, offer research based skills, and minimize differences, and honor people as parents. We teach how discrimination is learned and unlearned in parenting classes. This is why our COS class has a broad participation of the community from professionals, CASAs, attorneys to struggling at risk, unemployed families of all backgrounds. We always state: "we are all bozos on the same bus of life. We all are learning from each other." This approach makes all welcome which leads to word of mouth promotion. Classes fill without use of any traditional forms of media.

Children and adults with disabilities: Our primary mission is to work with all Helena families and we walk the talk. Many agencies shy away from mentally ill parents. We create relationships and serve. We identify and serve children with emerging delays and secure early intervention. We currently serve disable families with dignity. Agencies in the community are familiar with this inclusive approach and refer families from all special populations.

Homeless families and those at risk of homelessness: Poverty is what we work with every day. Maslow's Hierarchy of Needs approach teaches to connect families with services to mitigate effects of eviction and to prevent homelessness. We refer to community services and continue to work with families through the spectrum of need until sustained housing is achieved.

Unaccompanied homeless youth: As a home visiting team, we are able to find couch surfers. We refer them to services and advocate for them. We work very closely with Florence Crittenden and Juvenile Probation to ensure they receive the services they need.

Adult former victims of child abuse and neglect or domestic violence: We have taken the lead in Lewis & Clark County to use the ACE study to help parents identify their trauma effects from

childhood and offer concrete skills and experiences to work with those effects. Knowing one's ACE score is as important as monitoring blood pressure. The score is important to know for self-awareness. The message then becomes moving from post-traumatic stress to post traumatic healing. We work closely with the Friendship Center and have offered classes at the shelter. We refer domestic violence victims and support those victims through the full spectrum of healing: the personal to knowledge of the system to rebuilding lives.

Members of other underserved or underrepresented groups (i.e., Fathers): Convinced the county health department to change the name of the home visiting program from "Maternal, Child Health" to "Family Child Health." Tell families this is for dads as well and only schedule when dad is available. Classes and support group is very evenly represented.

**THE PARENTING PLACE:** Our outreach this year has been in the form of flyers, brochures and in-services to other programs. By educating other programs in our community about the benefits of respite, we have experienced an increase in appropriate referrals.

**SUNBURST COMMUNITY SERVICE FOUNDATION**: Although there was little targeted outreach to special populations, information was shared with agencies/groups that have a high level of contact with these populations. Ensuring special populations receiving parenting information is one of the goals for the next grant cycle.

**THRIVE:** Our mission at Thrive is to support and strengthen all families in our community and help all children thrive. Therefore, services are available and marketed to all local families. Because we do not limit our services to one "type" of parents or family (i.e. those with disabilities or those at high-risk), we minimize the stigma associated with participation in our programs. This is an important factor at ensuring our programs (which are all voluntary) are well-utilized and meet the needs of all parents seeking support. That being said, in order to have the greatest impact, the Parent Place PAT intake process gives priority to parents facing one or more risk factors for child abuse and neglect. We also make sure that community partners serving children with disabilities or homeless families are aware of our services, so they can refer families facing these challenges that could benefit from additional support.

We have put a great deal of effort in the past year into making our whole community aware of our programs and services. We have been involved in a lot of events designed to share information about local services and supports. The community has numerous resources available and works to create a supportive environment, based on the understanding that all families want to be successful.

**WOMEN'S OPPORTUNITY & RESOURCE DEVELOPMENT, INC.**: PALS reaches out to families who have been underserved including pregnant and parenting young mothers and fathers, families who have experienced homelessness or housing insecurity, low-income families, parents of children with disabilities, grandparents raising grandchildren, and adult victims of child abuse. Demographics for the current year show that we have been successful in reaching the target populations (total served = 92 parents, caregivers, or professionals and 25 children):

- 28% were teen parents
- 28% were single parents

- 30% were male; 14% were fathers
- 22% were grandparents
- 30% identified as other than Caucasian with 23% of those being American Indian
- 5% of parents and children had a disability
- 54% were very low income (\$15,000 or less per year)

PALS has received referrals from programs that serve homeless and at risk families, teen parent programs, Missoula Pre-release, family court lawyers, and residential programs for single mothers.

WOMEN'S RESOURCE/COMMUNITY SUPPORT CENTER: In order to serve our clients to the best of our ability, the Resource Center works to ensure that all programs are inclusive and relevant. Furthermore, the Resource Center thoroughly trains all staff members and volunteers, addressing special needs populations and teaching cultural competence. Outreach to special populations was completed in a variety of ways. First and foremost, the Resource center coordinated with several agencies within the community (medical professionals, office of public assistance, migrant council, churches, etc.) to ensure that others were not only aware of our program but had a thorough understanding of what services were provided and why such services may be beneficial to the clientele served within their agency. To ensure that minority groups could be served, the Resource Center secured an agreement with the migrant council, guaranteeing that an interpreter would be available if and when needed. Those with disabilities were provided with accommodations if needed. All social gatherings allowed participants to interact with one another and were organized to specifically include individuals of all ages, ethnicities, socio-economic status, gender, ability, and marital status.

## APPLICATION: OUTREACH ACTIVITIES FOR SPECIAL POPULATIONS

In **2014-2015** the MT CTF will continue with an array of outreach activities as we have in past years. Activities as listed above will continue.

### Per the MT CTF RFP:

"Program goals must also demonstrate a meaningful commitment to parent leadership, including parents of children with disabilities, parents with disabilities, and racial and ethnic minorities; and to foster an understanding, appreciation, and knowledge of diverse populations and/or cultural competent practices in order to be effective in preventing and treating child abuse and neglect."

### 3.5 GOALS AND OBJECTIVES, programs must include:

This section addresses the realistic and clearly written program goals and objectives and expected outcomes for families. State the project's goals and objectives in terms that lead to specific, measurable outcomes that are community specific and are reflective of the statement of need. Demonstrate that the program goals are consistent and include (but not limited to) the following:

- 3.5.1 Prevention. Describe the desired outcomes of the program and relate to the primary and secondary prevention of child abuse and neglect. Outline several specific, measurable indicators of how the program will attain the goals.
- <u>3.5.2 Public Awareness</u>. Include Public Awareness as one of the goals and show through the objectives how the program intends to carry out activities at the community level to promote funded program services and the MT CTF.
- 3.5.3 Child Abuse Prevention Month. Describe the activities the program will coordinate or participate in observance of April as Child Abuse Prevention Month (Strengthening Families Month.) Public information activities that focus on the healthy, positive development of parents and children along with the promotion of child abuse and neglect prevention activities may be included.
- 3.5.4 Developing a continuum of services for unaccompanied homeless youth and those at risk for being homeless. Describe how your program will work to serve this diverse populations or how your program will collaborate in your community to help address this issue.
- 3.5.5 Parental involvement in program planning and evaluation. Describe how your program will accomplish meaningful Parent Leadership. Parent Leadership occurs when parents address the challenges of parenting, gain the knowledge and skills to function in meaningful leadership roles and represent a "parent voice" to help shape the direction of their families, programs and communities. Shared Leadership is successfully achieved when Parents Leaders and professionals build effective partnerships and share responsibility, expertise and leadership in decisions being made that affect families and communities.
- <u>3.7.1 Measurements.</u> Explain the measurements of the proposed objectives to determine effectiveness and efficiency.
  - d. Include a description of the proposed collected data.
  - e. Include a description of the number of the potential individuals and families served.
  - f. Where applicable include:
    - i. Families of children with disabilities.
    - ii. Parents with disabilities.
    - iii. Involvement of a diverse representation of families in the design, operation and evaluation of your program.
    - iv. Unaccompanied homeless youth or homeless families.
    - v. Former adult victims of domestic violence and/or child abuse or neglect.
    - vi. Include examples of evaluation tools utilized.

The MT CTF will also work to increase our network to include at least one contact per county and/or community who knows what services are available in their area. Due to the rural and frontier nature of Montana, it is a challenge in many small communities to direct people to services. Often services pop up overnight, and the communities can only sustain them for a short

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time. This is why we feel it is important to have a local advocate that knows who is providing services, what services are being provided, and when and where the services are occurring so that we know how to refer people to those services.

The MT CTF will have a regularly updated resource guide posted on the MT CTF website which we will promote in our outreach activities throughout the year. We hope to make at least quarterly updates to our resource guide. This guide will include national, state, and local resources for all of Montana's 56 counties for special populations. The resource guide is a collaborative effort with the Montana Legal Service Association and will provide contact information for:

- > Employment, Education, and Training;
- > Emergency Services and Basic Needs;
- ➤ Family Support;
- ➤ Health, Disability, and Aging Services;
- ➤ Housing;
- ➤ Legal Services;
- > Transportation; and
- > Veterans.

The MT CTF will be giving presentations about our work to the Helena Exchange Club and other civic organizations to raise community awareness. We will also help our grantees begin and/or increase this type of outreach and awareness. There has already been a conversation with the Helena Exchange Club about a major collaborative effort to raise awareness. It is in the beginning stages, but they are potentially interested in providing financial support to do a statewide push for Child Abuse and Neglect Prevention Month and perhaps year round.

Additionally, we will increase our work to build parent leader networks amongst grantees and to provide grantees and parents with more resources. We will give parent leadership trainings to increase participation.

### XII. PLANS FOR PARENT LEADERSHIP AND INVOLVEMENT

### **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

The MT CTF Board and the CBCAP Grant Administrator will continue to emphasize the importance of collaborations and partnerships that offer comprehensive support for parents. Collaborations offer opportunities to increase family stability, improve family access to formal and informal resources and opportunities for assistance available within communities, and support the additional needs of families with children with disabilities through respite care and other services. Collaborations also help to improve the inclusion of parents of children with disabilities, parents with disabilities, racial and ethnic minorities, and members of underrepresented and underserved groups; and provide referrals to early health and developmental services.

Each member of the MT CTF Board is a parent and fully understands their role in Montana's lead agency to prevent child abuse and neglect. They have and will continue to oversee all MT CTF planning, decision making, and evaluations. Throughout the year and at quarterly board meetings, the board continuously adapts their strategic planning to the needs of Montana. Looking forward to a bright future for all Montana children and their families; they work diligently in their own communities to raise awareness and implement programs. They review reports from our grantees to ensure implementation of funded programs is going well and offer feedback and assistance as needed. Finally, they evaluate proposals for funding annually to ensure that the MT CTF funds programs that meet the needs of those in need that are also geographically diverse.

The MT CTF seeks advice from other parent leaders to give direction on strategies and evaluations. The goal is to insure that we hear a broad range of parent voices to ensure they are following through on what is going to make the most difference to their children's lives, build protective factors, and decrease risk factors in our state, communities, and at home.

Per the MT CTF RFP: "Programs must also demonstrate a meaningful commitment to parent leadership, including parents of children with disabilities, parents with disabilities, and racial and ethnic minorities, and to foster an understanding, appreciation, and knowledge of diverse populations and/or cultural competent practices in order to be effective in preventing and treating child abuse and neglect."

3.5.5 Parental involvement in program planning and evaluation. Describe how your program will accomplish Meaningful Parent Leadership. Parent Leadership occurs when parents address the challenges of parenting, gain the knowledge and skills to function in meaningful leadership roles and represent a "parent voice" to help shape the direction of their families, programs and communities. Shared Leadership is successfully achieved when Parents Leaders and professionals build effective partnerships and share responsibility, expertise and leadership in decisions being made that affect families and communities.

Funded programs must submit Quarterly Reports. On the Quarterly reports, programs must report on:

### PARENT/CONSUMER INVOLVEMENT/VOLUNTEERS

A. Indicate how your program encourages parent/consumer/volunteer participation. Include a description of how the parent/consumer(s) participate in the design, implementation, administration and evaluation of your program and note any changes made to the program as direct result of parents'/consumers' feedback.

### OTHER REQUIREMENTS:

The Montana Children's Trust Fund Program holds an Annual Grantees Meeting, usually in the fall. All funded programs must attend this 2-day mandatory training. A Parent Leader may be one of the Program Representatives and is encouraged.

During the Annual MT CTF Grantees meeting, funded programs are given an opportunity to share their stories and experiences with parent leadership. Additionally, there was a Parent Leadership workshop at the 2014 Annual Grantees Meeting for encouraging parent leadership, parent involvement, and parent networks. Each year the MT CTF provides educational resources to grantees to increase the meaningful parental participation in their programs.

Each funded program must provide names and descriptions of the Advisory Boards associated with their programs and provide information and names of Parent Leaders. The MT CTF demonstrates the capacity to ensure the meaningful involvement of parents who are consumers and who can provide leadership in the planning, implementation, and evaluation of programs and policy decisions of the lead agency in achieving the outcome of the funded programs.

Most of the funded programs have Parent Advisory Councils. For example, Dawson County has nine parents who function as the Parent Advisory Board, plus their Coalition has parent and youth sector members. Twice a year the Parent Advisory Board gives an overview assessment and makes recommendations. Parents are invited to annual training opportunities provided by the MSU Extension. Each fall, parents participate in focus group activities to plan the year ahead. The nine Parent Advisors preview new materials and plan for their implementation. The Program has a high percentage of men in their classes and families of all "shapes and sizes" from single parents of both sexes all the way through three generations.

### PARENT LEADERSHIP EXAMPLES REPORTED BY GRANTEES 2013-2014

**ALLIANCE FOR YOUTH:** Parent perspectives regarding the program are solicited at the start of each session. Parents also complete post-program assessments which in part inquire regarding program satisfaction and recommendations for improvement. Parents indicated they would like a bigger group so as to have more people to bounce ideas off and discuss. An intentional over-recruitment will be planned for the January cohort.

Parents are receiving services in a group format which at times provides a mentoring type of relationship among group members. Parents are empowered and learn from one another.

Additionally, Alliance for Youth is working with a Parent Advisory Board which addresses a myriad of community issues, including parenting.

**COMMUNITY HEALTH PARTNERS:** A local foundation has offered Shopko gift cards to families that will try Parents As Teachers. Volunteering at the local soup kitchen has proven to be empowering and intrinsically rewarding. Parents report that they are learning a lot and enjoy meeting with other families when participating in Group Connections.

Parents are encouraged to take on leadership roles whenever possible. Parents plan, prepare, serve and clean up an evening meal once a month at our local soup kitchen. Parents are also involved in organizing, supervising and cleaning up for Open Gym. Parents are encouraged to generate ideas for Group Connections, as well as plan and prepare the meal.

Since last quarter our families have taken over planning, preparing and serving a meal each month at the local soup kitchen. They have served as classroom aides and office assistants at our program. Parents help decide what the Group Connection theme will be and plan the dinner and children activities for the event. Some parents have presented at workshops of medical providers and some have worked with a published author to write their story. Parents made posters promoting healthy family activities and placed posters throughout community.

**DAWSON COUNTY HEALTH DEPARTMENT:** Throughout the summer we saw a great deal of parents who are teachers use our services. These parents were consistent in the summer months and participated in as many programs as possible that were age-appropriate for their children. The teacher consumers offer great value as we strive to create programs that prepare children for school. We heard lots of positive feedback from them and constructive feedback too. We saw number of parents who brought school aged children who were too old for our program and we took steps to meet their needs while their parents and younger sibling participated in our activities. The games and puzzles we used for the older kids were supplied by the library.

One of our parent leadership tools that was recently been updated is our Parent Leadership Kits program that is available for check out. We have a total of 6 kits whose topics include breastfeeding, feeding baby solids, bringing baby home, potty training for girls, potty training for boys and books that help. The kits were designed to help parents research the topics and become comfortable with what they were doing as a parent in these areas. After researching and having experience with their own children, they can then pass the useful information along to other parents who are struggling with the same topics. The kits consist of various resources including books, DVDs, brochures and printouts. After posting the kits on Facebook, they have been a very popular item and we constantly have empty spots on out shelves because of their check out. We use Facebook as a constant outreach tool for all of our events, classes and activities, as we have found that is the best way to keep in touch with the patrons who use our resources.

**DEVELOPMENTAL EDUCATION ASSISTANCE PROGRAM (DEAP):** DEAP's Board of Directors has 2 parents and a sibling of individuals with disabilities. DEAP's Board is a policy making board and approves all policy. One parent has worked to insure that their insurance plan provides needed services for their child with autism and that DEAP can bill those services.

We involved parents in all Mon & Wed night social/recreational activities and in the summer program. Parents were involved in the community garden and participated in community activities. Several parents helped with the summer program with 2 assisting the program director. Two parents will attend the CTF meeting in September and present with the program director.

**DISTRICT II ALCOHOL & DRUG PROGRAM:** The most parental involvement has come from the Active Parenting of Teens class and the Nurturing Parenting Program. In the Active Parenting of Teens class, the parents gave feedback on the handouts for the class PowerPoint, and the Program Director made changes to the handouts for the following class. Several also commented that they enjoyed having lunch provided, that way they did not have to spend time on their lunch break getting lunch and then coming to the program. As a result of this feedback, the next Active Parenting of Teens will also be featured in a similar format, where lunch is provided to the parents.

The next feedback from the parents came from the Nurturing Parenting Program. In their evaluations they completed for the program during this quarter, they stated that they were disrupted by some of the children during the separate adult lesson. To help change this, the Project Coordinator planned a break halfway in between the adult session so the parents could go check on their children, change diapers and to check in with the children's class. So far, this has been a good addition to the program to help it run more smoothly. Also, the other feedback the parents gave was that they enjoyed learning easy crafts they could do with their kids at home with supplies they often already had.

Parent Leadership is an area that the FRC has struggled with this past year. The parents who served on the board previously have decided they would be done with the program after spending four years serving as the Parent Leaders. Throughout the year, several attempts were made to recruit parents, such as the Parent Café and the different parenting classes. Parents attend the Parent Café and give their input on ideas they would like brought to the discussion, but overall, not much parental input was given in directing the FRC and its programs. The input that was given to help with the parenting classes was taken from the evaluations that each parent filled out at the end of each parenting class. However, due to the time constraints of most parents, and the time of the bi-monthly board meetings, most parents have been unable to commit to being on the FRC board.

**FAMILY SUPPORT NETWORK**: Instructor Kathy Dillman met with parents once during this quarter. At the end of the session, she asked for feedback from parents and children: What did you like? What would you have changed? What did you learn? Etc. The Parent Leaders in Crow Agency and Wyola helped with preparations for the first seminars and provided input on what activities would work best with families in their respective communities.

Jacinta Stewart served as a Parent Liaison in both communities. She assisted with teaching the seminars, particularly by providing examples that made the information more culturally relevant. She also assisted in leading the family activities. Kathy Dillman recruited another parent from one of her classes who demonstrated positive leadership skills. This parent helped coordinate April's Feathers in Flight activity by finding a site in Crow Agency, having her son draw a poster, and working with the tribe to get approval for the activity. She also assisted during the

event by organizing the cooking and food distribution. This parent plans to serve as a Parent Liaison for next year's CTF project. Kathy also asked other parents to fill in various leadership roles during other events: overseeing the set-up and take-down of classrooms, giving examples of parent strategies they've used, etc.

**FOREVER FAMILIES:** Our board has several parent members. Since Forever Families is run by an adoptive parent and volunteered staffed by other adoptive parents all of our activities are parent lead. By have a parent who has been in the trenches lead our activities we have found that they are more successful.

Support groups were held throughout the months of October, November, December every week. These support groups were held at Forever Families. They are always well attended by both revisiting and new adoptive/foster/kinship families. Childcare is provided in the large playroom. On the first Thursday of every month a Nighttime Coffee Club is had at Forever Families. This nighttime coffee club is a chance for parents who work to attended a support group.

Coffee Club (parent lead support group for foster and adopted parents) has become a huge success. New parents are constantly dropping in and it is great to provide support to these parents. Parents who have adopted thru the foster care system years ago are also utilizing support group as a place to come together for support. Forever Families strives to keep our name in the "adoption" world for a come to place for parents who may be struggling with their post adoption needs.

Also Grandparents Raising Grandchildren is increasing their numbers. This monthly support group is "grandparent" lead. A short presentation was made by Forever Families at their last meeting and they now know the resources available to them.

LEWIS & CLARK CITY-COUNTY HEALTH DEPARTMENT: Parent feedback is solicited at every parent class session and at each support group session. Parent support group has weekly business review. The parent co-leader has completed a Peer Review in Dillon, MT and presented at the CTF annual meeting. The following changes have been made to programming due to parent feedback: Parent Education classes are longer in duration; added nutrition support guest speaker to the parenting class; Love and logic techniques were added to the parent education class; mini, 8 week video Circle of Security sessions were added to the support group as the support group; and a new child care provider was selected and approved by the parents in the support group. An improvement plan and evaluation was developed in conjunction with support group assistance. The information collected through the evaluation process is used for quality improvement of the program. Child care is monitored by the parents and activities are developed in cooperation with the provider and parents. All topics of discussion at the support group are member generated. We identified a "rupture and repair" need and develop a process to address group in-fighting with great success and improved attendance. Parents from the group found new space (Headwaters Church) that facilitates improved children and family activates and access.

In addition, all group members are encouraged to make recommendations during the business portion of the group. Most notable was the proposal to mentor a fellow parent.

Each parent support group is an opportunity for parents with leadership qualities and aspirations. This group is professionally facilitated but parent owned. All group activities and agendas are group generated.

Parents (support) Group has worked through many ruptures within the group and is growing. Emerging from our February 2014 COS class was a very skilled parent, Matt, who has since joined the Parenting support group and has taken on the position of co-facilitator. It is a very difficult job to keep the group focused, remain compassionate, and develop the underlying themes and issues being presented and then apply the lens of Circle of Security. He does a wonderful job and is well liked by the group. His 17 year old daughter loves to help with the childcare and is offended when I ask if she would like to be paid.

Every parent is respected for what they bring to class/Group. They are honored for the wealth of information they have. They have the permission and opportunity to voice how they will use and how they see the material. Everyone brings snacks to feed others and everyone is offered the chance to lead a discussion. The curriculum based class is more difficult to "lead." It is the Parent's Group (support) that offers complete ownership to the members. From consulting on paper work, group topics of discussion, activities (pot lucks – barbecues- egg hunts – walking group outside the main group- play in the gym activities, set up, clean up, group business, group rules, etc.) all happen with leadership, voice and buy-in from the group from the meek and the over bearing.

**THE PARENTING PLACE:** We continue to encourage parent participation by keeping our Advisory Committee active. Those parents give feedback on services and help us to see the big picture when recruiting and engaging families. We are also asking parents to participate in our mandatory trainings for staff. We have several parents scheduled to give talks regarding their own child's situation (this may be about autism, ADHD, food allergies, etc).

Our parent leadership activities are geared toward finding those parents who are interested in taking more of a leadership role in our program. Some parents are interested in mentoring, others in offering feedback, some are interested in tasks or projects. Our goal is to match the parent with their interest while offering support, encouragement and guidance. One parent has been cofacilitating our support group, though, due to issues in her personal life she has decided to take a break from it until further notice.

**SUNBURST COMMUNITY SERVICE FOUNDATION:** Including clients/consumers in the planning process has given those parents ownership in the programs offered. Though the class was small, all participants expressed an interest in creating an ongoing parent support group. One participant had checked with her church as a possible site for the meetings before COS classes were even completed. The Public Health Nurse was one of the participants and expressed her willingness to help with the parent support group as well.

Parents/caregivers in all classes were encouraged to reach out to friends and family for future classes. Parents were encouraged to make contacts with their peers outside of the classes. Parent educators asked participants for volunteers to assist with future classes. In every class there was at least 1 parent/participant that offered to help in the upcoming grant cycle.

**THRIVE:** We are starting a new PAT group focused on new parents and their babies that will consist of discussion, child development information and PAT activities for the families. We consulted a new parent that has been a supporter of our organization for feedback on our ideas for this group. She had a great perspective on what a new parent would want in a group and we incorporated her ideas into our curriculum. For instance, she recommended adding discussion for the last class of the group on self-care and the importance of caring for you and your partner. We had not included a piece on that topic, so we added some reflective questions to that class and will also ask for feedback on what is important for them in this new stage of their lives.

The Parent Place Advisory Committee meets to provide parental input into all aspects of program and service delivery. The Parent Educator had 2 meetings with 5 parents and a number of email communications. The Parent Educator also requested 1 parent to write an article in an upcoming newsletter.

A goal of the Parent Place Program is to provide programming that families want. We have always sought out input from families that we come into contact with through home visits and outreach events, or that walk into our office. We survey families, ask questions about parenting and also have formal meetings to brainstorm. We have formed a Parent Advisory Group that meets on a regular basis to discuss programming and provide parents an opportunity to voice any concerns or opinions. We also like to show case the voices of our parent leaders by inviting them to write for our newsletters, websites, blog, etc. to have their important words about raising kids today available for the rest of the community to hear. We reflect on all input given to us and value the parents who take a leadership role.

WOMEN'S OPPORTUNITY & RESOURCE DEVELOPMENT, INC.: WORD continually seeks input from participants to ensure that services continue to be responsive to the needs of the families we serve. Each class provides the opportunity to seek feedback but we also utilize focus groups to seek input. After the early piloting of Circle of Security, parents who attended became real supporters and encouraged WORD to expand it to reach more parents. Several offered to write letters of support. WORD's selection of Love and Logic and The Right Question Project were also based on parent input over many years.

Our Board does have parent members. Three members have children under the age of five. WORD's Board is particularly excited about the Parents as Leaders Project and continues to provide input on its development.

A Graduate Student Intern has been developing a curriculum for a 6 session class to begin in February. She has held several focus groups with parents to guide this project and has also drawn on other leadership projects that WORD has implemented over the years. We hope this can be a useful resource to share with other programs that want to integrate Parent Leadership into their work.

The PACT parent leadership training was very successful. Through this process, we have established a curriculum that can be used with other parent groups. The purpose of the training is to help parents identify and cultivate their leadership strengths on individual, familial, and community levels. Group activities move progressively from the individual to the community

realm and included personality tests, personal and societal values exercises, creating holistic wellness within families, multiple intelligences in children, and community mapping and visioning. Each participant led an activity or discussion to cultivate their facilitation and public speaking skills.

Overall, participants felt that the opportunities to learn leadership skills, set goals, work as a team, and connect with other parents on shared struggles in a supportive group environment were meaningful. They recommended continuing with future groups based on the current curriculum, offering PACT again, getting more men involved, and continuing to encourage conversation by keeping each session flexible based on the needs and interests of group members. All participants said they were interested in staying involved as an Advisory Group.

WOMEN'S RESOURCE/COMMUNITY SUPPORT CENTER: Parent/consumer/volunteer participation is high and weighs heavy on our hearts. While we have struggled to engage larger numbers of parents, we have had some who stick by us and with us through the ups and downs. Despite busy schedules and personal commitments, these parents are dedicated to each other and to the program. Our agency relies on their input and addresses articulated needs. The Resource Center consistently encourages feedback but also uses formal surveys to gather information and assess the effectiveness of the program. Thus far, no changes have been made as a direct result of feedback. The advisory board for the "Strengthening Rural Families" does have parent members. Members participate in some program planning but often participate in brainstorming sessions as to how we can engage other participants and really begin to change the norms in Beaverhead and Madison counties.

Parent leadership is an imperative part of our program as it actually demonstrates individuals assuming responsibility for the prevention of child maltreatment. Within the quarter, parents participating in "Strengthening Rural Parents" demonstrated leadership by initiating and organizing parent/child activities, inviting other parents to the program, utilizing community and state supports/resources, and implementing protective factors into the lives of their families. Additionally, participants have been engaged in planning April awareness activities.

Throughout the course of the grant period, parents were strongly encouraged to take an active role in the "Strengthening Rural Families" program. Specifically, parents who participated in the Circle of Security Early Intervention Program were prompted to use our time together not just as an opportunity to acquire knowledge, but a space to explore areas for potential growth and accentuate strengths. Participants were primarily responsible for all parent-child activities although staff frequently organized activities that involved outside agencies such as the library, fire department, etc. All participants were invited and encouraged to take an active role in larger events, such as the festival of trees and awareness activities during the month of April. Several parents assumed leadership roles by sewing costumes, organizing and facilitating event activities, and disseminating posters and flyers.

# XIII. PLAN FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE AND EVALUATION ASSISTANCE

# REPORT: FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE AND EVALUATION ASSISTANCE

The Montana Children's Trust Fund works to shape the direction of prevention in Montana through providing support, training, and technical assistance. In addition to the **ongoing** capacity building, technical assistance and support provided to the funded programs by the MT CTF staff; we require quarterly reporting to show how programs are faring throughout the year. This gives the staff and board the opportunity to review the grantees work, ensure they are meeting their projected service outcomes, and provide them with any further technical assistance or capacity building as appropriate. Site visits are performed at least one time per year or more as needed by CTF staff and board members. This provides a further opportunity for evaluation and a hands-on assessment of programs; giving us an opportunity to talk through any issues, challenges, successes, and opportunities for sustainability, increased positive outcomes, etc.

In the last 2 years, in conjunction with FRIENDS NRC, the MT CTF has focused more on measurable results and outcomes. CTF streamlined the reporting template for the grantees and also worked with FRIENDS to utilize a more concise form to input and report both quantitative and qualitative data. The new template did result in an increase of support for the funded programs as they honed in the information they were collecting and determined how we wanted them to report.

We are currently working with FRIENDS NRC to adjust the PFS Database to more broadly meet the data collecting needs of providers of prevention service providers across Montana. We have established a broad committee of partners, both CTF grantees and non-grantees, to provide guidance and feedback on this project. We hope to pilot the MT PFS Database in the fall of **2015**.

The CTF's ongoing communications, site visits, annual meetings, and other workshops with grantees give us the opportunity to better hone our skills, techniques and approaches to projecting, collecting, measuring our services and outcomes. We hosted on online training on the PFS Database in 2014 for the MT CTF grantees in hopes that it will be able to assist them in collecting and reporting their data.

In 2014, the CTF VISTA developed an adaptable Community Outreach Plan for CTF grantees to tailor to their specific needs and goals. The hope for the outreach plan is to help grantees recruit parents and caregivers to their classes and events. This plan includes information on why having a tangible plan for communication and public relations is important and step-by-step guidance on how to draft a communications work plan for an event. It also included a color-coded timeline in calendar view for grantees to adapt to their program based on their capacity and experience with communications. Colors were coded as beginner (least experienced and/or currently hold little resources such as staff), intermediate (more experienced but still don't have the resources to take on every activity), and advanced (very experienced and feel as though they have enough

resources to complete each activity). Technical assistance was provided to grantees and feedback was requested. In 2016, the CTF will evaluate and modify the Community Outreach Plan based on feedback from CTF grantees.

Each year we include evaluation workshops, training, and resources at our Annual Grantees Meeting. This helps facilitate continued learning opportunities in a group setting; addressing concerns, sharing successes, strengths and weaknesses of approaches and more. Please see "Evaluating our Programs for the Biggest Impacts! Presented by Beki Brandborg" in the MT CTF Annual Meeting/Training Synopsis 2014 below.

Past and future trainings follow the parameters of:

- ✓ evaluation and data management:
- ✓ capacity building and sustainability;
- ✓ promoting protective factors and reducing risk factors;
- ✓ prevention programs and family support;
- ✓ fiscal leveraging, braiding and blending funding streams;
- ✓ marketing, messaging and public awareness;
- ✓ cultural competence, disproportionality;
- ✓ collaboration and partnerships for prevention;
- ✓ research on prevention and child maltreatment;
- ✓ evidence-based and evidence-informed programs and practices;
- ✓ home visiting;
- ✓ program monitoring and continuous quality improvement;
- ✓ grant reporting requirements; and
- ✓ bonding and attachment; resiliency; infant mental health; parent leadership; early child development; positive youth development; community and state resources; August reporting; centralized intake procedures; and peer review process.

### MT ANNUAL GRANTEES' MEETING-Per the MT CTF RFR states:

➤ 1.5.9 Mandated Annual Grantees' Meeting. All funded programs must attend a 2-day mandatory training in Helena, MT. Associated travel costs will be paid by the MT CTF (Community-Based Child Abuse Prevention) funds. Two representatives from each site, directly associated with the funded activities, will receive travel reimbursement to the meeting. A Parent Leader is encouraged to attend.

The MT CTF Annual Grantees Meeting is a time for all funded programs to network, to learn specific requirements, and receive training specific to child abuse prevention and CBCAP mandates.

At the meeting we provide a range of trainings for building protective factors, decreasing risk factors, strengthening families, parent leadership development, strategic partnerships, database management, organizational capacity building, and nonprofit management.

- Welcome Address by Lt. Governor McLean: Working together for better outcomes for children and families in Montana
- ➤ Connecting with Families Experiencing
  Homelessness presented by Abbie Chermack
  The session will discuss causes and impacts that
  homelessness has on families and children. It will
  also discuss ways that you can identify if a client
  may be experiencing homelessness and then how
  to best connect and support that client. Attendees



- will also learn more about the Family Promise program and how its unique model is helping families overcome homelessness and develop a stronger community.
- Evaluating our Programs for the Biggest Impacts! Presented by Beki Brandborg
  Evaluation often comes as an after-thought in our work. This session will demonstrate
  how important it is to prepare for, and make decisions about, this step early on in our
  planning process. In addition to an overview of all the ways to evaluate our work -- and
  ensure its effectiveness! We will hone in on exactly what YOU want to discuss regarding
  evaluation. Come with questions and concerns and we will work on them together!
  (Evaluation for Everyday Use PowerPoint attached) We will end this presentation
  with an overview of how to do a SWOT Analysis of your program. Evaluating:
  - ✓ Strengths of the program and how those strengths will be maintained;
  - ✓ Weaknesses of the program and how those weaknesses will be addressed;
  - ✓ Opportunities for program enhancement and how the program will take advantage of those opportunities; and
  - ✓ Threats or barriers to the program and a brief description of how those barriers will be overcome.
- ➤ Montana Nonprofit Association: Strengthening Montana's Nonprofit Sector presented by Liz Moore will provide an overview of the Montana Nonprofit Associations role in Montana's nonprofit sector. She will briefly review MNA's current work in advocacy, nonprofit education and resources, and group buying products, with a focus on how MNA supports nonprofits in furthering their mission. She will also highlight developments in the external environment that are impacting Montana's nonprofit industry.
- > Stress Effects: Recognizing and Coping with Stress presented by Margy Bartley Pulling your hair? Biting your nails? Stress no longer! Join us to learn:
  - o how exercise reduces stress
  - o how to take exercise breaks at your desk
  - o importance of flexibility for your health
  - o dietary choices to reduce stress
- ➤ Partnering with Tribes; Cultural Sensitivity and Awareness presentation by Kassie Runsabove, Program Manager for the Child Ready MT program and Cultural Liaison. A brief history of past collaborations with the Tribes and the State of Montana will be presented. Success stories of partnerships will be highlighted along with recommendations to approach the Tribes and their communities. Scenarios and discussion will be the main objective of the presentation. Audience participation and

- questions are encouraged throughout the presentation. (Handout for presentation "Essential Understandings Regarding Montana Indians" produced by the Montana Office of Public Instruction and Indian Education for All is attached.)
- > Meaningful Parent Leadership presented by Co-Chairs of Prevent Child Abuse-Montana Chapter: Stacy L. Dreessen, Executive Director for the Family Tree Center AND Teresa Nygaard, Executive Director for The Parenting Place: In many cases we find ourselves overwhelmed at the expectation of having parent leaders within our organizations. This workshop will not only examine "parent leadership" but we'll delve into what *meaningful* parent leadership looks like and what steps organizations can take to promote, encourage, foster and support the skills and information that parents need to move beyond simply receiving services and into a more participatory role. Roles that include advocacy for themselves and their children, changing services to meet their needs and working with others to build communities that reflect what is important to them. As people walk away from this workshop they will take with them a sense of relief that this process in not daunting after all. They will have a better understanding of meaningful parent leadership and the steps they can take to provide an environment conducive to such. They will walk away with new ideas of how to involve parents in areas that are of interest to those parents. It all starts with embracing the philosophy that parent leaders have value and are a reflection of our organizations.
- ➤ **DAY 2:** All Day Program Sharing: All MT CTF gave a presentation about their work and programs. This provides a wealth of knowledge for our grantees and continued opportunity for networking.

Each year the MT CTF works with the Montana Department of Public Health and Human Services, Child and Family Service Division (CFSD) to plan the annual Statewide Prevent Child Abuse and Neglect (CAN) Conference. This annual conference brings together over 500 foster/adoptive parents, CFSD staff, tribal social services staff, county attorneys, judges, counselors, attorney's and teachers for three days of training. In addition to assisting with planning the 2014 CAN Conference, the CTF also provided scholarships to our grantees to attend this conference.

### **Child Abuse and Neglect Conference Presentation Synopses 2014**

- ➤ **Dignitary Speakers** (Sarah Corbally, CFSD Division Administrator, and Honored Guests) Awards Presentations (Child and Family Services Division, CASA of Montana, Children's Trust Fund, and Healthy Mothers Healthy Babies/Period of Purple Crying Program)
- ➤ Susan Harness, MA Mixing Cultural Identities Through Transracial Adoption: Outcomes of the Indian Adoption Project (1958-1967) Susan's presentation is in the form of an essay that explores not only her personal experiences, but those of several other adoptees that were interviewed in the course of her research. These respective experiences are framed within the larger social theoretical frameworks of ethnic group belonging and social hierarchy where our characteristics and identities have been ascribed by the dominant culture. This presentation will further outline the serious and long-term ramifications effecting individuals (and tribes as political entities) that resulted from Native American children being removed from their families, communities and tribes.

- Scott Modell, PhD: Safety Systems in Child Welfare Scott Modell, PhD: Interviewing Children with Disabilities: The participants in this training will develop a broader understanding of children disabilities as well as new strategies for effective interviewing and communicating. Video clips of real individuals with disabilities are integrated into the presentation to maximize the effectiveness of the training.
- ➤ Foster Youth Panel, Not About Me Without Me: This interactive breakout session will be facilitated by youth who have aged out of the Montana foster care system. Small group discussion and a panel presentation will provide attendees with pertinent information they can apply to their work with older youth in care. The goal of the session is to encourage dialogue between child welfare providers and the youth they serve, which will lead to the inclusion of the youth's voice in their case management. Erin Kintop, Montana Chafee Independence Program Manager, will provide a brief overview of Montana specific data regarding youth currently expected to age out of care and why incorporating a youth voice in case management will be essential to the youths' success later in life. Schylar Canfield-Baber, Student Assistance Foundation Outreach Manager and Montana Foster Care Alumni, along with a small group of youth recently aged out of the foster care system, will engage the audience in discussion and interactive activities.
- ➤ Kathryn Wells, MD Child Abuse and Neglect Through the Eyes of a Child Abuse Pediatrician: This presentation will give an overview of the many presentations of child maltreatment, focusing on the ten most important "red flags." The medical evaluation of suspected child victims will be described with attention given to bruising, fractures, burns, chest, abdominal trauma and fatalities.
- ➤ Dana Toole, LCSW, Human Trafficking of Children: This session will examine the current trends in the illegal trafficking of children for the purposes of child exploitation and sexual abuse and will include information pertaining to what we are seeing in Montana and how it affects our children. An overview and discussion of how social media and the internet are used in human trafficking will also be provided.
- Deb Davies, LCSW: This session will provide an overview of research supported best practice forensic interviewing guidelines. Participants will gain an understanding of how to use a phased forensic interviewing approach, how to establish and practice the ground rules of the forensic interview with the child, and the most preferred types of questions to be used in a forensic interview and how to adapt these to meet the developmental needs of the children being interviewed.
- > Agent Ken Poteet, Recognition of Dangerous Drugs
- > Greg Daly, SW and Cheryl Ronsih, LCSW: Circle of Security and More: (This is a full day session and participants must register for the entire day.)
- **▶** Paula Samms, LCPC: Surviving in the Trenches
- Desmond Runyan, MD: Harsh Discipline and Child Abuse: An International View: Encompassing a look at the cultural norms pertaining to child discipline in multiple communities, this session will provide attendees an understanding of the impact of culture and maternal education on child abuse and will include discussion of types of discipline utilized and impact of same.
- ➤ William A. Thorne, JD: Understanding Why the Indian Child Welfare Act is Needed: ICWA, a federal law since 1978, ensures that tribal children in the child welfare system remain within culture by setting standards for placement and reunification. This session will provide an in-depth look at the ICWA, including the Act's history and

- purpose. This session will address the principal strategies contained in ICWA for assisting families, and will further address how these strategies and requirements can serve as a vehicle for helping all families, not just Indian families.
- ➤ Ronda Stevens: Homeless Education and Resources Together (HEART): This session will share information about the state of student/youth Homelessness today and provide concrete strategies for increasing resources for homeless education and prevention programs. The presenter will speak to the obstacles/challenges that face our youth as they live homeless and provide tips on creating a wide range of supports. The presenter will also share the successes and the challenges that face a Homeless Education Liaison while supporting the student.
- ➤ Bart Klika, MSW: Preventing Child Sexual Abuse: Strategies for Parents, Agencies, and Other Child Serving Sectors: This presentation will provide a brief introduction to the research related to child sexual abuse and its prevention. In addition, participants will be introduced to concrete strategies to prevent child sexual abuse.
- ➤ Deborah Albin: When Grandparents ARE the Parents (Understanding and Supporting Montana's Grandparent-Headed Families): In Montana, more than 6,600 grandparents have the sole responsibility of raising their grandchildren. This presentation will provide information on grandfamilies, the challenges they face, information on available resources, and suggestions for how you can support these important Montana families.
- Dana Geary, Drug Endangered Children Coordinator: Drug Endangered Children (DEC) – Discipline Specific Training for Child Protection Services and Law Enforcement
- ➤ Robin Donaldson, MA: Brain-Based Youth Programming: Participants will understand the latest in adolescent brain development research, the key components identified in research that are needed to enhance adolescent development throughout programming, and will learn specific programming strategies for life skills and youth development.
- ➤ William A. Thorne, JD, Understanding How We Got to "Here" and Why We Need to Get Beyond It: This presentation will provide an overview of significant historical and scientific events that have influenced the development of our current child welfare system.
- ➤ Desmond Runyan, MD, What do We Know About Abuse Impact: The Long Scan Study: Dr. Runyan's research has largely addressed the identification and consequences of child abuse and neglect including specific patterns of abuse such as shaken baby syndrome and Munchausen Syndrome By Proxy. In 1989 he designed and secured funding for the longest multi-site prospective study of the consequences of child abuse; LONGSCAN is now 23 years old. This is a prospective study of 1354 children in five states who either were reported for maltreatment or who were judged to be at very high risk of maltreatment.

In 2014 the MT CTF funded memberships to the Montana Nonporift Association (MNA), subscriptions to GrantStation at an 85% discount (<a href="https://www.grantstation.com/public/about.asp">https://www.grantstation.com/public/about.asp</a>), and scholarships to attend the MNA annual conference.

The MNA provides a wealth of resources throughout the year to help strengthen our grantee organizations; as well as, numerous training and networking opportunities. We see this as an opportunity to build capacity and sustainability. GrantStation is an advanced searchable database of more than 7,000 active funding sources and includes grant opportunities from federal and state sources, private foundations, corporate funders, associations, and international funding sources. Information provided includes contact information, eligibility, giving levels, scope and focus, areas of interest, application procedures, etc. GrantStation subscribers also gain access to research tips, proposal building tutorials and "How to" services including:

- ✓ List of questions to ask grantmakers;
- ✓ How to write a grant;
- ✓ Tips for success, etc.; and
- ✓ How to Build a Grant Seekers Calendar.

### Montana Nonprofit Association Conference/Training Presentation Synopses

- ➤ Building a Passion-Driven Organization: Turning Passion into Performance Richard Chang CEO, Richard Chang Associates, Inc, Los Angeles, CA
- Creating an Upgrading Team: Taking Your Organization's Fund Development Efforts to the Next Level: Kim Klein This workshop is designed for organizations that have a donor base but don't have a lot of development staff. The training will be most effective if staff and board attend together.
- Social Change Anytime Everywhere: Using Multichannel Strategies to Spark Advocacy, Raise Money and Engage your Community
   Amy Sample Ward – CEO, Nonprofit Technology Network (NTEN)
  - This workshop will demystify the evolving online landscape and identify and implement the best online channels, strategies, tools and tactics to help organizations achieve their missions. It begins with the real foundation of social media engagement: community and content, to help you create a social media strategy and build engaging and valuable social media channels to engage your community.
- ➤ Community Foundations: Engaging, Leading, Transforming. 100 Years of Local Philanthropy: The Community Foundations of Montana invites you to celebrate the 100th birthday of the first community foundation with your colleagues this fall in Helena. This is your annual opportunity to network and learn with other community foundation leaders. This event is open to all local community foundation board members, staff, volunteers, and community partners.

Come hear from professionals in the field and take home new knowledge and ideas about:

- New marketing tools for your community foundation
- Best practices for community foundations
- Board governance
- Donor development
- Capacity-building resources
- o Successful programs of other community foundations around the state
- > What Every Nonprofit Needs to Know About Trust and Why It's Essential to Engagement Nan Russell, President, MountainWorks Communications LLC, Whitefish

Nan Russell, author of *Trust, Inc.: How to Create a Business Culture that Will Ignite Passion, Engagement, and Innovation,* will demonstrate why trust is the new leadership essential. Staff engagement is down, distrust is up, and job satisfaction is the lowest in two decades. At the same time, engaging board members, donors and communities requires a deeper level of trust in today's increasingly complex nonprofit environment. Learn common mistakes and uncommon behaviors as you explore what it takes to get results in this new era at work, in the boardroom, and in the community, where you'll need to know how to operate with trust, create followership, build influence, and lead with or without title or authority. In this interactive session, explore what's changed, what's changing, and what trust has to do with all of it.

# > Improving Engagement and Performance through Governance Policies: Laura Hoehn, Of Counsel, Trister, Ross, Schadler & Gold, PLLC, Bozeman Deborah McAtee, Principal, Magpie Consulting, Bozeman

Engaged, effective, and efficient nonprofits know that it helps to adopt and follow good governance policies. Good policies and job descriptions allow everyone involved to know what their roles are and to whom they are accountable for the results. They can also prevent the crises that come from lack of clarity about responsibilities, and keep nonprofits out of legal and PR trouble. The session will cover legal requirements, best practices, and key elements of essential governance policies, with particular attention given to conflict of interest policies. It will provide practical tools for writing policies and job descriptions for boards, board members, and executive directors. Attendees will leave with resources that will enable them to draft their own policies and job descriptions.

### > Lessons from Leaders: Supporting Nonprofit Executives to Succeed: Ned Cooney, Ascent Strategic Development, Bigfork

### Ed Myers, Co-designer/co-facilitator, Leading for Life, Bigfork

"Lessons from Leaders" will be a combination of a panel presentation, self-reflection and peer interaction. Panel will share wisdom gained from their leadership journey, such as:

- o navigating the critical differences between leadership and management;
- o assessing and shaping leadership styles;
- o changing self-perception and building self-confidence;
- o prioritizing self-care and accessing support systems;
- o partnering with the board of directors; and
- o working for culture change in your organization.

Workshop attendees will learn about their own leadership path, gain insight into their leadership style, and the kinds of support leaders need to be successful.

### > Nonprofits Talking Taxes: A Meaningful Conversation About Fair and Just Tax Policy Kim Klein, Klein and Roth Consulting, Oakland

For more years than we care to admit, nonprofits have watched government funding go away while the need for our services increased. At the same time, nonprofits which rely on individuals, foundations and corporations for funding now compete with public schools and other public entities for a limited pool of funding.

In this fast paced and fun workshop, you will learn how your communities' tax structure is a mirror of community values and why all nonprofit staff have a stake in creating tax policy. You will realize that anyone can understand the basics of tax policy.

In 2013-2014 the MT CTF offered scholarships to our funded community groups, the CTF Board, the CTF Staff to attend conferences which offered continuing education credits and provided workshops.

### The ACE Study Summit Agenda 2014

This conference is designed to expand understanding and awareness of Adverse Childhood Experiences (ACEs) and their cumulative effects on health, justice, productivity and wellbeing, and to promote competencies for professionals and lay persons to develop and implement public health strategies to prevent and mitigate the effects of ACEs. Participants will be able to better understand the origins of major causes of disease, disability and early death in Montana and the United States. The progressive nature of childhood adversity and trauma will be explored and how trauma-informed, community-based helping systems improve population-level outcomes.

### Day 1:

- ➤ Welcome & Dr. Robert Anda Keynote Address: General Overview of ACEs"
- **Laura Porter:** "Policy & Practice Implications/Applications"
- **Elizabeth Kohlstaedt, Ph.D.:** "Heads of the Hydra: It's all about relationships"
- > Small Group Discussion
- **Kristin Best:** "Building security in the community"
- ➤ Group Discussion
- **Kimberly Gardner:** "And what about those teenagers..."
- > Small Group Discussion
- > Laura Porter: World Café
- ➤ **Todd Garrison**: Closing Remarks

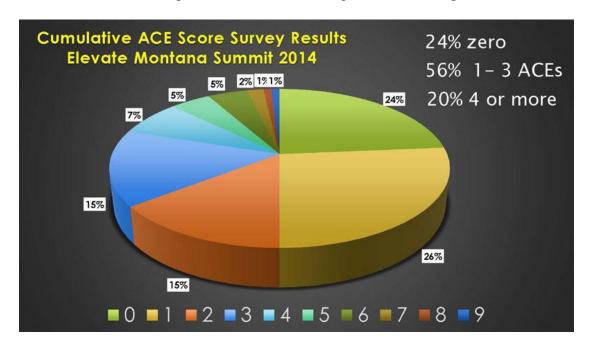
### Day 2:

- ➤ Welcome & Dr. Robert Anda Keynote address: "ACEs and the Big Picture"
- ➤ **Jim Caringi:** "ACEs and Systems Change: Mapping the course to create change personally, professionally, and organizationally
- ➤ Video Presentation
- ➤ Laura Porter World Café Workshop Laura Porter, Jim Caringi: "Magnitude of the Solution"
- World Café Workshop Discussion
- ➤ Special Speaker Closing Remarks

### **Course Objectives**

- ➤ Understand the ACE study and its implications for improving population health, safety, & productivity in Montana.
- ➤ Identify and discuss attachment and the core role of relationships across the life span, including complex trauma and its implications for brain development, relationships and systems success.
- Introduce and discuss a practical conceptual framework for understanding trauma behaviors that informs effective responses for trauma recovery and resilience.
- > Provide practical guidance and lessons learned from efforts to create universal trauma-informed systems.
- > Explore how findings from the ACE study invite new ways of thinking, structuring services, and empowering families and communities.
- ➤ Introduce basic tenants of systems thinking and network theory and discuss implications for generating high leverage transformational strategy.

- ➤ Generate and develop ideas to inform a set of mutually reinforcing actions for system and service innovation and mobilization of public will and action to prevent ACEs and moderate their cumulative effects in Montana.
- ➤ Understand the basic elements of secondary stress.
- ➤ Understand the development of theories of change and how to implement them.



### Longitudinal Studies of Child Abuse and Neglect Agenda

This conference will focus on and utilize data from a 24 year longitudinal study of child abuse and neglect. It will provide an overview of the nature and characteristics of maltreatment experienced by an at-risk sample of 1459 children from five sites across the United States from birth to age 18. It will also focus on recent research findings from the study that focus on the characteristics and consequences of emotional maltreatment, exposure to domestic violence and the contribution of various adverse life events on child/youth emotional and behavioral functioning across time. Breakout sessions will also be provided on Secondary Traumatic Stress and Grief and Loss.

- ➤ Diana English, Ph.D, Senior Director of Strategic Consulting at the Casey Family Programs, and a Senior Research Scientist at the University of Washington, School of Social Work. Keynote Address: The Longitudinal Nature, Characteristics and Consequences of Child Maltreatment: A Specific Focus on Emotional Maltreatment, Intimate Partner Aggression/Violence and the Context in Which Maltreating Families Live.
- ➤ Breakout Session 1
- ➤ Jim Caringi, Ph.D Associate Professor & Director of the Master of Social Work Program, University of Montana, Coordinator of Qualitative Research of the National Native Children's Trauma Center (NNCTC) of the Institute for Educational Research and Services (IERS).. Secondary Traumatic Stress: Mapping the Course to Create Change

➤ Mary-Ann Sontag Bowman: Associate Professor at the School of Social Work, University of Montana. – Grief & Loss: So Many Losses: Grief of Birth & Foster Families – and the Professionals Who Serve Them."

### **Course Objectives**

- Increase understanding of the role that emotional abuse/neglect has on trauma symptoms and risk behaviors for children/adolescents. Even more so than other types of maltreatment including sexual abuse, physical abuse and neglect.
- Increase awareness of the nature and consequences of ACEs (Adverse Childhood Experiences) from a life-course perspective from childhood through adolescence to young adulthood.
- ➤ Understand the basic elements of Secondary Traumatic Stress (STS).
- > Explore and understand the connection between LONGSCAN and The ACE Study relative to the impact of STS.
- ➤ Understand the relationship between loss, change and grief, and identify sources of each for both clients and professionals in the child welfare system.
- ➤ Identify multidimensional symptoms of grief in both adults and children/adolescents.

Additionally, the MT CTF offers more tailored technical assistance on an as needed basis in areas of resource development, building parent leadership, outreach and communications, public awareness, and board development.

# APPLICATION: FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE AND EVALUATION ASSISTANCE

In the **2015-2016** cycle, the MT CTF will continue to shape the direction of prevention in Montana through providing support, training, and technical assistance to partners and grantees by continuing and increasing the efforts listed above.

As in the past, the MT CTF Annual Grantee's Meeting will provide range of trainings for building protective factors, decreasing risk factors, strengthening families, parent leadership development, strategic partnerships, database management, organizational capacity building, and nonprofit management. In 2015-2016, as the budget allows we will invite funded programs, Best Beginnings partners, and former grantees as appropriate. Parent leaders are always encouraged to attend from all programs.

The CTF will survey the grantees to see where their interests lie; but at this time the two-day agenda may include some or all of the following:

- ➤ Overview: Contractor Financial Reports/Invoices; Board information; other basic information; Quarterly reporting requirements & example; Site visits; Final Reports; and examples; Resources.
- > Evaluation Training/review
- ➤ ACES presentation /trauma-informed Care: How ACES is being implemented in their communities/programs; increasing ACE Awareness; Now we know so what's next?

# Montana Children's Trust Fund CBCAP Annual Report and Application 2015

- ➤ Presentation from the Confederated Salish & Kootenai tribes of the Flathead Reservation, Parent Partner Project, Tribal Social Services Department about Cultural Awareness and collaborations, historical trauma awareness
- ➤ Conversation or training (to be determined): Moving all grantees to the Protective Factors Survey Database provided by FRIENDS NRC <a href="http://friendsnrc.org/protective-factors-survey/pfs-database">http://friendsnrc.org/protective-factors-survey/pfs-database</a>. If possible we will have a FRIENDS consultant attend and give a presentation/training.
- ➤ Strengthening Families Framework presentation/training
- ➤ Parent Leadership workshop (may occur at a later data as a collaborative/statewide effort with other organizations.)
- > Peer Review Break out sessions
- > Presentations from each grantee

Additionally, we hope to pilot our revised MONTANA PFS Database. This will be release before the Grantee Meeting so the participants can discuss the practical use in a group setting. We will offer technical assistance for this database as well as others that may be used.

We will continue to Montana Child Abuse and Neglect Conference and the CBCAP Grant Administrator will work closely with the board and FRIENDS National Resource Center for Community-Based Child Abuse Prevention to identify areas for technical assistance. The current priorities for technical assistance are as follows:

- > Evaluations
- > Fundraising
- ➤ Continue stream lining business processes
  - Payments, reporting, and generally increasing efficiency and effectiveness measures

As opportunities arise for relevant and impactful training the MT CTF will offer scholarships, memberships, subscription opportunities; as well as; mini grant opportunities for more costly trainings, opportunities, etc.

### XIV. EVALUATION PLANS

## **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

## **QUALITY EVALUATION AND REPORTING**

In the past decade the MT CFT has become more aware of the value of evaluation and the importance of collecting high quality data. In 2012-2013 we made a significant transition from collecting basic data and findings to becoming truly data informed. We altered the way we and our partners perceived date and the general philosophies of evaluation. We collaborated with several entities, organizations and grantees to create a more stream lined approach to evaluation and reporting for programs and their data. In 2013 we conducted a test run of a new reporting tool; which was met by some resistance by our funded programs. They had not fully understood why the data they collected was so important until this point and anything new can be intimidating. With training, technical assistance and support they all came on board, effectively utilizing the tool.

Through the 2013-2014 cycle we continued to offer supports and ongoing evaluation to our grantees to ensure that their final data report for the year would be of high quality. Please see the attached 2013-2014 MT CTF Outcome Data Report.

The MT CTF allows funded programs to choose their means of evaluation as they deem appropriate for their programs. We find that all programs are not created equally and to meet their community needs they need flexibility. We hosted an online training on the PFS Database in 2014, in conjunction with FRIENDS NRC, to see if more training could bring some additional grantees on board with using the PFS Database; and to also provide technical assistance to those who were using it but struggling.

To further ensure even more consistency in the **2015-2016** cycle we held an evaluation workshop (February 2015) of direct preventative service providers to adapt the PFS Database. This was a collaborative effort with FRIENDS NRC. We came away from the workshop with many suggestions and an evaluation steering committee. Based on the workshop recommendations, FRIENDS NRC provided a MONTANA PFS Database draft for review. We hope to roll out the adapted PFS Survey for a pilot in the fall of 2015. We will share this with both funded and nonfunded programs across Montana.

The CTF's ongoing communications, site visits, annual meetings, and other workshops with grantees give us, and them, the opportunity to better hone our skills, techniques and approaches to projecting, collecting, measuring our services and outcomes.

We are currently working with FRIENDS NRC to adjust the PFS database to more broadly meet the data collecting needs of providers of prevention service providers across Montana. We have established a broad committee of partners, both CTF grantees and non-grantees, to provide guidance and feedback on this project. We hope to pilot the MT PFS Database in the fall of 2015.

### REQUIREMENTS:

More information can be found in the attached 2013-2014 MT CTF RFP which states: All funded programs are required to complete quarterly reports. All funded programs must address:

### PROGRAM IMPLEMENTATION

A. Please list all accomplished objectives in accordance with your timeline for the quarter? Please explain if and why your program was not able to accomplish objectives and provide steps that will be taken to achieve the objectives. Do you feel that your evaluation tools were useful? If not, what changes will you make?

B. List additional services provided by your program/resource center in which the CTF Participants received services. Please explain in detail. Attach any literature that describes the service(s) provided. Include any special outreach to special populations.

### PARENT/CONSUMER INVOLVEMENT/VOLUNTEERS

A. Indicate how your program encourages parent/consumer/volunteer participation. Include a description of how the parent/consumer(s) participate in the design, implementation, administration and evaluation of your program and note any changes made to the program as direct result of parents'/consumers' feedback.

### **B. SUCCESSES**

What do you consider your biggest success this quarter? Please describe in detail.

### C. AREAS FOR FURTHER IMPROVEMENT/EXPLORATION

Explain the challenges that your program(s)/resource center is overcoming. For example: problems with recruitment, maintaining attendance, transportation, etc. What steps have you taken to overcome barriers/problems?

### **OUTCOME EVALUATION**

Please provide details of the short-term, intermediate & long term outcomes, indicators, measures and a time line. Attach all measurement tools used with the cumulative data. The Logic Model provides an effective method for charting progress from initial and short-term outcomes toward intermediate and long-term goals. A Logic Model focuses on identifying the logical links between the outcomes and the program assumptions, and program strategies or services. (Goals and objectives) Logic Model was included in the Grant Proposal.

In addition, funded program reported on numbers served in each category, funds used, and include the quarter's public awareness activities and samples.

The **2015-2016** funded programs will have these same requirements. To have contracts renewed grantees must submit a renewal application. The MT CTF places a high value on the evaluation of the renewal applications. The highest scoring categories are achievement of outcomes (data), collaborations, sustainability, need and their logic model.

# **OPPORTUNITIES FOR EVALUATION:**

As referenced in SECTION XIII. PLAN FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE, AND EVALUATION ASSISTANCE (beginning on page 63) we host an annual Grantees Meeting and other workshops. In the **2013-2014** cycle we gave the grantees and parent participants the opportunity to evaluate the MT CTF and the Grantees Meeting. We will be taking their comments into consideration for our future meetings and plans. Additionally, we will survey them again midway through the **2015-2016** cycle with an online and optionally anonymous survey that is more broad. Grantee feedback is always solicited and valued.

The results are as follows.

# 2014 Annual Grantees' Meeting Conference Evaluation

5 = Strongly Agree		4 = Agree	3 = Average	2 = Disagree	1 = Strongly Disagree	
Pre-Arriv	<u>al</u>					
1.	Registratio	on information w	as adequate.		4.5	
2.	_	on was simple an			4.5	
3.		nformation abou		was adequate.	4.41	
4.		were answered i		-	4.5	
	_	were dealt with p	<u>-</u>		er. <b>4.45</b>	
<b>Arrival</b>						
1	The check	-in procedure wa	s efficient		4.36	
		naterials provided		ce (program bind		
		s, resources, etc.)		o (program ome		
Conferen	ce Location					
					4.68	
	-	as accessible. as accessible.			4.68	
	_	oom size was ade	aguate		4.64	
	_	ided was enjoyal	•		4.77	
	-	• •			4.68	
	J i i i i i i i i i i i i i i i i i i i					
Welcome		in und encon ou	a procedure was	simple and erries	ient <b>4.64</b>	
		ماه ماماه ماماه ماسم	hh		4.25	
1.		nowledgeable ab	•	vi vivos aviaallant	4.25 4.31	
2.						
	3. Her responsiveness to questions was thoughtful.  4.13  Connecting with Families Experiencing Homelessness – Abbie Chermack					
1.		tional content of	-	was useful.	3.71	
2.	She was k	nowledgeable ab	out her subject.		4.24	

	3. T	he quali	ty of the handouts	was good.		N/A	
	4. T	he ques	tions & answer pe	riod following the p	presentations was v	aluable. 3.76	)
	5. I	learned	something new/he	elpful/useful.		3.65	,
<b>Evalua</b>	ating (	our Pro	grams for the Big	ggest Impacts! – B	<u>eki Brandborg</u>		
	1. T	he educ	ational content of	the presentation wa	as useful.	4.53	,
			knowledgeable ab	-		4.88	j
			ty of the handouts	•		4.63	j
	4. T	he ques	tions & answer pe	riod following the	presentations was v	aluable. 4.59	)
	5. I	learned	something new/he	elpful/useful.		4.65	í
Monta	na No	onprofit	t Association: Str	engthening Monta	na's Nonprofit Se	<u>ctor – Liz Moo</u>	re
	1. T	he educ	ational content of	the presentation wa	as useful.	4.4	
			knowledgeable ab	-		4.69	)
			ty of the handouts			4.44	
		-	•	_	presentations was v	aluable. 4.2	
			something new/he		•	4.13	j
<b>Stress</b>				ing with Stress – I	Margy Bartley		
	1 T	he educ	ational content of	the presentation wa	as useful	4.41	
			knowledgeable ab	±	is userur.	4.71	
			ty of the handouts	_		3.85	
		-	•	_	presentations was v		
		-	something new/he			4.18	
Partne			ibes – Kassie Rur	*			
	1 Т	he educ	ational content of	the presentation wa	ac uceful	4.76	
			knowledgeable ab	-	is usciul.	4.88	
			ty of the handouts	•		4.75	
					presentations was v		
			something new/he		presentations was v	4.59	
Meani			_	ncy Dreesen & Ter	esa Nygaard		
						4.5	
			knowledgeable ab	the presentation wa	is useful.	4.56	
			ty of the handouts	•		4.69	
		-	•	_	presentations was v		
		-	something new/he		presentations was v	<b>4.63</b>	,
5		cellent	4 = Good	3 = Average	2 = Fair	1 = Poor	
				e			
	Defin	ntery	Yes	Mostly	Maybe	No	
Overa	ll Con	ference	e – Please rate the	following:			
<u>o rera</u>				<u> </u>		4 40	
			_	of the conference?		4.48	
		•	_	-	s at the conference?		
		•	•	you have gained va	_	4.29	
		Would you attend a future Grantees' Meeting?  What were the most meaningful parts of the conference?				4.19	

- > I enjoyed the presentation from Kassie Runsabove & discussion with representatives from other organizations.
- ➤ The first day evaluation presentation was helpful wanted more
- ➤ Meeting those that implement programs throughout Montana was wonderful & inspiring! Great to see the variety of services being provided.
- > Loved sharing at conference.
- > I enjoyed & learned a lot from evaluation & tribal presentation.
- > Great people here & glad to meet them.
- > Program sharing provided many great ideas!
- > I got ideas for my PAT job.
- > Program sharing
- Networking
- > The parent leadership presentation was amazing! It generated a plethora of ideas for my program.
- > All of the presentations!
- > I really appreciated the presentation on parent leadership. It was excellent and applicable to our program.
- > Networking
- > I have learned so much. Love the different agencies.
- **▶** Partnering with Tribes very valuable
- > Presentation on evaluations
- > Presentation on parent leadership
- > Program Sharing
- > Beki Brandborg was really great
- > Teresa and Stacy engaged people and did just talk at them
- ➤ Kassie Runsabove I really enjoyed her easy style
- > I took something away from each presentation.
- ➤ As a parent of a child with Down Syndrome, it was great to share success stories of his because of services he has received due to the grant money DEAP has received.
- 6. What suggestions do you have for improving the Grantees' Meeting?
  - ➤ Getting one meal on our own smell the fresh air
  - > Breaking up Program Sharing between Monday and Tuesday
  - ➤ Not have every grantee present on same day mix it up in 2.5 day meeting
  - > I feel the presentation day schedules were very long. It was difficult to engage in presentations later in the day.
  - ➤ More action, less lecture!!!
  - ➤ Is it possible to survey grantees regarding professional development interests/needs? Also, would be interesting to survey parents and have a separate morning/afternoon track for them with morning/afternoon joint plenaries, etc.
  - > Incorporate more parents & relate the idea that, while we are professionals, we are also parents and therefore are peers to our people receiving services.

- ➤ No suggestions this was perfect.
- > Would appreciate if program sharing stayed within allotted time frame.
- > It was really difficult to answer this. I love research and wish there was more science, but I realize that not everyone does.
- > Not so long of days. It was really hard to focus for that long without having a real break. Would have like offsite lunch.
- 7. What topics would you like to see presented at future Grantees' Meetings?
  - ➤ I really enjoyed hearing about the Native American population (Partnering with Tribes), would love more info about working with diverse populations in the future.
  - Circle of Security
  - **➤** More on evaluation
  - > ACES Training
  - > Assisting families with custody issues
  - > Participant retention
  - > Volunteer Recruitment
  - **Community Outreach ideas**
  - ➤ Donna Beegle she is a dynamic speaker who speaks on poverty and she has lived in generational poverty. She is great!
  - > Thrive has a presentation called "Engaging Parents as Partners" which is valuable for those working with families.
  - > ACE Studies
  - Circle of Care
  - > Stress (laughter)
  - > Recruiting the hard to reach
  - > Brain development
  - > More skill building
  - > Presentation on how to do presentations

### Please leave any additional comments below.

- **➤** Love the location ©
- > Schedule was a little off
- **➤** Want more CTF board presence
- ➤ Thank you for all you do!! And for your support, advice, comments, and everything ©
- > Would have liked contact info for presenters. Bios did not give that.
- > Great conference. I learned a lot, generated a million ideas and have a lot to take back to our entire organization!
- > I appreciate this opportunity immensely. The presentations were excellent and very relevant to our work great use of our time © Thank you for all you do.
- ➤ Good Work!
- > Individual agencies need to stay within time limits.
- > Too much sitting in same room.
- > I'm a picky eater.

# CBCAP STATE LEAD AGENCY EVIDENCE-BASED PROGRAMS AND PRACTICES FISCAL YEAR 2013-2014

Program/ Practice Name	CBCAP \$	Level of Evidence-Based as defined by PART CBCAP measure	References to supporting documentation
Alliance for Youth	\$10,000.00	Level I. Emerging and Evidence- informed Programs and Practices  Level II. Promising Programs and Practices  Level III. Supported Efficacious Level IV. Well Supported – Effective practice	Circle of Security Parenting; Parenting Wisely
Dawson County Health Communities, Glendive	\$15,000.00	<ul> <li>□ Level I. Emerging and Evidence-informed Programs and Practices</li> <li>□ Level II. Promising Programs and Practices</li> <li>□ Level III. Supported Efficacious</li> <li>□ Level IV. Well Supported – Effective practice</li> </ul>	"Nurturing Parent Program; Nurturing Newborns; "Active Parenting"; "Love & Logic"; Parenting Wisely; Back Pack Reading Program; support groups and special needs support groups; parent/child activities.
District II Alcohol & Drug Program, Sidney	\$15,000.00	☐ Level I. Emerging and Evidence- informed Programs and Practices ☐ Level II. Promising Programs and Practices ☐ Level III. Supported Efficacious ☐ Level IV. Well Supported — Effective practice	Nurturing Parent Program; Fosters positive family relationships; Family Resource Center; Active Parenting of Teens; 1,2,3,4 Parents!; Backpack Program; Nurturing Parent Program, Parenting Wisely Program, great community collaborations
The Parenting Place, Missoula	\$15,000.00	<ul> <li>□ Level I. Emerging and Evidence-informed Programs and Practices</li> <li>□ Level II. Promising Programs and Practices</li> <li>□ Level III. Supported Efficacious</li> <li>□ Level IV. Well Supported – Effective practice</li> </ul>	Nurturing Parent Program, PATHS, Parent Aide, Respite Child Care; programs at the Missoula Pre-Release Center; Mentoring services; home visits; parent education, support groups; TA /training; MAFTI
The Women's Resource Center/ Community Support Center	\$15,000.00	<ul> <li>✓ Level I. Emerging and Evidence-informed Programs and Practices</li> <li>✓ Level II. Promising Programs and Practices</li> <li>✓ Level III. Supported Efficacious</li> <li>✓ Level IV. Well Supported – Effective practice</li> </ul>	Strengthening Rural Families; Domestic Violence Shelter parenting programming; Parent-Child Center; literacy support; support groups

Developmental Education Assistance Program (DEAP)	\$10,000.00	Level I. Emerging and Evidence- informed Programs and Practices Level II. Promising Programs and Practices Level III. Supported Efficacious Level IV. Well Supported – Effective practice	Parent support for families with disabilities, a summer program and an integrated play group for children with disabilities- utilizing structured learning settings and applied behavior analysis and parents as teachers' methods.
Thrive	\$15,000.00	☐ Level I. Emerging and Evidence- informed Programs and Practices ☐ Level II. Promising Programs and Practices ☐ Level III. Supported Efficacious ☐ Level IV. Well Supported — Effective practice	Love and Logic; Parents as Teachers Program; Strengthening Families Program Ages & Stages Kindergarten Readiness –Power Play; Dynamite Dads fathers' group program; Thriving Tots; Thriving Kinders
WORD-Local Living Family Resource Center	\$15,000.00	Level I. Emerging and Evidence- informed Programs and Practices   Level II. Promising Programs and   Practices   Level III. Supported Efficacious   Level IV. Well Supported – Effective   practice	Parents as Leader; Love and Logic; mentoring program
Community Healthy Partners- Learning Partners, Livingston	\$25,000	☐ Level I. Emerging and Evidence- informed Programs and Practices  ☐ Level II. Promising Programs and Practices ☐ Level III. Supported Efficacious ☐ Level IV. Well Supported — Effective practice	Nurturing Parent Program series; Active Parenting; Period of Purple Crying; Parents as Teachers; Resource referral; Parent support groups
Sunburst Community Service Foundation	\$15,000	Level I. Emerging and Evidence- informed Programs and Practices  Level II. Promising Programs and Practices  Level III. Supported Efficacious  Level IV. Well Supported – Effective practice	Circle of Security; mental health services; family support; education and community-based arts
Forever Families	\$14,980.00	Level I. Emerging and Evidence- informed Programs and Practices   Level II. Promising Programs and   Practices   Level III. Supported Efficacious   Level IV. Well Supported – Effective   practice	Model Approach to Partnership and Parenting; Nurturing Parenting; Beyond Consequences; Triple P components; Adoption Disruption Prevention
Family Support Network	\$ 14,971.19	<ul> <li>✓ Level I. Emerging and Evidence-informed Programs and Practices</li> <li>✓ Level II. Promising Programs and Practices</li> <li>✓ Level III. Supported Efficacious</li> </ul>	Nurturing Parenting Program and Cultural based services for families in three communities, two of

		Level IV. Well Supported – Effective practice	which are on Native American Reservations; Triple P-Positive Parenting Program
Lewis and Clark City-County Health Department	\$15,000.00	<ul> <li>☑ Level I. Emerging and Evidence- informed Programs and Practices</li> <li>☑ Level II. Promising Programs and Practices</li> <li>☑ Level III. Supported Efficacious</li> <li>☑ Level IV. Well Supported – Effective practice</li> </ul>	Parenting from the Heart; Parents as Teachers, Circle of Security; Parents Anonymous; Emotional growth/social skills therapeutic group for children; parent support

TOTALS: The total \$ amount for each level stated above. The funding is split for programs with multiple levels. CBCAP and State funds are both shown. CBCAP Funds are shown in **BLACK** and State Funds are shown in **RED**.

Level One	Level Two	<b>Level Three Total:</b>	Level Four Total:	Total Funding at
\$26,228.94	\$28,743.33	\$56,228.92	\$28,750.00	all levels:
State:\$5,000.00	State:\$18,333.34	State:\$18,333.33	State:\$13,333.33	\$139,951.19
Total: \$31,228.94	\$47,076.67	TOTAL: \$74,562.25	TOTAL:\$42,083.33	State:\$55,000.00
,		ŕ		\$ 194,951.19

## **EXAMPLES OF PARENT TESTIMONIALS AND STORIES 2013-2014**

The MT CTF requires that our grantees report testimonials and stories from the individuals they serve with our grant funds. Below are a few examples; however **there is an 18 page document with many more attached.** Please see **2013-2014 Testimonials and Stories** document **attached** to this report and application.

### **COMMUNITY HEALTH PARTNERS**

"CHP is an awesome place and has helped me to grow strong for my son. The staff has assisted me with my stress. My home visitor is a wonder and helps me with first time mom information, and the CHP nurse is great and helps with my son's special medical needs. CHP is a wonderful place with wonderful people-I don't know where I would be without them!"

### LEWIS & CLARK COUNTY HEALTH DEPARTMENT

A father in our February class was moved to write an unsolicited letter that captures the sensitivity our program has for community:

".......... I am a college educated, single father of four girls – ages 9-16. My intent in taking the class was to better understand and learn skills to positively parent my 13 year old (going on 18) daughter. To provide a brief summary, she has been diagnosed as bi-polar, has been hospitalized and placed in treatment for self-harm, and had slipped into drug use and other dangerous behaviors. In the past four years, she has transferred among three therapists and attended over 100 counseling sessions. She is currently in a juvenile detention/treatment center.

She is also a wonderful, sad, caring, beautiful and talented child, a good friend to her peers, and as loved and treasured as any of my daughters.

I remember well the first session of "Circles" – if you could ever sculpt a personality and demographical mix of parents (and reasons for being at a class) in Helena, Montana, our class was it. There was representation from all sectors of our community.

In looking back, I think it only took about two minutes after the introduction before the class realized they were in for something special — and that is exactly what transpired over the course of nine weeks; well-presented information, incredible dialogue and sharing, combined with inspirational, sincere teaching and coaching. I honestly believe that Circles turned into one of the most informative, enjoyable and honest learning experiences I have ever had the opportunity to attend.

Content: I think it is Oprah Winfrey who has popularized the phrase "Ah Hah Moment!" on her television and internet self-help programs. In line with that, both the Circles curriculum and videos, as well as the supplemental material, were full of "Ah Hah's" for the entire class.

Representative of this were the range of emotions shared by participants – from affirmations, to tears, to "Uh Oh's" instead of "Ah Hah's" - the material went directly to the core of all of our parenting experiences and led to meaningful and participative dialogue. I don't think I witnessed (even once) any participants expressing the usual workshop behaviors like dozing off, carrying on side conversations, or texting. In fact, there was usually a line-up at break to discuss material with Greg and Cheryl.

Presentation: Greg and Cheryl were an amazing team in leading the class in dialogue and discussion. They complement each other very well, and there is absolutely no doubt they know and trust in their curriculum -but that wasn't what was so unique and meaningful to all in attendance.

As I mentioned earlier, the range of personalities and backgrounds in the room was diverse, and what started out in the first class as specific groups sitting and perhaps posturing in defined spaces around the room, became inclusive and interactive by class number two. The unlikely fact that this happened so quickly and completely is a testament to the teaching skills of Greg and Cheryl, as well as their genuineness and commitment to helping all of us learn and improve as parents.

Because of the environment of mutual respect and common ground developed from class one forward, the bond and affinity shared among participants for two hours every week enabled each class to be progressively more insightful and meaningful. In my years of schooling and numerous professional workshops, I have never witnessed instructors reach that on the level Greg and Cheryl achieved it with our Circles class.

In closing, I would like to return again to my four girls, and especially to my daughter who has struggled. Although I can't identify the specific class number or even topic, much of what I needed to understand from the last four years with our family, and particularly those miscues

and mistakes which had been elusive in my daughter's struggles, became clear and practical through Circles. However, most importantly, in my mind, the sadness and sometimes despair I felt when walking through the door before class one were replaced with hope and restoration as I walked out the door after the final session.

I would recommend Circles of Security" to any and all parents in our community – in fact, it should be the "other" requirement besides signing the birth certificate. The class and the instructors are a needed resource for our community. Thank you, from the heart, for funding this class in Lewis and Clark County. The impact it had on my family, our group, and others before and after our class, is immeasurable. It touched our hearts, challenged our minds, and changed our lives!"

### THRIVE

"I feel so much more relaxed and confident in my parenting. I have so much more patience and am enjoying it more."

### **Women's Opportunity Resource Development (WORD)**

"All of it was great but I really enjoyed filling the emotional cup, limited hands, and rupture and repair. This was very informative and easy for me to grasp."

"I very much enjoyed the class and it made me a better parent. I am able to understand my son so much better since he is not able to explain things to me but little did I know that he was expressing his feelings. I feel like we have a stronger bond because now I feel more confident of what I am able to do in tough situations. I'd do it again!!"

"I learned how to not act out of my anger, but to empathize and sympathize with their own needs and my own. Knowing the different parts of the circle has helped me to better understand myself, my child, and my spouse and others I have relationships with." Dad shared, "I thought it was excellent. I learned lots about myself and the people around me and how to recognize their feelings."

"Just as my child is entering a stage involving melt-downs, I have gained an understanding of how I can help and best attend to his needs. I am less afraid of messing up and I believe now that when I don't meet his needs as well as I could have- I have the opportunity to mend/repair and strengthen our relationship. I've also gained an immensely helpful visual of the circle. I see it every day and use it as guidance....and I find it calming."

### **WOMEN'S RESOURCE CENTER (WRC)**

"I can't say enough about the services I received at the Women's Resource Center. I came into town this winter without a thing and had no idea where I was going. The girls at the Resource Center helped me find housing and helped me get connected with state assistance. They connected me with places in town where I could get a bed for my daughter and a bed for myself. It seems like everything in my house was donated to me! I was also able to find employment. My daughter is in daycare- of course, because of another resource I didn't even know was available. Our lives have changed so much. We are in a better place than we maybe ever have been. My confidence as an employee, as a friend, as a daughter, and especially as a mom has grown. I

know that I can meet the needs of my daughter because I have learned how to understand what she wants or needs from me. Of course I still get overwhelmed and life gets tough, but I now have somewhere to turn."

"I was ready to break the cycle in my family. I parented my kids the way I was parented. I did everything for them. I did extra even because their dad wasn't there. I was both the mom and the dad. What I didn't know then was that I was setting them up to need me all of their lives. And I mean need me in a way that isn't healthy. They never learned how to take responsibility for their choices. I never learned that either! But now I have this little girl. And everything I do is for her. I watch what she does and I listen to what she says. I make my slow down and not respond. I want her to know that I am here and I am going to protect her always, but I also want her to know that she can be independent someday. I want her to believe in herself. And I want her to have healthy relationships in her life. I want her to be able to communicate her needs to others. And finally, I realize I am the one responsible for teaching her these things. I have to put all of my problems aside and focus on this little girl. I might not have been able to break the cycle for myself, but now, I can and will break the cycle."

# MT CTF GRANTEE OUTCOME REPORTS FOR REPORTING PERIOD: JULY 1, 2013 - JUNE 30, 2014

In **2013-2014** the MT CTF utilized Grantee Quarterly Reports to collect antidotal, quantitative and quantitative data. The 2013-2014 quarterly and FINAL reports collected the following information from each funded program; which was evaluated by the CTF in relation to their original, projected outcomes:

- > Total Number of Individuals who received preventative direct services.
- > Total Number of Children who received services.
- > Total Number of Individuals with disabilities who received services.
- > Stories and Testimonials
- ➤ Give a narrative on Awareness Activities for April (Awareness Month) and throughout the year.
- ➤ Provide copies of editorials, news articles, press releases and public service announcements supporting your program in the local media.
- ➤ Give a narrative on your outreach to special populations.
- > Give a narrative on your parent leadership activities and outreach.

The template for reporting quantitative and qualitative data is below. The **2013-2014 MT CTF Outcome DATA Reports** are **attached**(**44 pages**).

- 1. **Measuring Outcomes.** Please complete the below information for the JULY 1, 2013-June 30, 2014. Please contact me if you have questions. The attached document "Measuring results) will provide you with more information.
  - I. **Population:** What was your target population? Were you successful in recruiting and retaining consumers? Why or why not? How many did you plan to serve? How many did you actually serve? What changes will you make related to identifying a target population, recruiting and maintaining them in your program?
  - **Services:** Describe the services you selected. Why were they selected? What were the II. assumptions, research, and experience that you used in choosing services? (Draw upon the "Assumptions" piece of the logic model from your original proposal). Were you pleased with the service model you selected? Why or why not? Did you implement the service model as you originally intended? Explain any deviations from your original model. What future changes do you plan to make in your program's services based on what you learned in implementing your services?
  - **III.** Outcomes: Report on outcomes by using the Outcome Reporting Table below. Be concise. Do not exceed one page per outcome, although you may attach relevant tables, graphs or charts to illustrate your results. Do not submit raw data or completed parent surveys although one blank copy of your survey(s) should be included in the report.

**Instructions for use of table:** (You should not exceed 1 page for each outcome reported on, although you may attach charts or tables to illustrate the findings.)

Outcome: State the outcomes from your original logic model. Indicators: State the indicators from your original logic model. **Measurement:** After each outcome and set of indicators, briefly describe how you evaluated its achievement. If you used a specific measurement tool, such as a survey, name the tool and attach a copy of it to this report.

**Quantified Findings:** What were the quantifiable results from your evaluation efforts? (Example: 80% of the participants reported a reduction in the use of corporal punishment. 94% increased the amount use of positive reinforcement, etc.). You will discuss these findings in greater detail in later sections of report. Attach applicable tables and/or charts.

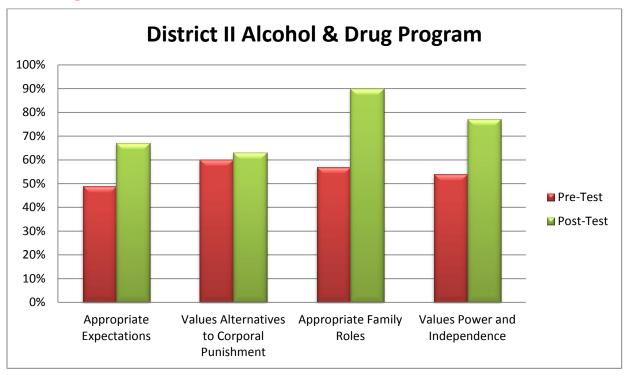
Outcome Reporting Table Reporting period:/to/					
<b>Outcome#</b> $\_$ [1, 2, 3 ] $\Box$ short term $\Box$ intermediate $\Box$ long-term					
[Cut and paste the outcome from your logic model]					
Indicators:					
[Cut and paste the indicators for the above outcome here]					
Measurement:					
[describe how you measured outcomes here]					
Findings:					

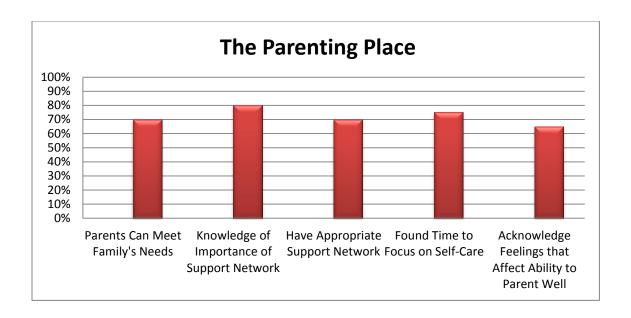
[Discuss results from your evaluation efforts. Quantify your findings when possible. Example: 80% of the participants reported a reduction in the use of corporal punishment. 94% increased the amount use of positive reinforcement, etc.). Attach applicable tables and/or charts.]

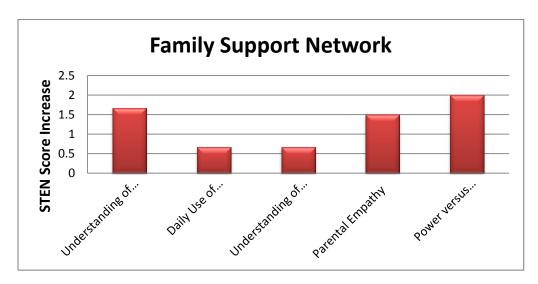
### IV. Discussion of Evaluation findings:

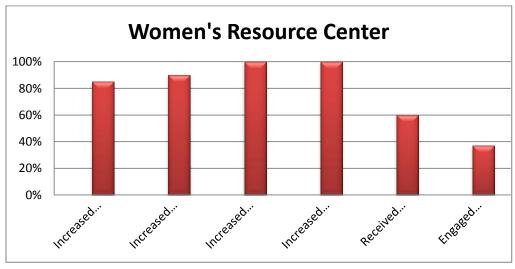
Describe successes and shortcomings in outcome achievement. How were your outcomes related to your service implementation? How will your evaluation results be used by the agency? Include plans for future service delivery to improve on current results. When possible, use qualitative data to help explain findings and conclusions.

A snap shot of some of the data contained in the attached 2013-2014 MT CTF Outcome DATA Reports can be seen in the below charts.

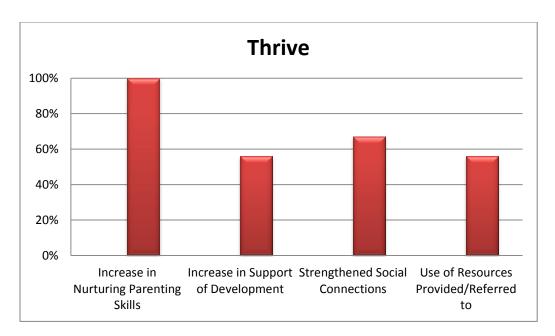


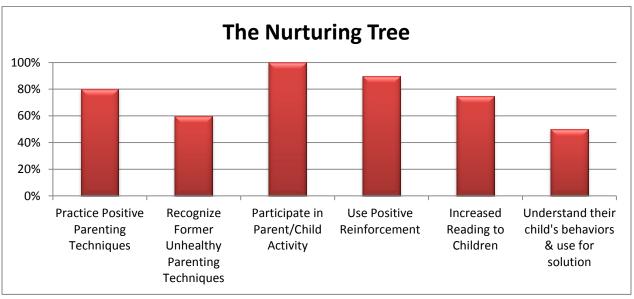






# Montana Children's Trust Fund CBCAP Annual Report and Application 2015





Below is the MT CTF grantee list for 2015-2016.

# CBCAP STATE LEAD AGENCY EVIDENCE-BASED PROGRAMS AND PRACTICES FOR FISCAL YEAR 2015-2016

Program/	CBCAP \$	Level of Evidence-Based as defined by	References to supporting
<b>Practice Name</b>		PART CBCAP measure	documentation
<b>Best Beginnings Early</b>	\$25,000.00	Level I. Emerging and Evidence-	Family Spirit
Childhood Community		informed Programs and Practices	
Coalition protected by		Level II. Promising Programs and	
the Northern Cheyenne		<u>Practices</u>	
Tribe		Level III. Supported Efficacious	
		Level IV. Well Supported – Effective	
		practice	
Fort Peck Tribes (The	\$25,000.00	Level I. Emerging and Evidence-	Parents As Teachers
Assiniboine and Sioux		informed Programs and Practices	Home Visiting Program
Tribes) and Roosevelt		Level II. Promising Programs and	
County Best		<u>Practices</u>	
Beginnings		Level III. Supported Efficacious	
Community Council.		<b>∠</b> Level IV. Well Supported –	
		Effective practice	
The Gallatin Early	\$25,000.00	Level I. Emerging and Evidence-	Parents As Teachers
Childhood Community		informed Programs and Practices	Home Visiting Program;
Coalition		Level II. Promising Programs and	Incredible Years;
		Practices	Pyramid Model
		Level III. Supported Efficacious	
		<ul><li>✓ Level IV. Well Supported –</li><li>Effective practice</li></ul>	
Healthy Start	\$25,000.00	Level I. Emerging and Evidence-	Respite Child Care
Missoula, Best	\$23,000.00	informed Programs and Practices	Respite Cinu Care
Beginnings		Level II. Promising Programs and	
Community Coalition		Practices	
		Level III. Supported Efficacious	
		<b>⊠</b> Level IV. Well Supported –	
		Effective practice	
TELL TO 11 C	<b>#25</b> 000 00		Ct. L. AD.
The Butte Community	\$25,000.00	Level I. Emerging and Evidence-	Circle of Parents
Council (BCC), Butte		informed Programs and Practices	
4-C's		Level II. Promising Programs and	
		Practices	
		Level IV. Well Supported – Effective	
		practice	
Alliance for Youth	\$7,500.00	Level I. Emerging and Evidence-	Circle of Security
Tanunce for Touth	Ψ1,500.00	informed Programs and Practices	Parenting; Parenting
		Level II. Promising Programs and	Wisely
		Practices Practices	
		Level III. Supported Efficacious	
		Level IV. Well Supported – Effective	
		practice	
<b>Dawson County Health</b>	\$7,500.00	Level I. Emerging and Evidence-	"Nurturing Parent

Communities, Glendive		informed Programs and Practices	Program; Nurturing
Communices, Gienalve		Level II. Promising Programs and	Newborns; "Active
		Practices	Parenting"; "Love &
		<b>☐</b> Level III. Supported Efficacious	Logic"; Parenting
		<ul> <li>         ∑ Level IV. Well Supported –     </li> </ul>	Wisely; Back Pack
		Effective practice	Reading Program;
		Enteuve practice	support groups and
			support groups and special needs support
			groups; parent/child
			activities.
The Parenting Place,	\$7,500.00	Level I. Emerging and Evidence-	Nurturing Parent
Missoula	\$7,500.00	informed Programs and Practices	Program, PATHS, Parent
Wiissoula		Level II. Promising Programs and	Aide, Respite Child Care;
		Practices	programs at the Missoula
		Level III. Supported Efficacious	Pre-Release Center;
		<b>Server III. Supported Efficacious Supported Efficacious Supported Efficacious</b>	Mentoring services; home
		Effective practice	visits; parent education,
		Effective practice	support groups; TA
			/training; MAFTI
The Women's	\$10,000.00	<b>☐</b> Level I. Emerging and Evidence-	Strengthening Rural
Resource Center/	φ10,000.00	informed Programs and Practices	Families; Domestic
Community Support		miorineu i rogiums anu i factices	Violence Shelter
Center Support		<b>☐</b> Level II. Promising Programs and	parenting programming;
Center		Practices	Parent-Child Center;
		<b>☐</b> Level III. Supported Efficacious	literacy support; support
		Level IV. Well Supported – Effective	groups
		practice	8. oaha
Developmental	\$10,000.00	Level I. Emerging and Evidence-	Parent support for
Education Assistance	, - 2, 2 2 2 2 2	informed Programs and Practices	families with disabilities,
Program (DEAP)		Level II. Promising Programs and	a summer program and
		Practices	an integrated play group
		<b>☐</b> Level III. Supported Efficacious	for children with
		Level IV. Well Supported – Effective	disabilities- utilizing
		practice	structured learning
			settings and applied
			behavior analysis and
			parents as teachers'
			methods.
Thrive	\$10,000.00	Level I. Emerging and Evidence-	Love and Logic; Parents
		informed Programs and Practices	as Teachers Program;
		Level II. Promising Programs and	Strengthening Families
		Practices	Program
		<b>Level III. Supported Efficacious</b>	Ages & Stages
			Kindergarten Readiness
		Effective practice	-Power Play; Dynamite
			Dads fathers' group
			program; Thriving Tots;
			Thriving Kinders
<b>Community Healthy</b>	\$10,000.00	Level I. Emerging and Evidence-	Nurturing Parent
<b>Partners-Learning</b>		informed Programs and Practices	Program series; Active
Partners,		<b>∑</b> Level II. Promising Programs and	Parenting; Period of
Livingston		Practices	Purple Crying; Parents
		Level III. Supported Efficacious	as Teachers; Resource
			referral; Parent support
	1	Effective practice	groups

Sunburst Community Service Foundation	\$7,500.00	<ul> <li>Level I. Emerging and Evidence-informed Programs and Practices</li> <li>✓ Level II. Promising Programs and Practices</li> <li>✓ Level III. Supported Efficacious</li> <li>✓ Level IV. Well Supported – Effective practice</li> </ul>	Circle of Security; mental health services; family support; education and community-based arts
Forever Families	\$10,000.00	Level I. Emerging and Evidence- informed Programs and Practices   Level II. Promising Programs and   Practices   Level III. Supported Efficacious   Level IV. Well Supported – Effective   practice	Model Approach to Partnership and Parenting; Nurturing Parenting; Beyond Consequences; Triple P components; Adoption Disruption Prevention
Family Support Network	\$ 12,500.00	<ul> <li>✓ Level I. Emerging and Evidence-informed Programs and Practices</li> <li>☐ Level II. Promising Programs and Practices</li> <li>✓ Level III. Supported Efficacious</li> <li>☐ Level IV. Well Supported – Effective practice</li> </ul>	Nurturing Parenting Program and Cultural based services for families in three communities, two of which are on Native American Reservations; Triple P-Positive Parenting Program
Lewis and Clark City- County Health Department	\$7,500.00	<ul> <li>✓ Level I. Emerging and Evidence- informed Programs and Practices</li> <li>✓ Level II. Promising Programs and Practices</li> <li>✓ Level III. Supported Efficacious</li> <li>✓ Level IV. Well Supported – Effective practice</li> </ul>	Parenting from the Heart; Parents as Teachers, Circle of Security; Parents Anonymous; Emotional growth/social skills therapeutic group for children; parent support

TOTALS: The total \$ amount for each level stated above. The funding is split for programs with multiple levels. CBCAP and State funds are both shown. CBCAP Funds are shown in **BLACK** and State Funds are shown in **RED**.

Level One	Level Two	Level Three Total:	Level Four Total:	Total Funding at
\$0	\$0	\$0	\$125,000	all levels:
State:\$16,458.34	State:\$23,125.01	State:\$39,374.99	State:\$21,041.66	\$125,000
Total: \$16,458.34	Total: \$23,125.01	Total: \$39,374.99	Total: \$146,041.66	State:\$100,000
				Total: \$225,000

On the next page is a regional representation of the MT CTF funding and programs for the 2015-2016 grant cycle created by Melissa Lavinder, the MT CTF Program Specialist and Technical Assistant. She collaborated with the Missouri Children's Trust Fund (MO CTF) to come up with a similar design to that of the MO CTF and requested permission to use their overall concept.



Since 2002, the **Children's Trust Fund**has allocated **over \$3 million** to **prevention programs**in **communities** throughout **Montana**.



# Child Abuse and Neglect Prevention Grants Fiscal Year 2016

- •State Special Fund Child Abuse & Neglect Prevention Grantees
- •Community Based Child Abuse Prevention Program (CBCAP) Federal Fund Grantees

### Total Funding Statewide \$225,000

North Western Region	\$40,000	South Central Region	\$22,500
The Parenting Place		Forever Families	
Missoula & Ravalli Counties		Yellowstone, Stillwater, Carbon, Sweet Grass,	Big Horn,
Respite Child Care	\$7,500	Fergus, & Musselshell Counties	¢10.000
Sunburst Community Service Foundation		Foster & Post-adoptive Services	\$10,000
Lincoln, Lake, Flathead, Ravalli, & Sanders, Co	nunties	Family Support Network	
Sunburst Parenting	\$7,500	Big Horn County	
	F - 7	Triple P - Positive Parenting Program	\$12,500
Healthy Start Missoula			
Missoula County		South Western Region	\$87,500
Respite Child Care Expansion & Outreach	\$25,000	Lewis & Clark Public Health	
North Control Books	¢7.500	Lewis & Clark County	
North Central Region Alliance for Youth, Inc.	\$7,500	Year Round Parenting from the Heart	\$7,500
Cascade County		Community Health Partners	
Circle of Security and Nurturing Parenting	\$7,500	Park & Meagher Counties	
and or coconi, and non-sing raisming	ψ,,000	Learning Partners	\$10,000
Eastern Region	\$67,500		+/
The Nurturing Tree		Thrive	
Dawson County		Gallatin County	
Parent Resource Center	\$7,500	Parents as Teachers Home Visiting (PAT)	\$10,000
Developmental Educational Assistance Progra		Women's Resource & Community Support Ce	nter
Custer County	4111	Beaverhead & Madison Counties	
DEAP Socialization & Autism Disability Services	\$10,000	Strengthening Rural Families	\$10,000
227 II COSTAILEANON GOVIENAN ENGALIMY CONTROL	Ψ. 0,000		
Fort Peck Tribes & Roosevelt County BBCC*		Butte Community Council, Butte 4-Cs	
Fort Peck Reservation & Roosevelt County		Silver Bow County	***
Parents as Teachers Home Visiting (PAT)	\$25,000	Circle of Parents	\$25,000
Boys & Girls Club of the Northern Cheyenne N	ation BBCC	Gallatin Early Childhood Community Coalition	n
Northern Cheyenne Rerservation		Gallatin County	
Family Spirit Home Visiting	\$25,000	PAT, Incredible Years Program, Pyramid Mode	el \$25,000

\*BBCC - Best Beginnings Community Council or Coalition

ChildrensTrust.mt.gov

# XV. PLAN FOR CHILD ABUSE PREVENTION MONTH AND PUBLIC AWARENESS ACTIVITIES

# **COMBINED 2013-2014 REPORT AND 2015 APPLICATION**

## PINWHEELS FOR PREVENTION:

For the 3rd year in a row, the MT CTF displayed over 1000 blue pinwheels at the Montana State Capital to promote April as Child Abuse Awareness Month. In 2014 we had TV and newspaper coverage of this event and encircled the entire capital building with blue pinwheels. It was publicized far and wide using social and traditional earned media.





Pinwheels for
Prevention was an
eye-catching display that garnered much attention

for prevention efforts and awareness activities statewide. We also hosted a kickoff event in the Montana State Capitol Building the day after we



planted the pinwheels. The MT CTF invited a local elementary school

to attend the kickoff event. We scheduled a tour of the Capitol Building for the students and engaged them in the speeches given by professionals who work with Montana families - Sarah Corbally (Child & Family Services); Mary Gallagher (Office of Public Instruction & MT CTF



Board); Brenda Freborg (St. Peter's Hospital); and Lisa Bullock (First Lady of Montana) - and provided them with a photo with First Lady Lisa Bullock.

The MT CTF received media coverage from several outlets. Because of our efforts and the media coverage the MT CTF received, we were contacted by the Helena Exchange Club president. He expressed interest in partnering with us on our future events and brought

volunteers to help remove the pinwheels. We coordinated our efforts with the Montana Chapter of Prevent Child Abuse America and the MT CTF grantees. With encouragement, our partners throughout the state were able to increase their activities and pledged to do more in coming years.

http://helenair.com/news/local/pinwheels-at-capitol-raise-child-abuse-neglect-awareness/article e30e6af2-c52e-11e3-9213-0019bb2963f4.html

http://helenair.com/lifestyles/community/community-briefs-published-april/article\_b056bd2e-c125-11e3-a990-0019bb2963f4.html

 $\underline{https://www.facebook.com/mtchildrenstrust/photos\_stream?ref=page\_internal\#!/media/set/?set=\underline{a.702282036537527.1073741827.701864029912661\&type=3}$ 

To further help shed light on this campaign we had the Capitol staff place blue gels over the flood lights to color the Capitol building blue at night.

In the 2015-2016 cycle, we plan to continue the Pinwheels for Prevention Campaign, hosting a parade and kickoff event in Helena, but we also plan to work more closely with Blue Cross and Blue Shield of Montana and our grantees to expand the Pinwheels for Prevention Campaign across the state. In April 2015, Blue Cross and Blue Shield of Montana sponsored the MT CTF Child Abuse and Neglect Prevention Month activities for \$10,000 in addition to volunteering their time to help us with planting pinwheels, parade management, and general promotion of activities. They stated that they are very excited to continue working with us and would like to be a statewide partner for April 2016 and the years to come. We will also work to get a pinwheel coloring page in more Montana newspapers in addition to the major newspapers and our website for families to hang in their windows or in their offices to expand our awareness

We will seek sponsorships, place signage, write letters to the editors, and hold a press conference/kickoff event. During the Child Abuse Awareness Month press conference we hope to have speakers such as the Montana Governor, the DPHHS director, Miss Montana, parent leaders and others.

We will continue to collaborate with our partners statewide. Because of the success we had in 2014 for our activities we will put more effort into the Blue Day and Blue Sunday Activities. Our goal will be to have more statewide participation with both of the campaigns.

We have coordinated with our grantees in all of the efforts in the past and will increase these efforts to make an even bigger impact to increase awareness of both the CTF and child abuse and neglect awareness.

With encouragement, our partners throughout the state were able to increase their activities and pledged to do more in coming years.

http://helenair.com/news/local/feature-photo-pinwheels-for-child-abuse-

prevention/article 550260ba-a400-11e2-9a7f-001a4bcf887a.html

http://www.kxlh.com/news/pinwheels-at-capitol-aim-to-raise-awareness-of-child-abuse/

http://www.dphhs.mt.gov/newsevents/newsreleases2013/april/trustfund.shtml

http://www.familytreecenterbillings.org/files/Pinwheels%202013.JPG

http://www.kulr8.com/story/23189327/pinwheels-for-prevention-a-success

### GO BLUE DAY AND BLUE SUNDAY:

Go Blue Day and Blue Sunday are two additional Child Abuse Prevention Awareness Month activities that the MT CTF elected to pilot in 2014. Go Blue Day is an opportunity to spread state and national awareness for child abuse and neglect prevention without having to travel, which can be a challenge in Montana. A press release and flyer was distributed electronically throughout the state; individuals were encouraged to not only to wear blue but also to hang the flyer in their office and encourage their friends, family, and coworkers to do the same.

The MT CTF partnered with churches and other faith-based institutions for the Blue Sunday Campaign. A database was created; and churches in Helena, Dillon, and Anaconda were contacted to explain the importance of child abuse and neglect prevention and to ask the churches to remember the victims of child abuse and neglect and those that work to protect them during their services on Blue Sunday.

Several churches responded with their support and commitment to remember them during services; one church took up a collection of over \$250 for the MT CTF. The MT CTF pledged to start promoting Go Blue Day and Blue Sunday earlier in 2015.

The MT CTF will strengthen our efforts for the Share Your Blue social media Go Blue Day campaign in **2015-2016** through cross-promotion with Blue Cross and Blue Shield of Montana and local radio stations. We will continue to send out press releases, inviting people to join the official Facebook event and share their pictures using #ShareYourBlue. We also plan to get the schools involved by promoting Blue Mondays throughout the month of April and by encouraging students to wear blue to one of the sporting events.

For Blue Sunday, we will use our updated database to make initial contact with churches and faith-based organizations by December 2015 because we have learned that many faith based organizations like to plan further in advance. In 2015 we had an intern expand our database for Blue Sunday to include updates to the existing list and also add Bozeman, Great Falls and Billings. The intern conducted a mail campaign and followed up with calls and emails. We saw a 400% increase in funds and an even higher response for information about the campaign. Our intern created a manual for the 2015-2016 cycle and we anticipate that we will continue to see an increase in participation, awareness and donations throughout the state.

### STATEWIDE CHILD ABUSE AND NEGLECT (CAN) CONFERENCE:

Each year the Montana Department of Public Health and Human Services, Child and Family Services Division (MT DPHHS, CFSD) facilitate a team to plan the Annual Montana Child Abuse and Neglect (CAN) Conference. The planning group is a collaboration of participants from the MT DPHHS, CFSD including Program Managers, Child Protective Services Specialists, Foster Care Specialists, Adoption Program Officers and participants from the Supreme Court and the CASA program. The CBCAP Grant Administrator is also a member of the planning committee. The MT CAN Conference committee convenes during the fall of each year and begins planning the April CAN conference.

The statewide conference has grown from 50 attendees in mid-1990 to an all-time high of 665 participants for the 2007 Conference. The Montana's 2014 Child Abuse and Neglect Conference again represent collaboration between the MT CTF, the MT DPHHS/CFSD, and the Court Appointed Special Advocates for Children (CASA), the Court Assessment Program, the Montana Supreme Court Administrator's Office, the Department of Justice, the National Resource Center for Family-Center Practice and Permanency Planning and the National Resource Center for Youth Services.

The annual Montana Conference brings together key staff from the child welfare field, foster and adoptive parents, tribal social services, in-home services, and other professionals representing the related disciplines of education, health care, law enforcement, the judiciary, substance abuse, domestic violence, and mental health; as well as academicians, researchers, parents, advocates, community-based program staff and volunteers. The Montana CAN Conference mirrors the National Child Abuse and Neglect Prevention Conference.



Each year at the Annual MT CAN Conference, the MT CTF honors an individual with the "MONTANA CHILDREN'S TRUST FUND "STRENGTHENING FAMILIES" Award. Nominees are given for the following three categories:

- Engaging Families in Positive Change carries out his/her work in a family-centered approach.
- Creative Solutions utilizes creative problem-solving and resource allocation to better serve children and families, and;
- Above and Beyond performs above and beyond the call of duty, gives of her/his time to support FAMILIES, CHILDREN, AND/OR THE COMMUNITY.

At the Conference in 2014, the MT CTF awarded Roberta Kipp with the "Strengthening Montana Families" award, an annual award given to professionals in Montana whom have gone above and beyond to protect children from abuse and neglect and to provide parents, families, and communities with the skills and resources they need to nurture their children. The MT CTF, the Dennis and Phyllis Washington Foundation, and Healthy Mothers Healthy Babies-MT, a MT CTF grantee, were recognized for the



implementation of the Period of PURPLE Crying Program by the National Center on Shaken Baby Syndrome. This award is given to organizations when they have reached 80% saturation of statewide hospitals and birthing centers of the Period of PURPLE Crying Program.

 $\frac{http://helenair.com/news/local/local-organizations-recognized-for-infant-education-advocacy/article\_46d125fc-cb79-11e3-9d45-0019bb2963f4.html}{\label{eq:http://helenair.com/news/local/local-organizations-recognized-for-infant-education-advocacy/article\_46d125fc-cb79-11e3-9d45-0019bb2963f4.html}$ 

 $\underline{https://www.facebook.com/mtchildrenstrust/photos\_stream?ref=page\_internal\#!/media/set/?set=\underline{a.702285849870479.1073741829.701864029912661\&type=3}$ 

In the **2015-2016 cycle**, the MT CTF plans to continue participation in planning and sponsoring the CAN Conference. We have increased our awards given out to champions of Montana's children and families to include Pinwheels for Prevention Award and an Outstanding Corporate Citizenship Award in addition to the Strengthening Families Award that we already give. The MT CTF will continue to table at this event and distribute educational and promotional materials to all attendees at the Conference.

In March 2014, the MT CTF was asked by Emergency Medical Services for Children (EMSC) to write an article about child abuse and neglect prevention for their April newsletter. The newsletter went out to about 800 hospital personnel and ambulance providers whom are often the first line of defense in child abuse and neglect cases. A copy of the article can be found on page 9 of the April 2014 newsletter, which can be downloaded at

http://web.hhs.mt.gov/ems/emsc/emscmeetings.shtml. It is anticipated that EMSC will ask the MT CTF to write an article for their April 2016 newsletter.

### **COMMUNITY PROGRAMS:**

All funded programs must report on all public awareness activities throughout the year, and in April. Many funded programs also implement the Prevent Child Abuse America Pinwheels displays. Missoula Parenting Place is part of the Montana Chapter of PCA. They spearheaded the past pinwheel events across Montana. Kalispell, Billings, Missoula, and many other communities displayed the Pinwheels in prominent places, businesses, and areas.

### The 2013-2014 MT CTF RFP states:

3.5.2 <u>Public Awareness</u>. Include Public Awareness as one of the goals and show through the objectives how the program intends to carry out activities at the community level to promote funded program services and the MT CTF.

3.5.3 Child Abuse Prevention Month. Describe the activities the program will coordinate or participate in observance of April as Child Abuse Prevention Month (Strengthening Families Month). Public information activities that focus on the healthy, positive development of parents and children along with the promotion of child abuse and neglect prevention activities may be included.

## NOT EVEN FOR A MINUTE CAMPAIGN

In May 2014, Rebecca Wilson with the Nurturing Center in Kalispell, Montana asked us to create materials for the Not Even for a Minute (NEFAM) Campaign due to a noticeable increase

of parents leaving their children in vehicles. The NEFAM Campaign encourages parents to never leave their children unattended in or around a vehicle and offers tips on ways to remember to bring your kids out of the car and how to avoid needing to leave your car when running errands.

We contacted the Missouri Children's Trust Fund and the Children's Trust Fund of Massachusetts for help with the design of posters and rack cards. They both generously allowed us to tweak their designs so that we did not have to spend a great deal of money designing our own. We made the materials available on our website and distributed hard copies to Head Start programs and made them available at our Grantees Meeting, the Montana Nonprofit Association



Conference, and our Halloween event. The Not Even for a Minute Campaign is not only applicable in the summer months, but also during fall and winter months because children can overheat in a vehicle left running with the heater on, especially if they are bundled up. The Not Even for a Minute Campaign was also advertised via a press release, for which we received two interviews.

 $\underline{http://dphhs.mt.gov/childrenstrustfund/notevenforaminute.aspx}$ 

http://newstalkkgvo.com/not-even-for-a-minute-campaign-reminds-parents-to-never-leave-children-unattended-in-vehicles/

http://helenair.com/news/local/community-briefs/article\_4b68711a-8ace-5eda-8fc7-57233602fcee.html

We will continue and increase our efforts in the **2015-2016 cycle**. We plan to partner with pediatricians and law enforcement to create a PSA campaign. Additionally, the Montana Department of Transportation is concerned about this growing problem so we will be working with them to make the most of our resources and maintain consistent messaging.

## INCOME TAX CHECK-OFF PSA CAMPAIGN

Each year, the MT CTF funds an annual Income Tax Check-Off PSA campaign to raise funds and awareness. During this 4-month campaign in 2014 we ran our PSA statewide on public, local and cable TV stations and public and local radio stations. For \$9,000 the MT CTF received over 2,500 spots, statewide. We plan to do the same for the 2015-2016 cycle but with our new PSA that was produced in January 2015. The link sto both PSA's can be found:

http://web.hhs.mt.gov/childrenstrustfund/donatevideo.shtml https://www.youtube.com/watch?v=OxgGvj2yngE

### HALLOWEEN FUN FESTIVAL

With community sponsors and partners including Mountain West Bank; Helena Family YMCA;



KXLH-TV; Montana Radio Company; Helena Exchange Club; Allegra Marketing & Printing; Windermere Realty; PEERS Unlimited; Healthy Mothers Healthy Babies-MT; the Helena DARE Program; Fortissimo Music; and Meuret's Swinging Strings, the MT CTF hosted the 2<sup>nd</sup> Annual Halloween Fun Fest to increase community awareness of the MT CTF and child abuse and neglect prevention services and activities. The commercial for the event can be found at http://youtu.be/zq3iBaByK1k. We were able to

increase sponsorships, donations, volunteers, and attendance for this event. The volunteer increase was largely due to advertising our need on Facebook, the United Way's volunteer webpage, and Volunteer Match. The event was advertised with the local newspaper and its entertainment insert, several online community calendars, Facebook classifieds groups, Facebook events, local TV and radio stations, and yard signs outside of the venue.



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The community's attendance was increased by over 100%. Our booth and prize donors included Crystal Nance Photography, Michelle Boone Face Painting. Great Northern Carousel, Montana Book & Toy Company, Natural Grocers, Great Harvest Bread Company, Vanilla Bean Bakery, Park Avenue Bakery, Safeway, Albertson's, Van's Thriftway, Hub Coffee, and Taco del Sol. We anticipated more parents and children showing up in 2014 than in 2013 because 2013 was the first time we hosted this

event; however, we did not expect the amount of increase that we saw. Over 1,200 people attended the carnival and received materials and information. Volunteers reported that there were just enough treats for the Cake Walk to run until the end of the carnival, which was due to increased donations (over 450 cupcakes and cookies) and; at the end of the event, we were scraping the bottom of the barrel for prizes with mainly pencils and erasers left. At one of our carnival games, we gave



away 150 books at various reading levels that we purchased for approximately \$1 per book through First Book Marketplace. These book prizes were claimed very

and trick-or-treat bags. Although this was a free event and the MT CTF did not pressure community members to donate money, approximately \$50 was donated to the MT CTF by families attending the carnival.

http://helenair.com/news/local/good-morning-helena-sunday-oct/article 828cbaa2-5bc5-11e4-9318-8fba9a8cdfe8.html

http://helenair.com/entertainment/yourtime/halloween/article\_79e4228f-6cdf-5dbe-bda3-4bcbe986bf17.html

https://www.facebook.com/mtchildrenstrust/photos\_stream?ref=page\_internal#!/media/set/?set= a.708143119284752.1073741831.701864029912661&type=3



We plan to continue hosting this event in the 2015-2016 **cycle** however we are considering partnering with other local organizations to provide a coat swap, costume swap and/or accept food donations as an entrance fee. We will work to secure more sponsorships, donations, volunteers and distribute more materials. Additionally Miss Montana has donated 300 books through her Read It & Reap Program/Platform.

### ADVERSE CHILDHOOD EXPERIENCES EDUCATION:

In 2013-2014 The MT CTF provided multiple training opportunities to our grantees and other prevention service providers to attend information ACES workshops top assist in helping Montana become an ACE-informed state. Additional workshops and training opportunities focused on ACES, neuroscience, and epigenetics were also sponsored for our grantees and board member. Please see **page 63** in SECTION XIII.PLAN FOR SUPPORT, TRAINING, TECHNICAL ASSISTANCE AND EVALUATION ASSISTANCE for more information on ACES awareness.

Additionally the MT CTF staff and board worked with the Interagency Coordinating Council (ICC) to incorporate ACE awareness into their strategic plan which was presented to State, division and Department leadership.

The MT CTF State Lead has been designated as an ACES facilitator to provide enhanced training within the State Departments in future cycles. Additionally MT DPHHS has sponsored a Master Training workshop for 25 people to become Master ACES Trainers. Participants were chosen through a lengthy process including the submission of a video of themselves as well as a paper about why they wanted to be ACES trainers. These trainers will be responsible in part for making Montana an ACE-informed state. The trainers are responsible for hosting multiple trainings across Montana.

### **OTHER AWARENESS ACTIVITIES:**

The MT CTF will continue the above efforts from 2013-2014 but will also collaborate with other agencies and partners to raise awareness of the benefits of trauma-informed care and early education for all generations as it relates to prevention.

## XVI. CHALLENGES AND AREAS FOR TECHNICAL ASSISTANCE

### COMBINED 2013-2014 REPORT AND 2015 APPLICATION

During 2013, the MT CTF board saw much change; saying good-bye to 6 of the 7 members and welcoming 6 new members. In 2014 the new board members determined that they wanted the MT CTF to have more of an impact across Montana. The new MT CTF board is dedicated to continuously learning and improving our practices, procedures and outcomes.

In the 2013-2014 cycle the MT CTF received technical assistance from FRIENDS to get the new board members trained on the CBCAP guidelines. Additionally, FRIENDS provided training and technical assistance (phone call, emails, webinar and in-person workshop) on the PFS Database.

In 2013, the CBCAP Lead, Jamey Petersen, found that 20 hours per week was not adequate to effectively complete necessary tasks for the MT CTF. The MT DPHHS Director's Office allowed an increase in hours to compensate for the growing duties, up to an average of 30 hours/week over a year. Additionally, the board approved spending additional funds to hire more staff to assist her in carrying out the larger vision of the strategic plan. The new position is currently in the queue for approval by the Governor's Office. Luckily, the VISTA for the 2013-2014 cycle has agreed to stay on in a temporary position until the new hire can be made.

Overall, the board and staff do not see these as true challenges, but instead as opportunities for growth and improvement.

A challenge only becomes an obstacle when you bow to it. -Ray Davis

In the **2015-2016 cycle** we anticipate that the MT CTF will require further evaluation assistance from FRIENDS as we are in the process of adapting the PFS Database/Survey to better suit the overall needs of service providers in Montana. Once we have a final product we will need assistance in piloting the tool.

We would like to invite FRIENDS to our Annual Fall Grantee Meeting to further provide training and technical assistance to our grantees and partners.

One "challenge" is the change in funding. The MT CTF board, in an effort to see more systemic change, has split the funding that has in the past gone to single community organizations and family resource centers. In the 2015-2016 cycle the funds will be split between community organizations and community coalitions to help build capacity for evidence-based programs. We anticipate that we will see a greater impact within communities. Any change can be a challenge but the MT CTF is taking this bold step to ensure that Montana is moving in the right direction for Montana Families.

Progress is impossible without change, and those who cannot change their minds cannot change anything. -George Bernard Shaw

# XVII. CERTIFICATIONS (LOBBYING)

### SIGNED ORGINAL WITH SIGNATURE ATTACHED IN PDF FORMAT

### XVIII. ATTACHMENTS

# COPIES OF THE FOLLOWING ORIGINAL, SIGNED DOCUMENTS ARE ATTACHED IN PDF FORMAT:

- ✓ Governor's Letter of Assurances
- ✓ Governor's Assurances Statement
- ✓ Lead Agency Assurances
- ✓ Leveraged Funds Claim Form

### COPIES OF THE FOLLOWING ATTACHED IN PDF FORMAT:

- ✓ 2013-2014 MT CTF RFP
- ✓ 2014-2015 MT CTF Grant RFR
- ✓ 2015-2016 MT CTF RFP
- ✓ MT CTF Mini-Grant Application
- ✓ Grantee Quarterly/Final Report Form 2012-2013
- ✓ CAN Data Systems Evaluation
- ✓ CAN Data Systems Evaluation REPORT
- ✓ Evaluation for Everyday Use
- ✓ Essential Understandings Regarding Montana Indians
- ✓ 2013-2014 MT CTF Outcome Data Report
- ✓ 2013-2014 Testimonials and Stories
- ✓ Certification of Lobbying
- ✓ MT CTF Logic Model